



The Log

October 2026

Fitness Group Classes
Mon-Fri 7:00 AM - 5:00 PM
Sat 10:00 AM - 2:00 PM

MONDAY

10:00 Posture, Balance & Gait (B)
10:30 Arthritis Aquatics (P)
11:00 Rock Steady Boxing, G3
12:30 Water Volleyball (P)
1:00 Rock Steady Boxing, G4a
3:30 Taiji for Wellness

TUESDAY

9:00 Fit 4 Life
11:00 Posture, Balance & Gait (A)
11:00 Aqua Fit (P)
12:00 Chair Yoga for Wellbeing
1:00 Rock Steady Boxing, G2
2:00 Rock Steady Boxing, G1

WEDNESDAY

10:30 Arthritis Aquatics (P)
11:00 Rock Steady Boxing, G3
12:30 Water Volleyball (P)
1:00 Rock Steady Boxing, G4a
2:30 Qigong
3:00 Ai Chi (P)
(no class 10/7)
4:00 Croquet

THURSDAY

9:00 Fit 4 Life
11:00 Posture, Balance & Gait (A)
11:00 Aqua Fit (P)
12:00 Chair Yoga for Wellbeing
1:00 Rock Steady Boxing, G2
2:00 Rock Steady Boxing, G1
4:00 Qigong

FRIDAY

10:00 Posture, Balance & Gait (B)
10:30 Arthritis Aquatics (P)
New! 2:00 Partner Dancing Class
More info on pg 6

SATURDAY

Open Swim (P) / Open Gym

10:30 -11:15 Aqua Yoga
1st & 3rd Saturday of the month

10:30 Yoga for Wellbeing
2nd & 4th Saturday of the month

Continued to next page.



Huckleberry Café
Village Center

Café Events

Fabulous Friday | Every Friday | 8 – 10:00 AM

Full breakfast buffet with sides of eggs, chef's choice protein, fresh fruit & rotating weekly special. **\$11.95 (tax included)**

Oct 2nd: Croissant French Toast

Oct 9th: Omelets Made to Order

Oct 16th: Shrimp & Grits

Oct 23rd: Breakfast Burritos

Oct 30th: Build-Your-Own Pancakes

Magic Monday | 4 – 6:00 PM

Monday, October 5th | \$14.95 (tax included)

Live Music: Bobby Parker

Bobby is a contemporary folk and blues guitarist and singer.

***Menu:** Baked Spaghetti Bolognese, Grilled Italian Sausages w/Bell Peppers & Onions, Garlic Bread, Caesar Salad

Dessert: Cannoli



Monday, October 19th | \$14.95 (tax included)

Live Music: Bobby Duo Act

We welcome Bobby Parker back to the Village Center this month who will perform for us alongside friends.

***Menu:** Citrus Teriyaki Glazed Chicken, Fried Rice, Steamed Asian Vegetables, Spring Rolls w/Duck Sauce

Dessert: Pineapple Upside Down Cake

*Vegetarian & Gluten-Free options available!

2
October
Friday, 2:00 PM



Tall Oaks Hall
Village Center

Village English Tea

It's time for our monthly Village English Tea! We welcome you, your guests and family to join in this delightful event to celebrate birthdays, anniversaries, significant milestones, or take time to chat with friends. Serving in the traditional English style, we'll offer a variety of finger sandwiches, sweet treats, tea scones, jam and clotted cream, tea or coffee. Elevate your experience with an optional glass of champagne at \$5 each, purchased at the café. Inviting guests? Please reach out to the café at **540-443-3801** so we can plan for additional attendees.

12:00 -1:45 Family Swim (P)
Last Saturday of the month.
Bring your own towels.

Non-residents may purchase a
monthly pickleball pass for \$40.
See Marcus Burks.

- * Please limit towel usage to no
more than two towels per
person.
- * For up-to-date changes and
weather-related closings for the
FITNESS CENTER please call
540-443-3474.

Groups & Clubs - Quick Guide

New River Fellowship Faith Study
1st & 3rd Wednesday of the month
6:30 PM
Karr Activity Center

Bible Study (Resident Lead)
Saturdays
10:00 AM - 12:00 PM
Karr Activity Center
Contact: Gi Conger

Bocce Ball
Tuesdays
Village Center
Contact: Roland Byrd
byrdrolandw@gmail.com

Bridge
Wednesdays
1:00 - 4:00 PM
Karr Activity Center
Contact: Linda Powers
540-641-1409

Coffee, Donuts & Trivia
Tuesdays
10:15 - 11:00 AM
Karr Activity Center
Contact: Mardy Baker
mbaker@warmhearth.org
540-443-3434
More info on pg 3

Croquet
Wednesdays
4:00 PM
Village Center
Contact: Roland Byrd
byrdrolandw@gmail.com

2, 9, 16, 23, 30
October **Karr Activity Center**
Friday, 10:30 AM - 12:00 PM

Technology Assistance
Need a little hands-on help?

Technology Assistance is available at the Karr Activity Center on Fridays from **10:30 AM–12:00 PM**. Student volunteers can help with simple questions about phones and mobile devices, including texting, photos, messaging, settings, Zoom and more! in rare cases, we don't have volunteers. If there are no volunteers signed up, we will put a note on the Karr Activity Center door a few hours prior to the start time.

TECHNOLOGY TIPS: UNDERSTANDING AI
What exactly is artificial intelligence, and how is it becoming part of everyday life? Watch this short, easy-to-follow video created by student volunteers to learn the basics.

Scan the QR code to watch:



5, 12, 19, 26
October **Karr Activity Center**
Mondays, 4:00 PM

HearthSong Singers
The HearthSong Singers is being directed by retired musical director, Joe Borden. He is a lifelong musical director with a heart for choral groups. This group will focus on a variety of songs from many different generations. Practice starts promptly at 4:00 PM to allow for maximum singing time.

Special Anniversary Concert:
The HearthSong Singers will be presenting an anniversary concert on **October 5th at 4:15 PM** in the Karr Center!



This concert will mark the anniversary of our first concert a year ago. The program will feature some popular hits that many may know from their younger days. Songs will include "Sixteen Tons," "Blue Moon," "Hernando's Hideaway," "We'll Meet Again," and our theme song, "Try to Remember."

We hope to see you there on Monday October 5th at 4:15 PM in the Karr Center!

5
October **Woodland Studio**
Monday, 9:30 - 10:30 AM **Village Center**

Men's Breakfast Club
This men's focused event will introduce you to neighbors from across the Village over coffee and pastries. Guests are welcome at no charge. We want to grow, so feel free to share with other men who may want to connect.

Groups & Clubs - continued

Green Committee
3rd Tuesday of each month
10:30 - 11:30 AM
Carson Library

Grief Support Group
Last Tuesday of each month
11:00 AM - 12:00 PM
Woodland Studio
Contact: Catherine Fecteau
540-443-3418
More info on pg 8

Guided Meditation
Guided Meditation on Zoom
Mondays
3:00 - 4:00 PM
Contact: Zed Hrubec
zhrubec@outlook.com
541-250-2154

Headline News Discussion Group
Thursdays
9:30 - 10:30 AM
Zoom Meeting ID: 871-991-4463

Knit, Crochet, Etc.
Inviting all creatives in any medium
Fridays
10:00 - 11:00 AM
Karr Activity Center



Men's Breakfast Club
1st Monday of each month
9:30 - 10:30 AM
Woodland Studio
Contact: Mardy Baker
mbaker@warmhearth.org
540-443-3434
More info on pg 2

Music & Message
2nd & 4th Sundays of the month
11:00 AM - 12:00 PM
Karr Activity Center
Contact: Mardy Baker
mbaker@warmhearth.org
540-443-3434
More info on pg 5

Parkinson's Support Group
1st Thursday of each month
2:30 - 3:30 PM
Tall Oaks Hall
Contact: Marcus Burks
MBurks@warmhearth.org

Pickleball Club
Monday thru Saturday
(based on demand)
10:00 AM
Contact: Kent Koller
kbkoller@gmail.com

6, 13, 20, 27
October
Tuesdays, 10:15 AM
Karr Activity Center

Coffee, Donuts & Trivia

This group game is very casual and fun with no pressure to "get it right." Feel free to come by just to watch or try your hand at the answers to start your day off right. A great place to meet residents from all over campus-- come early to socialize with complimentary donuts and coffee!

6
October
Tuesday, 1:00 - 2:30 PM
Tall Oaks Hall
Village Center

Death Café

What: Even though we know everything dies, we often avoid talking about it. A Death Café is a free, all-volunteer space with no political or religious agenda where everyone is welcome. Come join us for a candid, group-directed discussion.

Why: We don't want to talk about it even though we know everything dies. Together we can ease our fears and breathe life into our conversations about death.

Who: Everyone is welcome! The conversation is free and freeing.



**TALKING ABOUT
DEATH WON'T
KILL YOU**

and May Help You
Live More Joyfully

7
October
Wednesday, 10:30 AM
Off Campus

Special Trip: Walker Family Market & Fall Foliage Drive

A scenic fall drive and sandwiches at an SWVA Amish market is a perfect October trip! Ride along to the Walker Family Market where they have a wide variety of products, from a large grocery and staples selection, to freshly made sandwiches, furniture and much more. It is located in the scenic and beautiful Big Walker Valley in the heart of Southwest Virginia's Appalachian Mountains. Pickups will begin at 10:30 AM for an hour-long drive. Once we arrive, you can order your sandwich for lunch, take a stroll around the grounds, or simply relax and people watch. Due to limitations on room, please only purchase what can be stored under your seat.

For questions, contact Mardy at mbaker@warmhearth.org or 540-443-3434.

Participation limit: 12 guests + 1 wheelchair spot
CALL Bix at **540-443-3800**
Registration deadline: October 6 at 12:00 PM.
Sign ups start October 1 at 9:00 AM.

**Reduce, Reuse, and Recycle (RRR)
Subcommittee**
Second Thursday of each month
10:00 - 11:00 AM
Living Room / Huckleberry Café

Huckleberry Café
540- 443-3801
Pickup & delivery available.
8:00 AM - 2:00 PM

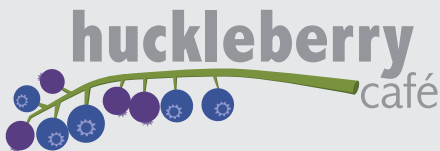
Fireside Café
540-443-3429
Open every day!
11:00 AM - 6:00 PM
Available for curbside takeout to residents and employees.

Karr Activity Center
Open from Monday at 8:00 AM to Friday at 5:00 PM each week.

**New River House,
Carson Library**
Open 7 days a week, all day.

Micah’s Pantry
Tuesdays, Thursdays & Fridays
11:00 AM - 1:00 PM

Fitness Massage Services
To schedule, call 540-520-0140 or email loraleighgiessler@gmail.com.



The Huckleberry Café is happy to offer campus delivery to all Warm Hearth residents, employees and guests!

For **free** delivery contact us by **10:30am** with your order and Warm Hearth residence or building address for delivery at **11:00am**.

We can also arrange delivery any time between 8am and 2pm for a \$3 delivery fee.

**Call us at the café at:
540-443-3801.**

8
October
Thursday, 4:00 PM

**Tall Oaks Hall
Village Center**

Story Hour Happy Hour

This month’s Story Hour will be centered around aviation! We have a father-son duo of speakers: Neil Dubner, a WoodsEdge resident who is a retired psychiatrist, and his son Leon Dubner, a retired UPS pilot with thousands of hours of flight time, will enthrall us with tales of their adventures in the air. In his profession as a psychiatrist, Neil has been privy to some amazing situations, and in his own words he “brought down an airliner”. His son Leon has flown all over the world, and in retirement is helping instruct Air Force pilots who fly Air Force One and other government aircraft who ferry high profile citizens and diplomats around the world.

Please join us for happy hour at 3:30 PM followed by their presentations at 4:00 PM. No boarding passes are required! See you then.

Remember, everyone has a story. Please consider telling yours, so these special Story Hours can continue.
To share YOUR story, contact Richard Shepherd at: shepherdrichard333@gmail.com.

9
October
Friday, 10:00 AM



**Tall Oaks Hall
Village Center**

WHV Spelling Bee & Breakfast

Join your neighbors for a friendly, no-pressure spelling challenge at the WHV Spelling Bee. Full of comedy, heckling, and a little bit of knowledge, you will spell a variety of words, from easy to challenging, from the comfort of your seat. If you come to play or watch, you will definitely have fun!

Make a morning of it and come early for the Fabulous Friday breakfast at the Huckleberry Café. Everyone invited to attend, no sign-ups required.

Questions? Contact mbaker@warmhearth.org

9
October
Friday, 1:00 - 2:00 PM

**Woodland Studio
Village Center**

Single Sisters

Are you a single woman looking to make a connection with other women in your shoes? Check out Single Sisters, a new group designed to build a sisterhood that promotes opportunities to form lasting friendships and build community at Warm Hearth. Not unlike our monthly Men’s Club, this casual social meeting will offer light afternoon pick-me-up refreshments and an environment where you can be yourself.

Contact Life Enrichment with questions at 540-443-3434 or mbaker@warmhearth.org.



October Featured Artist

Woodland Studio
Village Center

Monthly Spotlight

**October Exhibit: Quilts
by Karen Veilleux**

Karen's art quilts are a combination of personal experiences and travels across the globe, from Peru to Iceland. Her earthly tones are a perfect setting for the fall season!

Are you or someone you know interested in being featured in our Exhibit Spotlight?

Please contact mbaker@warmhearth.org for more details.

11, 25 October Sunday, 11 AM - 12 PM Karr Activity Center Music & Message

Jennifer Miller, ordained pastor and local businesswoman from Floyd, will bring a group of fellow Christians to the Karr Center on select Sundays for a non-denominational worship and message. The service will last about an hour, with music and time to chat and meet others.

Contact Mardy Baker for more information at:
mbaker@warmhearth.org.

ATTENTION Trolinger/NRH Residents!

A copy of The Log is placed on the bulletin boards each month for quick access in the lobby. Please do not remove these copies from the boards.

9

October
Friday, 3 - 4:00 PM

Karr Activity Center

Ash Devine's Afternoons

This month Ash will perform from 3-4pm at the Karr Activity Center. She will be playing your favorite folk and traditional songs of the mountains. A fun and relaxing opportunity to end the week with music in your heart.

All are welcome!

14

October
Wednesday, 11:00 AM

Village Center

Tree Lecture & Walk

Want to identify and learn more about the trees that occupy the WHV landscape?

Join John Peterson on an hour+ walk on our green campus trail identifying and learning. Please wear slip resistant shoes and outdoor protection. Group will meet at the front of the Village Center at 11am sharp.

John recently retired from a distinguished 33-year career at Virginia Tech's Department of Forest Resources and Environmental Conservation. He played a key role in the development of Virginia Tech's tree biology web, computer and smartphone-based educational materials including vTree, the most downloaded mobile application for tree identification.

Village Center Parking Policy

To help keep our parking areas safe and accessible, please follow these guidelines when parking trikes, mobility scooters, and bicycles:

- Trikes and mobility scooters should be parked in spaces marked with a green bicycle symbol.
- If those designated spaces are full, please use an available handicap parking space.
- Keep blue striped access areas clear. These areas must remain clear at all times for accessibility and safe vehicle access.
- Designated trike/mobility scooter parking locations include:
 - o The first parking space to the left of the Center entrance
 - o The back corner where the front and back parking lots meet
- Each designated space can accommodate up to three trikes or mobility scooters.
- Bicycles can be left at the bike rack located in front of the fitness center.

Thank you for helping us keep our community safe, accessible, and organized for everyone.

Partner Dance Class
This 6-week class is designed to help you build connection, boost confidence, and enjoy the timeless joy of partner dancing. No experience needed!

Featuring ballroom, Latin, and Swing. No experience or partner required. Just bring comfortable shoes and be ready to move!

Fridays 2:00 PM
Questions, call Marcus Burks:
540-443-3474

VT Counselor Education Program
We are pleased to continue a partnership between Warm Hearth Village and the Virginia Tech Counselor Education program. Through this collaboration, counseling services for Warm Hearth Village residents are available at no cost.

If you are interested in learning more, please call (540) 384-1695 or email to whvcounselor@gmail.com.

15 October
Thursday 4:00 PM
Karr Activity Center
Neighbors
Entertaining
Neighbors

Join your host, resident Hugh VanLandingham, for an evening of laughter and music. Hugh will host an open-mic styled event for any resident who would like to share their talents with the group. Come enjoy a variety of music, jokes and who knows what, in a welcoming and open environment, right at 4:00 PM! BYOB (Bring your own beverage) and snacks, sharing is okay too.
Questions? Contact Hugh at hughv@vt.edu or 540-552-4328.



14 October
Wednesday, 1:00 - 2:30 PM
Woodland Studio
Village Center

Create & Sip: Paper Mâché Pumpkin
Using Mod Podge and napkins, you will decorate a large paper mâché pumpkin that can be used throughout the fall season. Bring a small hair dryer (if able) to help with dry time for transport. All other materials will be provided.

Participation limit: 12 people
CALL Bix at **540-443-3800**
Registration deadline: October 13th at 12:00 PM.
Sign ups start October 1 at 9:00 AM.

14 October
Wednesday, 5:15 PM
Tall Oaks Hall
Village Center

Theater: Suite Surrender
It's 1942, and two of Hollywood's biggest divas have descended upon the luxurious Palm Beach Royale Hotel – assistants, luggage and legendary feud with one another in tow. Everything seems to be in order for their wartime performance until they are somehow assigned to the same suite. Mistaken identities, overblown egos, double entendres and a lap dog named Mr. Boodles round out this hilarious love letter to the classic farces of the 30s and 40s.

Check-in & Happy Hour: 5:15 PM
Show Starts: 6:00 PM
Tickets: \$20 to Pawsitive Purrformance at check-in
RSVP with Huckleberry Cafe at **540-443-3801**
or **VC-Events@warmhearth.org**.

Light refreshments & dessert to be served at intermission!
Cash bar opens at 5:15 PM.



15 October
Thursday, 4:00 PM
Tall Oaks Hall
Village Center

LLI: Healthy Dialogs with LewisGale Hospital Montgomery
Dr. Henshaw's talk focuses on empowering individuals with knowledge about breast health, early detection, risk awareness, and advances in treatment. She will emphasize proactive care, reducing stigma, and encouraging open conversations about breast health across all age groups.

Presenter: Jolene Henshaw is a board-certified general surgeon with LewisGale Physicians Breast Care. She specializes in the evaluation of breast cancer risks, surveillance and management of patients at high risk for breast cancer, and breast-related surgical procedures including minimally invasive biopsy, lumpectomy, mastectomy, and reconstruction.



Employee Milestone Anniversaries

Kristie Venteicher, CNA/RMA
SC Nursing, **30 years**

Lisa May, Dining Server
KHCC Dining, **25 years**

Amber Sult, Director of
Nursing Service
KHCC Willows, **15 years**

Kayla Wiley, Director of
Environmental Services
SC Housekeeping, **10 years**

Edwina McDaniel, PCA
WH@Home, **10 years**

Brenda Eudy, Housekeeper
SC Housekeeping, **10 years**

Ana-Linda Filiatreau,
Life Enrichment Associate
KHCC Activities, **2 years**

Nicole Conner, Lead Server
SC Dining, **2 years**

Volunteer Opportunity

Looking for a few special volunteers who are interested in working with others in an active area of our Village. This role will assist other residents in a customer service capacity using organizational skills while performing simple record keeping tasks. Those who are interested in learning more about this volunteer opportunity can email Mardy Baker at mbaker@warmhearth.org or call 540-443-3434.

16

October
Friday, 9:00 AM

Woodland Studio
Village Center

WHV Community Craft Show

Celebrate the season with a special shopping day featuring handmade crafts from our Warm Hearth Village community. Find fall favorites, festive gifts, and one-of-kind creations!

Cash preferred-- please bring small bills for easy purchases.

Open to residents, staff, and families!

**FALL &
CHRISTMAS
CRAFT SHOW**



16

October
Friday, 3:00 PM

Tall Oaks Hall
Village Center

Dementia Friends & Family Network

Dementia Friends is a one-hour educational session designed to provide a foundational understanding of dementia, and related conditions. Participants will gain insight into how dementia can affect thinking, behavior, and communication, and will learn practical strategies for responding with confidence and compassion. The session concludes with five key takeaways that can be immediately applied and shared with others.

Following the training, guests are invited to remain for the Dementia Family Network, an informal gathering created to foster connection and continued learning. This opportunity allows family members and friends to exchange perspectives, share experiences, and engage in meaningful conversation. Certified Dementia Practitioners will be present to help guide discussion and provide additional insight.

19

October
Monday, 11:00 AM

Tall Oaks Hall
Village Center

Warm Hearth Village Town Hall

William Lester will host this Town Hall Meeting. This is an opportunity to hear updates on important Village happenings. If you have questions for William, please email them in advance to wlester@warmhearth.org.

Join Zoom Meeting

<https://us02web.zoom.us/j/82769428284?pwd=8qgqTjlcowWTHDlMYA8bB0ltzxKHKE.1>

Meeting ID: 827 6942 8284 **Passcode:** 104187

VT Collaboration opportunity: A few spots left!

Each Fall semester, Warm Hearth participates with SFCS Architecture Firm and the Virginia Tech School of Design to bring an Industrial Design studio to our campus to complete a multi-week project. Teams of students and their professors come to Warm Hearth for three meetings to do resident interviews and get feedback on product designs aimed to make aging easier, more enjoyable and safer. Participation involves attending meetings on the following dates:

- Oct 21st, 1:30-3:30pm** Introduction and resident interviews
- Nov 4th, 1:30-3:30pm** Students will present ideas & get feedback
- Dec 7th, 1:30-3:30pm** Final project presentations



For more info or to participate, email Sara McCarter at smccarter@warmhearth.org.

19 October
Monday 1:00 PM
Karr Activity Center
Cards with Melissa

Warm Hearth welcomes our special card craft teacher, Melissa Matusevich, to teach a monthly greeting card class. You will go home with a professional collection of handmade cards after step-by-step personal instruction. No experience or artistic talent necessary. All materials provided.

- Participation limit:** 12 (Min 4)
- Sign up:** Contact Melissa at 540-553-5653 or melissa@vt.edu.
- Register before:** Oct 12 at 1PM
- Please call if you need to cancel.



23 October
Friday 1:00 PM
Karr Activity Center
Advanced Paper Craft

In this class series participants will create five projects choosing from a wide selection of styles and techniques. Participants will leave with beautiful, handmade greeting cards to have on hand, ready to send when those special occasions arise. Melissa Matusevich teaches this advanced paper crafting class.

- Participation limit:** 15 (Min 6)
- Sign up:** Contact Melissa at 540-553-5653 or melissa@vt.edu.
- A \$20 material fee will be collected at the time of the class. Checks and cash are accepted.
- Register before:** Oct 16 at 1 PM

22 October
Thursday, 3:00 PM
Tall Oaks Hall Village Center



Thirsty Thursday Movie Time

The popcorn is hot and the bar is ready! This limited series of happy hour and a movie will occur the fourth Thursday of the month.

October's movie: The Great Race - 1965/Comedy
A spectacular land race from New York to Paris in the early 20th century is planned, the two main competitors being the handsome, dashing hero in white, The Great Leslie (Tony Curtis), and the dastardly, black-suited Professor Fate (Jack Lemmon).

Come out, grab a drink from the café and a complimentary bag of popcorn before heading in for the feature film. Doors and concessions open at 2:45pm. All friends and family invited!

26 October
Monday, 2:00 - 4:00 PM
Karr Activity Center Outside

Outdoor Market

Warm Hearth and Feeding America have teamed up to provide pantry staples, dairy, frozen meat and fresh produce to residents and employees at a reduced cost. Partnering with Virginia Fresh Match to provide 50% off of fresh and frozen produce for SNAP/EBT users. **We accept debit, credit or SNAP/EBT as payment.** So convenient! Stop by on your break or lunch! **For more information:** 276-218-4480 or email abg.mmp@feedingswva.org.

27 October
Tuesday, 11:00 AM
Woodland Studio Village Center

Grief Support Group

Grief can feel isolating — but you don't have to go through it alone. Join us for a compassionate grief support group offering connection, understanding, and a safe space to be with others who understand loss. Sharing is optional. Listening is enough. **WHAT TO EXPECT:** A welcoming, confidential space, gentle support from hospice professionals, no pressure to speak. **This group meets on the last Tuesday of each month and is free and open to the community. You do not need to be a Warm Hearth Hospice family to attend.**

Karr Talk with Lisa Assad

Topic: Diabetes

Diabetes is a chronic condition affecting more than 40 million Americans or roughly 13.5% of the population. Join Lisa Assad, staff development nurse, for a presentation on Diabetes. Discussion will include an overview of types, symptoms, diagnosis and treatments. We will review some of the technologies used to help control diabetes and consider dietary recommendations for managing blood sugar. The presentation will last roughly 20 minutes with time for questions, discussion and sharing afterwards.

The Salon Music Collective

The Salon Music Collective is comprised of flute and piano selections for a lovely afternoon of classical music. All are welcome to enjoy!

whv

Warm Hearth Village

6TH ANNUAL

TRICK OR TREAT Trail!

FRIDAY, OCTOBER 30 3:30 - 6:00 PM

WARM HEARTH VILLAGE 2387 Warm Hearth Drive • Blacksburg, VA

• FREE FAMILY-FRIENDLY EVENT •

PETTING ZOO

HAY RIDE

CANDY & GAME STOPS

CONCESSION STAND

CRAFT VENDORS

LITTLE GOBLIN COSTUME CONTEST

5:00 PM • Kids & Families

Help stock Micah's Pantry!

Consider bringing paper towels, toilet paper or tissues to support seniors in need.

SAVE THE DATE

WALK WITH US

TEAM WARM HEARTH VILLAGE

SUNDAY, NOVEMBER 8, 2026

HUCKLEBERRY PARK
CHRISTIANSBURG, VA

WALK SITE OPENS: 1 P.M.
WALK BEGINS: 2 P.M.

JOIN TEAM WARM HEARTH VILLAGE

Scan to join Team Warm Hearth Village or make a donation.

WALK TO END ALZHEIMER'S

ALZHEIMER'S ASSOCIATION

Every step.

Every dollar.

Every person matters.

whv

Warm Hearth Village



Useful Phone Numbers

The Village Center

Front Desk/Concierge: 540-443-3800
 Huckleberry Café: 540-443-3801
 The Village Gourmet Catering: 540-443-3447
 Fitness Center: 540-443-3474
 Health Care Information - Linda Kirkner: 540-443-3415
 V.P. Philanthropy & Strategic Growth - Tambra Dixon: 540-443-3414

Life Enrichment

Mardy Baker: 540-443-3434 (Village Center)
 Susan Bixler: 540-443-3800 (Village Center)
 Corynne Emmerson: 540-443-0409 (Showalter Center)
 Danielle Snuffer: 540-443-0407 (KHCC)

Carilion Family Medical Clinic (on campus)

540-558-2400
 Hours of Operation:
 Mon-Fri from 8:00 am to 5:00 pm
 (Closed 12:00-1:00 PM for lunch)

Warm Hearth at Home

Information & Assessments
 540-443-3428 or www.whvathome.org

Miscellaneous

Tea Tree Salon: 540-443-3817
 Fireside Café, Showalter Dining:
 540-443-3429
 WHV Main Switchboard: 552-9176
 Housing & Resident Services: 552-2419
 (located in Karr Activity Center)
 * Maintenance
 * Lock-Outs
 * Security / Emergencies
 * Transportation

Network Services (IT): 540-443-0408
 Treasure Trove (offsite): 540-200-7012

Montgomery County Sheriff's Office
 Non-Emergency number 540-382-6915

The email used at Warm Hearth for MOST staff is "first initial and last name @ warmhearth.org".
 For example, Amanda Sebastian's email is asebastian@warmhearth.org.

Please recycle old issues of The Log. LOG Questions: Amanda Sebastian, asebastian@warmhearth.org