



**Happy
Easter!**

The Squirrel Log

April 2026

Fitness Group Classes
Mon-Fri 7:00 AM - 5:00 PM
Sat 10:00 AM - 2:00 PM

Closed Easter Weekend (4/4)

MONDAY

- 10:00 Posture, Balance & Gait (B)
- 10:30 Arthritis Aquatics (P)
- 11:00 Rock Steady Boxing, G3
- 12:30 Water Volleyball (P)
- 1:00 Rock Steady Boxing, G4a
- 3:30 Taiji for Wellness

TUESDAY

- 9:00 Fit 4 Life
- 11:00 Posture, Balance & Gait (A)
- 11:00 Aqua Fit (P) (no class 4/21)
- 12:00 Chair Yoga for Wellbeing
- 1:00 Rock Steady Boxing, G2
- 2:00 Rock Steady Boxing, G1

WEDNESDAY

- 10:30 Arthritis Aquatics (P)
- 11:00 Rock Steady Boxing, G3
- 12:30 Water Volleyball (P)
- 1:00 Rock Steady Boxing, G4a
- 2:30 Qigong
- 3:00 Ai Chi (P) (no class 4/22)
- 4:00 Croquet

THURSDAY

- 9:00 Fit 4 Life
- 11:00 Posture, Balance & Gait (A)
- 11:00 Aqua Fit (P)
(no class 4/2 and 4/23)
- 12:00 Chair Yoga for Wellbeing
- 1:00 Rock Steady Boxing, G2
- 2:00 Rock Steady Boxing, G1

FRIDAY

- 10:00 Posture, Balance & Gait (B)
- 10:30 Arthritis Aquatics (P)

SATURDAY

Open Swim (P) / Open Gym
10:30-11:15 Aqua Yoga - first & third Saturday of the month

Family Swim (P) - last Saturday of the month 12:00-1:45 PM. Bring your own towels.

Continued to next page.

Holiday Closing: The Fitness Center is CLOSED on Saturday April 4th.

see below

April
see below

Huckleberry Cafe
Village Center

Cafe Events

Fabulous Friday | Every Friday | 8 – 10am

Full breakfast buffet with sides of eggs, chef's choice protein, fresh fruit & rotating weekly special. **\$7.95 Breakfast Special.**

April 3: Maple Cinnamon French Toast

April 10: Breakfast Burritos (meat & veggie options)

April 17: Steak and Eggs

April 24: Smoked Salmon Bagels with Dill Cream Cheese, Capers, and Minced Red Onion

Magic Monday | 4 – 6pm

Monday, April 6 | \$7.95 + tax

Live Music: Adam Williams will play classic songs from the 50's through the 70's with an acoustic soul vibe.

Menu: BBQ Chicken, Corn Pudding, Broccoli Carrot Slaw

Monday, April 20 | \$7.95 + tax

Live Music: Barry Lenoir - Americana

Menu: Meatloaf, Mashed Potatoes, Green Beans

**3
April**

Friday, 9:30 - 10:30 AM

Woodland Studio
Village Center

Men's Breakfast Club

This men's focused event will introduce you to neighbors from across the Village over coffee and pastries. Guests are welcome at no charge. We want to grow, so feel free to share with other men who may want to connect.

3,10,17,24

April

Friday, 10:30 AM - 12:00 PM

Karr Activity Center

Technology Assistance

Drop in for help with your mobile devices. Student(s) can help answer simple questions that don't require specific education or training in computers. Get help with texting, photos, messaging, settings, Zoom, etc. First come, first served.

Non-residents may purchase a monthly pickleball pass for \$40. See Kenny Harrah.

* Please limit towel usage to no more than two towels per person.

* For up-to-date schedule changes and weather-related closings for the FITNESS CENTER please call 540-443-3474.

Groups & Clubs - Quick Guide

Bereavement Support Group
***NEW GROUP - Look out for flyer with more details.**

Last Tuesday of each month
11:00 AM - 12:00 PM
Tall Oaks Hall
Contact: Catherine Fecteau
540-443-3418

Bible Study

1st & 3rd Wednesday of each month
6:30 PM
Karr Activity Center

Bocce Ball

Tuesdays
TBD
Village Center
Contact: Roland Byrd

Bridge

Wednesdays
1:00 - 4:00 PM
Karr Activity Center
Contact: Linda Powers
540-641-1409

Croquet

Wednesdays
4:00 PM
Village Center
Contact: Roland Byrd

Green Committee

Third Tuesday of each month
10:30 - 11:30 AM
Carson Library

Guided Meditation

Guided Meditation on Zoom
Mondays
3:00 - 4:00 PM
Contact: Zed Hrubec
zhrubec@outlook.com
541-250-2154

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April

Friday, 2:00 PM

Tall Oaks Hall

Village Center

Village English Tea

It's tea time at our monthly Village English Tea! We welcome you, your guests and family to join in this delightful event to celebrate birthdays, anniversaries, significant milestones, or take time to chat with friends. Serving in the traditional English style, we'll offer a variety of finger sandwiches, sweet treats, tea scones, jam and clotted cream, tea or coffee. Elevate your experience with an optional glass of champagne at \$5 each, purchased at the café. Inviting guests? Please reach out to the café at 540-443-3801 so we can plan for additional guests outside of our regular attendees.

3

April

Friday, 3:00 PM

Karr Activity Center

Folk Music with Ash Devine

Join Ash as she plays your favorite folk and traditional songs of the mountains. A fun and relaxed opportunity to start the weekend with music in your heart. All are welcome.

6,13,20,27

April

Mondays, 4:00 PM

Karr Activity Center

HearthSong Singers

The HearthSong Singers is being directed by retired musical director, Joe Borden. He is a lifelong musical director with a heart for choral groups. This group will focus on a variety of songs from many different generations. Practice starts promptly at 4pm to allow for maximum singing time. **NOTE: Special practice time 3:00 on April 13, with concert to start at 4:15. See Log listing for April 13 for concert details.**

7

April

Tuesday, 4:00 PM

Tall Oaks Hall

Village Center

Communicating Science Panel

Discussion

Have you ever asked a young person what they're studying or researching and walked away more confused than before? You're not alone — and some Virginia Tech graduate students would like to fix that. They are in a class called "Communicating Science: The Art of Connecting Across Difference." They are learning to answer the question in a way that's actually interesting and understandable. And they need your help. Come hear their "Communicating Science in a Nutshell Talks" — short, jargon-free talks on topics like fungus, trust in science, water resources, improving family relationships, and technologies that are tackling some of humanity's biggest challenges. **Your job? Listen, enjoy, and tell them what worked. Please join us and stay for conversation after the talks.**

Groups & Clubs - continued

Headline News Discussion Group

Thursdays

9:30 - 10:30 AM

Zoom Meeting ID: 871-991-4463

Knit, Crochet, Etc.

Inviting all creatives in any medium

Fridays

10:00 - 11:00 AM

Karr Activity Center

Men's Breakfast Club

First Friday of each month

9:30 - 10:30 AM

Woodland Studio

Contact: Mardy Baker

mbaker@warmhearth.org

540-443-3434

Parkinson's Support Group

First Thursday of each month

2:30 - 3:30 PM

Tall Oaks Hall

Contact: Kenny Harrah

kharrah@warmhearth.org

Pickleball Club

Monday thru Saturday (based on demand)

2:00 PM

Contact: Kent Koller

kbkoller@gmail.com

Reduce, Reuse, and Recycle (RRR) Subcommittee

Second Thursday of each month

10:00 - 11:00 AM

Living Room / Huckleberry Cafe

Trivia, Coffee, and Donuts

Tuesdays

10:15 - 11:00 AM

Karr Activity Center

Contact: Mardy Baker

mbaker@warmhearth.org

540-443-3434

Warm Hearth Writer's Group

Second Friday of each month

11:00 AM - 1:00 PM

Woodland Studio

Contact: Kenny Harrah

kharrah@warmhearth.org

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out of chronological order, sorry!

April

Monday, 1:00 - 2:30 PM

Woodland Studio

Village Center

Technology Assistance

Drop in for help with your mobile devices. Student(s) can help answer simple questions that don't require specific education or training in computers. Get help with texting, photos, messaging, settings, Zoom, etc. First come, first served.

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April

Wednesday, 1:00 - 2:30 PM

Woodland Studio

Village Center

Create & Sip: Welcome Spring Sign

We will be painting a simple paint-your-own wall or door hanging "Welcome Spring". This large wooden sign has a 3D element that you can customize. Everything is provided. Please wear clothes that can get paint on them.

Participation limit: 15

Sign up: Contact Bix at 540-443-3800 / mktgc@warmhearth.org

Registration deadline: Monday April 6 at 10:00 AM. **Sign ups start Thursday, April 2 at 9:00 AM.**

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April

Thursday, 4:00 PM

Tall Oaks Hall

Village Center

Story Hour Happy Hour

We have an exciting Story Hour planned for Thursday, April 9th. Mary Skutt, longtime resident of Warm Hearth along with her husband Dick, as you know, has written several books on George Marshall. Because April is remembered as the month he inaugurated the Marshall Plan, Mary has invited the director of the George Marshall Museum in Lexington to join her as they discuss this great man. **Please plan to be here at 4:00 pm for an informative talk. Cash bar opens at 3:30.**

Remember, everyone has a story. Please consider telling yours, so these special Story Hours can continue. To share YOUR story, contact Richard Shepherd at shepherdrichard333@gmail.com.

10

April

Friday, 11:00 AM

Tall Oaks Hall

Village Center

LLI: Recognizing & Avoiding Scams

Artificial Intelligence (AI) is becoming a mainstay in our society. As technology advances, so does the work of scammers in using that technology to steal our information and money. This presentation is designed to educate seniors about some of the ways scammers can use AI to rob us of our resources. We'll cover phone scams, voice-cloning scams, and deep fake video scans, discussing ways to prevent, detect, and report each.

Presenter: Shawn Smith leads a statewide team in educating and assisting seniors in preventing and reporting healthcare errors, fraud, and abuse.

Huckleberry Cafe - 443-3801

Pickup & delivery available.

Cafe Hours:

Mon - Fri, 8:00 AM - 2:00 PM

Fireside Cafe - 443-3429

Open every day

11:00 AM - 6:00 PM

Available for curbside takeout to residents and employees.

Karr Activity Center

Open from Monday at 8:00 AM to Friday at 5:00 PM each week.

New River House, Carson Library

Open 7 days a week, all day.

Micah's Pantry

Tuesdays, 11:00 AM - 1:00 PM

Thursdays & Fridays

11:00 AM - 1:00 PM

Fitness Massage Services

To schedule, call 540-520-0140 or email loraleighgiessler@gmail.com.

Moss Center

Transportation....



An Evening with Kelli O'Hara

Saturday, May 9th at 7:30pm

Pick-ups start at 6:30pm

Call 540-552-2419 or email rjustus@warmhearth.org to get your space on the bus. Seating is limited.

YARD SALE at Karr

Resdent Cindy Rethwill is coordinating a Yard Sale for May 2nd in the outdoor area surrounding Karr center.

If you have questions or **If you would like to be included, please contact Cindy by April 15th.** 540-267-6746

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April

Sunday, 12:00 - 2:00 PM

Tall Oaks Hall

Village Center

50's Spring Fling Banquet w/ Blue Ridge Vocal Connection

Welcome spring with a 50's swing! Join the Blue Ridge Vocal Connection for a lively 1950's musical program paired with an elegant spring lunch hosted by The Village Gourmet. Wear your best 50's fashion!

**Doors Open at Noon • Lunch Begins at 12:30 PM
Performance begins at 1:30 PM • \$35 per person**

The Menu

Chilled Appetizer Platter

Spring Salad & Rolls

Buffet Features:

Ham Carving Station

Cream Sherry Chicken

Whipped Potatoes

Roasted Vegetables

Cheese & Spinach Squares

Desserts:

Bananas Foster & Ice Cream

Carrot Cake

Cash Bar with Spring Cocktails

Complimentary Iced Tea &

Coffee

\$35 per person

(tax included)

Reserved Seating Only: Call the Huckleberry Café 540-443-3801. Payment required at time of booking.

Registration deadline: Thursday, April 9th.

13

April

Monday, 1:00 PM

Tall Oaks Hall

Village Center

Writer's Group - Story & Poetry Reading

Warm Hearth Village writers group presents a public reading of stories & poetry. Step into an afternoon of stories, memories and meaningful connections. Come experience an afternoon of creativity, connection and storytelling. Come listen, discuss and be inspired.

Founded over 30 years ago by Poet Laureate Nikki Giovanni, the Warm Hearth Writer's Group continues a rich tradition of sharing stories, poetry and personal reflections.

13

April

Monday, 4:15 PM

Karr Activity Center

HearthSong Singers - End of the Winter Blues Concert

The HearthSong Singers is proud to present their End of the Winter Blues concert for the village's enjoyment. Concert will start promptly at 4:15pm. A variety of musical selections performed for your enjoyment and directed by Joseph Borden.



**Employee Milestone
Anniversaries - April 2026**

Phillip Duncan, Maintenance
10 Year Anniversary

FREE Spring Shred-a-thon
Tuesday, April 7th 3-6

Location:
Christiansburg Huckleberry Park
This is a drive-thru event.

Prevent identity theft and bring unwanted documents and clean out your PAPER clutter and dispose of safely.
Please remove three ring binders, hanging file folders, hard back books and any metals.
Limit of 3 boxes or totes per car



The Blacksburg Chapter of the AARP is a great source for health, financial and community resources related to senior issues. Find out more and get involved by visiting blacksburgaarp.org.

Pet Reminder

For the safety and happiness of all our Warm Hearth furry friends, please keep your pets on a leash and remember to clean up after them when they do number two!

15
April
Wednesday, 10:30 AM

Tall Oaks Hall
Village Center

LLI: Against All Odds, The Journey of Women at Virginia Tech

Founded as an all-male, all-white, all-military institution, Virginia Tech remained that way until the mid-to-late 1960s, when women were finally admitted as full-time students in significant numbers. This program highlights the courageous women who challenged exclusion and opened doors for future generations to fully participate as faculty, staff, and students. We'll recall pivotal moments of change and invite participants to share their own journeys as employees or students at Virginia Tech.

Presenter: Patricia Hyer was associate provost for academic administration for more than 25 years at Virginia Tech. She helped launch the Women's Center in 1994, led a \$3.5M 7-year NSF grant on institutional transformation for faculty women in STEM fields, and helped implement a set of family-friendly policies for faculty members.

16
April

Karr Activity Center

Thursday, 4:00 PM

Neighbors Entertaining Neighbors

Join your host, resident Hugh VanLandingham, for an evening of laughter and music. Hugh will host an open mic styled event for any resident who would like to share their talents with the group. Come enjoy a variety of music, jokes and who knows what, in a welcoming and open environment, right at 4:00 PM! BYOB (Bring your own beverage) and snacks, sharing is okay too. Questions? Contact Hugh at hughv@vt.edu or 540-552-4328.

17
April

Karr Activity Center

Friday, 1:00 PM

Advanced Paper Crafting

In this class series participants will create five projects choosing from a wide selection of styles and techniques. Participants will leave with beautiful, handmade greeting cards to have on hand, ready to send when those special occasions arise. Melissa Matusевич teaches this advanced paper crafting class.

Participation limit: 15 (Minimum 4)

Sign up: Contact Melissa at 540-553-5653 or melissa@vt.edu. A \$20 material fee will be collected at the time of the class. Checks and cash are accepted.

Registration deadline: April 10 at 1:00 PM

BE SURE TO SEE THE MAY 1st EVENT at the end of The Log. There is an APRIL 22 deadline to sign up!!

Now Offering Hospice Care Through Warm Hearth at Home

Warm Hearth at Home is now offering **trusted, high-quality hospice care**, tailored to each individual's needs. Our experienced team provides comfort-focused support, guiding residents and families with dignity and compassion through life's most meaningful moments.

What is Hospice?

Hospice care supports individuals with serious illness when curative treatment is no longer effective. It focuses on relieving pain and symptoms while ensuring peace, comfort, and quality of life during life's final stage.

Key Benefits

- Personalized care plans
- Compassionate team of experts
- 24/7 support when you need it most
- Emotional support for families

What Sets Us Apart

Backed by decades of experience in senior living and healthcare, Warm Hearth at Home Hospice combines expert medical care with genuine compassion—bringing peace of mind to both residents and families. We are committed to honoring every life journey with dignity and the highest quality of care.

To learn more or get started, contact:

Kimberly Nichols

Hospice Director of Nursing
540-443-3422

Resident Care Concerns

Are you concerned about a neighbor and you are not sure how to help? There are people who know exactly what to do and they are only a phone call away. If you have concerns for the safety of a neighbor, please call one of these numbers:

Warm Hearth's Risk Management Team
540-443-3456

Montgomery County Adult Protective Services
540-382-6990

17 April

Friday, 3:00 - 5:00 PM

Tall Oaks Hall
Village Center

Become a Dementia Friend & The Dementia Family Network

Dementia Friends is a one-hour educational session designed to provide a foundational understanding of dementia, and related conditions. Participants will gain insight into how dementia can affect thinking, behavior, and communication, and will learn practical strategies for responding with confidence and compassion. The session concludes with five key takeaways that can be immediately applied and shared with others.

Following the training, guests are invited to remain for the **Dementia Family Network**, an informal gathering created to foster connection and continued learning. This opportunity allows family members and friends to exchange perspectives, share experiences, and engage in meaningful conversation. Certified Dementia Practitioners will be present to help guide discussion and provide additional insight.

Dementia Friends Training • 3 – 4pm

A one-hour session covering the basics of dementia and practical strategies for responding with confidence and compassion.

Dementia Family Network • 4 – 6pm

An informal gathering for connection, conversation, and shared learning with Certified Dementia Practitioners.

18 April

Saturday, 11:00 AM

Front Entrance
Village Center

Mushroom Walk at Warm Hearth

Curious about mushrooms in nature? Join us for a relaxed, beginner-friendly walk around Warm Hearth as we search for and try to identify the mushrooms growing in our area. The walk will be led by amateur mycologist Laura Robinson, who has 20 years of mushroom hunting experience and is a member of North American Mycological Association. Come enjoy the outdoors and discover fungi that's growing our backyard. Meet at the entrance to the Village Center at 11:00 AM.

20 April

Monday, 1:00 PM

Karr Activity Center

Cards with Melissa

Warm Hearth welcomes our special card craft teacher, Melissa Matusевич, to teach a monthly greeting card class. You will go home with a professional collection of handmade cards after step-by-step personal instruction. No experience or artistic talent necessary. All materials provided. Please call if you need to cancel.

Participation limit: 12 (Minimum 4)

Sign up: Contact Melissa at 540-553-5653 or melissa@vt.edu.

Registration deadline: April 13 at 1:00 PM

Have you ever considered becoming a hospice volunteer?

Join **Warm Hearth at Home Hospice** for an **informational session for prospective hospice volunteers** and learn how you can make a meaningful difference in someone's life during an important time.

During this session, you'll learn about the many ways volunteers support hospice care, including:

- Providing **companionship for patients** through direct patient care
- Offering **respite support for caregivers**, giving them time to run errands or attend appointments
- Assisting with **bereavement support** alongside our bereavement coordinator
- Helping with **office assistance**, such as phone calls or filing

This session is a great opportunity to ask questions, learn more about hospice care, and explore how your time and compassion can support patients and families in our community. Applications, materials, and information about volunteer roles will be available.

**Friday, April 3
9:30 – 10:30 AM**

Tall Oaks Hall

Light refreshments will be provided.

We would love to meet you and share how volunteering with **Warm Hearth at Home Hospice** can make a lasting impact.

Volunteer Opportunity

Looking for a few special volunteers who are interested in working with others in an active area of our Village. This role will assist other residents in a customer service capacity using organizational skills while performing simple record keeping tasks. Those who are interested in learning more about this volunteer opportunity can email Mardy Baker at mbaker@warmhearth.org or call 540-443-3434.

**20
April**

Monday, 11:00 AM - 12:30 PM

Tall Oaks Hall
Village Center

Technology Assistance

Drop in for help with your mobile devices. Student(s) can help answer simple questions that don't require specific education or training in computers. Get help with texting, photos, messaging, settings, Zoom, etc. First come, first served.

**21
April**

Tuesday, 2:00 PM

Karr Activity Center

Lisa Assad Talk on Wellness

Join Staff Development Nurse, Lisa Assad, for a talk about Wellness. We will learn about the wellness wheel and explore the eight different dimensions of a healthy lifestyle. The presentation lasts roughly 20 minutes and is followed by discussion with friends and neighbors.

**22
April**

Wednesday, 11:00 AM

Off Campus

Special Trip: The Beast of Blacksburg Pizza

Hop aboard the WHV bus to get one of the best slices out there. The Beast of Blacksburg in the University Mall area of Blacksburg has a \$10 special of a small pizza, salad and drink. After eating there will be approximately 30 minutes to browse the New River Arts Gallery, Bonomo's or Starbucks. Not in the mood for pizza? There is also a Subway Station on the corner. Pick ups start at 11am with return to campus around 1:30pm.

Participation limit: 12 people + 1 wheelchair spot

Sign up: Contact Bix at 540-443-3800 / mktgc@warmhearth.org

Registration deadline: Friday April 17 at 2:00 PM. **Sign ups start Thursday, April 2 at 9:00 AM.**

**24
April**

Friday, 2:00 PM

Tall Oaks Hall
Village Center

Connections: Spring Has Sprung - Talkin' the Blues, w/ Carol Kauffman

You are invited to learn more about one of our most beloved bird species – the Eastern Bluebird. From their fascinating lifecycle to how you can attract bluebirds to your yard, you'll gain a greater understanding of these beautiful creatures and symbols of happiness.

Carol is a Certified Virginia Master Naturalist, a member of the Virginia Bluebird Society and NRV Bird Club, and co-coordinator of the Corporate Research Center bluebird trail in Blacksburg. She'll be joined by Connie Marshall, co-coordinator of CRC bluebird trail and NRV Bird Club member, and Rosemarie Sawdon, bluebird trail coordinator at Warm Hearth Village and fellow Master Naturalist.

Remembrance Walk

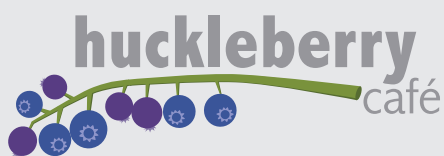
Warm Hearth Village Neighbors, the 19th annual 3.2 Mile Remembrance Event honoring the **32 victims of the April 16, 2007 tragedy** at Virginia Tech will be held on the VT campus **April 18**.

At Warm Hearth Village we will be walking for the **7th year in a row** on our campus using the same route we did last year. We will have residents familiar with the route who can guide you. **The 3.2 mile event will start at the Village Center at 9:43 am on the 18th.**

If you prefer, instead of doing the entire 3.2 miles on Saturday, you can break your walk up to cover the 3.2 miles over 2 or 3 days, and still get credit for being one of the many thousands who complete the walk in honor of the 32 fallen students and faculty.

Registration is not required for our Warm Hearth Village walk, but if you do plan to participate please email your intentions to **Bix at mktgc@warmhearth.org** so we can have adequate water and refreshments, and know the total number of participants. Last year, more than 30 of us walked the route!

Thank you!
Richard Shepherd



The Huckleberry Cafe is happy to offer pre-scheduled delivery times inside our Village. We offer delivery at 9:00 AM, 10:30 AM, 11:30 AM and 2:30 PM.

Please help us by having your orders in by the required deadline of 30 minutes in advance of the delivery time you would prefer.

27

April

Monday, 1:00 - 3:00 PM

Karr Activity Center

Outside

Divine Delights Bakery

Divine Delights Bakery will be set up outside the 4th Monday of each month. They specialize in original sourdough bread, sourdough bread with inclusions, sourdough bagels, cake pops in various flavors and more! They offer gluten free, and gluten free/dairy free options. They accept cash, cards, and other electronic payment as needed.

Check them out on Facebook at [divinedelightsbakeryva.com](https://www.facebook.com/divinedelightsbakeryva.com)
This bakery overlaps with Feeding America Mobile Market for one-stop shopping.

27

April

Monday, 2:00 - 4:00 PM

Karr Activity Center

Outside

Outdoor Market

Warm Hearth and Feeding America have teamed up to provide pantry staples, dairy, frozen meat and fresh produce to residents and employees at a reduced cost. Partnering with Virginia Fresh Match to provide 50% off of fresh and frozen produce for SNAP/EBT users. We accept debit, credit or SNAP/EBT as payment. So convenient! Stop by on your break or lunch! **For more information:** 276-218-4480 or email abg.mmp@feedingswva.org

28

April

Tuesday, 11:00 AM

Tall Oaks Hall

Village Center

Bereavement Support Group

Grief can feel isolating — but you don't have to go through it alone. Join us for a compassionate bereavement support group offering connection, understanding, and a safe space to be with others who understand loss. Sharing is optional. Listening is enough. **WHAT TO EXPECT:** A welcoming, confidential space, gentle support from hospice professionals, no pressure to speak. **This group meets on the last Tuesday of each month and is free and open to the community. You do not need to be a Warm Hearth Hospice family to attend.**

29

April

Wednesday, 11:00 AM

Tall Oaks Hall

Village Center

Warm Hearth Village Town Hall

William Lester will host this Town Hall Meeting. This is an opportunity to hear updates on important Village happenings. If you have questions for William, please email them in advance to wlester@warmhearth.org.

Join Zoom Meeting

<https://us02web.zoom.us/j/82769428284?pwd=8qgqTjlcowWTHDIMYA8bB0ltzxKHKE.1>

Meeting ID: 827 6942 8284 **Passcode:** 104187

Meet Two New Warm Hearth Team Members!



Dominique Harder recently joined WHV as the Philanthropy Associate with a focus on data management. She grew up in Asheville, North Carolina, studied art and writing in Anderson, South Carolina, and relocated to Blacksburg in 2025. In her free time, she enjoys creative pursuits and spending time with her pets.



Chelsea Keating joins Warm Hearth as the Associate Director of Community Engagement in Philanthropy, bringing a diverse background in hospitality, human resources, recruitment, community relations and outreach. Originally from Clover Hollow in Giles, she received her BA in English from Longwood University with focuses on non-fiction editing and gender studies. She is passionate about building meaningful connections and fostering strong community partnerships. In her free time, Chelsea enjoys working on her koi pond, crafting, reading, and spoiling her cat.

29 April

Wednesday, 2:00 PM

Tall Oaks Hall
Village Center

Connections: Introducing the New River Ordnance Plant

Dennis Kitts returns for Part 2 of the RAAP story, focusing on the New River Ordnance Plant—Dublin's Bagging Plant. Construction of the plant broke ground in February 1941, and it went on to employ thousands while playing a key role in wartime production and innovation. Discover its impact on our region and its connection to the years leading into the Korean Conflict. A Q&A session will follow.

Dennis Kitts is a retired Manager of Training & Development at the Radford Arsenal with nearly 30 years of service. As the official historian and author of the 75th Anniversary history of the Radford Ordnance Works, he is known for his engaging storytelling that brings to life the people, challenges, and triumphs that shaped this chapter of Virginia's past.

29 April

Wednesday, 5:00 - 6:00 PM

Karr Activity Center
Outside

American Roots Concert

Father-Son guitar duo, Fred and Jon Benfield will be back on campus for a performance to wind down the month of April. They perform "root music" created between 1900's and 1950s from various regions of mountain cultures. They have been performing together for several years and it's always a delight for Warm Hearth lovers of down home, easy listening music.

If the weather is nice, they'll play outside. Feel free to bring a lounge chair and your favorite beverage and snack.
Performance inside if rain.

1 May

Friday, 12:00 - 2:00 PM

Tall Oaks Hall
Village Center

Kentucky Derby Tea

It is time again to dress up with our finest chapeaus and dashing frocks for the grand running of The Kentucky Derby! Our southern hospitality welcomes you and your guests as we strut our stuff while watching the finest 3-year-old fillies in a quest for glory at the Longines Kentucky Oaks race on Friday, May 1st, 12:30pm. This race kicks off the weekend that culminates in the running of the Kentucky Derby on Saturday, May 2nd at Churchill Downs. Our tea menu consists of a starter of roasted tomato soup, a selection of tea sandwiches, petit fours, assorted hot and iced tea, tea biscuits with jams and clotted cream. And let's not forget a complimentary mint julip! A contest will be held for "most unique", "colossal" and "most dapper" hats and fascinators after the race.

Sign up: Contact the Cafe at 540-443-3801

Registration deadline: Wednesday, April 22nd by Noon

HELLO SEE ME!!
I'M EASY TO MISS!!

Resources To Help You Fight Fraud

The **Fraud Watch Network Website** offers tip sheets on the common scams and a map showing fraud activity in your area.

Visit www.AARP.org/fraudwatch network for more information.

Free National Helpline (877-908- 3360)

Connects you with trained specialists who provide free confidential guidance.

Our State Offices will host a nationwide antifraud campaign in April, featuring workshops and local events. Go to aarp.org/fraudsafety.

The Perfect Scam Podcast

This podcast explores fraud, with voices of victim's and law enforcement. Visit www.aarp.org/theperfectscam for episodes.

AARP Members

Visit www.aarp.org/Norton-Benefits to save on identity-theft, and theft and device-protection plans from Norton.

Virginia Tech Counselor Education Program

We are pleased to announce the continuation of a partnership between Warm Hearth Village and the Virginia Tech Counselor Education program. Through this collaboration, counseling services for Warm Hearth Village residents are available at no cost. If you are interested in learning more, please call (540) 384-1695 or send an email to whvcounselor@gmail.com.

Alzheimer's Foundation of America's

The Alzheimer's Foundation of America's (AFA) National Toll-Free Helpline will be available to provide support, assistance and referrals to families affected by Alzheimer's disease seven days a week.

The new helpline hours are:

Monday-Friday: 9 am to 9 pm (ET)

Saturday: 9 am to 1 pm (ET)

Sunday: 9 am to 1 pm (ET)

Call 866-232-8484 to speak with one of AFA's licensed social workers if you have questions or need help!

Useful Phone Numbers

The Village Center

Front Desk/Concierge: 443-3800

Huckleberry Cafe: 443-3801

The Village Gourmet Catering: 443-3802

Fitness Center: 443-3474

Health Care Information - Linda Kirkner: 443-3415

V.P. Philanthropy & Strategic Growth - Tandra Dixon:
540-443-3414

Life Enrichment

Mardy Baker: 443-3434 (Village Center)

Susan Bixler: 443-3800 (Village Center)

Corynne Emmerson: 443-0409 (Showalter Center)

Danielle Snuffer: 443-0407 (KHCC)

Carilion Family Medical Clinic (on campus)

540-558-2400

Hours of Operation:

Mon-Fri from 8:00 am to 5:00 pm

(Closed 12:00-1:00 PM for lunch)

Warm Hearth at Home

Information & Assessments

443-3428 or www.whvathome.org

Miscellaneous

Tea Tree Salon: 443-3817

Fireside Cafe, Showalter Dining: 443-3429

WHV Main Switchboard: 552-9176

Housing & Resident Services: 552-2419

(located in Karr Activity Center)

* Maintenance

* Lock-Outs

* Security / Emergencies

* Transportation

Information Technology (IT): 443-0408

Treasure Trove (offsite): 200-7012

Montgomery County Sheriff's Office

Non-Emergency number 540-382-6915

The email used at Warm Hearth for MOST staff is "first initial and last name @ warmhearth.org". For example, Sara McCarter's email is smccarter@warmhearth.org.