

The Log



Fitness Group Classes
 Mon-Fri 7:00 AM - 5:00 PM
 Sat 10:00 AM - 2:00 PM

MONDAY

- 10:00 Posture, Balance & Gait (beginner)
- 10:30 Arthritis Aquatics (P) (no class 6/2)
- 11:00 Rock Steady Boxing, G3
- 12:30 Water Volleyball (P)
- 1:00 Rock Steady Boxing, G4a
- 3:30 Taiji for Wellness

TUESDAY

- 9:00 Fit 4 Life
- 11:00 Posture, Balance & Gait (advanced)
- 11:00 Aqua Fit (P)
- 12:00 Chair Yoga for Wellbeing
- 1:00 Rock Steady Boxing, G2
- 2:00 Rock Steady Boxing, G1

WEDNESDAY

- 10:30 Arthritis Aquatics (P)
- 11:00 Rock Steady Boxing, G3
- 12:30 Water Volleyball (P)
- 1:00 Rock Steady Boxing, G4a
- 3:00 Ai Chi (P)
- 4:00 Croquet

THURSDAY

- 9:00 Fit 4 Life
- 11:00 Posture, Balance & Gait (advanced)
- 11:00 Aqua Fit (P)
- 12:00 Chair Yoga for Wellbeing
- 1:00 Rock Steady Boxing, G2
- 2:00 Rock Steady Boxing, G1
- 3:15 Timeless Tappers

FRIDAY

- 10:00 Posture, Balance & Gait (beginner)
- 10:30 Arthritis Aquatics (P)

SATURDAY

- Open Swim (P) / Open Gym
- 10:00 Pickleball
- 10:30-11:15 Aqua Yoga - first and third Saturday of the month

Continued on next page.

June
 See below

Huckleberry Cafe
 Village Center

Fabulous Fridays & Magic Mondays

----- Fabulous Friday Breakfast -----

8 to 11 am • Huckleberry Café • \$7.95

Open to public and residents, no reservation needed!

Fabulous Friday features a full breakfast buffet with special, sides of eggs, chef's choice protein, and fresh fruit, and includes hot coffee or tea. Add orange juice for a \$1.00 or specialty coffee drink for \$1.50. Mimosas, Bloody Marys, and Irish Coffee also available.

Friday, June 6: Chicken & Waffles

Friday, June 13: Omelets Made to Order

Friday, June 20: Café Closed – Resident Appreciation Carnival

Friday, June 27: Pancakes Made to Order & The Sound of Music Sing Along*

*Join us on June 27th for a special Fabulous Friday. Sing your heart out with host David Jones as song lyrics appear on the big screen! Breakfast begins at 8am, movie to start at 10:30am.

----- Magic Monday Dinners -----

4 to 6 pm • Huckleberry Café

Open to public and residents, no reservation needed!

Monday, June 2: Welcome back our Village Center house band, Bobby Parker, who will present "Seasons and Scenes" - songs of significant times and places, and the people in them. **\$7.95 Dinner Special:** Italian Sausage with sides of Roasted Veggies & Wild Rice

Monday, June 16: From the well-known music hub of Floyd County, Virginia, comes Cocobolo with Stella Trudel and Bob Dillard. Join us for an astonishing blend of imagination and a shared love of sound that solidly adds up to creativity at its best. **\$7.95 Dinner Special:** Boneless BBQ Ribs, Corn on the Cob & Watermelon

----- Special Events -----

Sunday, June 15: Father's Day Brunch Cookout • 11:30am – 2:00pm •, Last seating 1:30pm • \$19.95 (tax included)

Join us on the patio for a relaxing Father's Day brunch buffet & show. Allegro Trio will entertain with a unique blend of swing, pop, and Latin stylings! See menu in the full listing for June 15.

Cash bar opens at 11:30am for mimosas, wine, beer and a special Bloody Mary cocktail! Brunch & music begin at 12pm. RSVP by Wednesday, June 11th before 2pm.

Family Swim (P) - last Saturday of the month 12:00-1:45 PM. Bring your own towels.

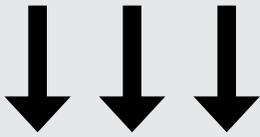
Non-residents may purchase a monthly pickleball pass for \$40. See Kenny Harrah.

* Please limit towel usage to no more than two towels per person.

* For up-to-date schedule changes and weather-related closings for the FITNESS CENTER please call 540-443-3474.

This list of groups offers much fun and community! Be sure to check out these opportunities!

READ THIS!!



Groups & Clubs - Quick Guide

Bible Study

1st & 3rd Wednesdays of the month
6:30 PM
Karr Activity Center

Bocce Ball

Tuesdays
6:00 PM
Village Center
Contact: Roland Byrd

Bridge

Wednesdays
1:00 - 4:00 PM
Karr Activity Center
Contact: Linda Powers
540-641-1409

Campus Bingo

ON HOLD*
1:00 - 2:30 PM
Karr Activity Center
Contact: Cindy Rethwill
momluvspandas@gmail.com

*Campus Bingo is on hold until further notice due to low participation. We will revisit this decision this winter.

Croquet

Wednesdays
4:00 PM
Village Center
Contact: Roland Byrd

3 June

Tuesday, 10:00 AM

Tall Oaks Hall
Village Center

Connections Series - Virginia Tech's Collegiate Gothic Architecture

This year, Virginia Tech is again on the list for the nation's most beautiful campuses. Did you know that its distinctive Gothic Revival architectural style began as an attempt to build respectability among its state leaders for this hardscrabble educational upstart in the Virginia hinterland? In effect, early leaders of Virginia's land-grant college used its Gothic Architecture as its unique brand development.

Larry Hincker spent 40 years in corporate and institutional communications including 27 years as Virginia Tech's Chief Communication Officer.

"At Virginia Tech I integrated all institutional communications, including media relations, college communications, development communications, television productions, publications, marketing, web communications, trademarks and licensing, and the university's public radio station network. During my 28-year tenure leading university communications, Virginia Tech secured its reputation among the nation's leading research universities." Larry increased licensing revenue almost ten-fold, built a visitor center, and became a reluctant expert in crisis communications. "I, being the Chief Communication Officer was the public face of Virginia Tech as we dealt with the largest media gathering on any university campus after the horrific murders of April 16, 2007."

3 June

Tuesday, 3:00 PM

Karr Activity Center

Robbie Vance Afternoon of Music

Enjoy music from all eras. Feel free to bring a friend and throw out some requests. A wonderful time to be had by all.

4 June

Wednesday, 9:30 AM

Off Campus

Special Trip - Cracker Barrel

Grab some tasty brunch while riding on the new WHV bus! Mardy will begin pick-ups at your front doors at 9:30 am. Pick-ups last from 15 to 30 minutes, depending on location. Time to shop before or after the brunch will be dependent on wait times.

Sign up: Call Bix at 540-443-3800 or email mktgc@warmhearth.org (preferred).

Participation limit: 12 people plus one wheelchair/scooter spot.

Groups & Clubs - continued

Green Committee

Third Tuesday of each month
10:30 - 11:30 AM
Carson Library

Guided Meditation

Guided Meditation on Zoom
Mondays
3:30 - 4:30 PM
Contact: Zed Hrubec
zhrubec@outlook.com
540-250-2154

Headline News Discussion Group

Thursdays
9:30 - 10:30 AM
Zoom Meeting ID: 871-991-4463

Knit, Crochet, Etc.

Inviting all creatives in any
medium

Fridays
10:00 - 11:00 AM
Karr Activity Center

NEW!

Men's Coffee Club

First Friday of each month
9:30 - 10:30 AM
Woodland Studio
Contact: Mardy Baker
mbaker@warmhearth.org
540-443-3434

Parkinson's Support Group

First Thursday of each month
2:30 - 3:30 PM
Tall Oaks Hall
Contact: Kenny Harrah
kharrah@warmhearth.org

Pickleball Club

Monday thru Saturday (based on
demand)
10:00 AM
Contact: Kent Koller
kbkoller@gmail.com

Reduce, Reuse, and Recycle (RRR) Subcommittee

Second Thursday of each month
10:00 - 11:00 AM
Living Room / Huckleberry Cafe

Trivia, Coffee, and Donuts

Tuesdays
10:15 - 11:00 AM
Karr Activity Center
Contact: Mardy Baker
mbaker@warmhearth.org
540-443-3434

Continued to next page.

4 June

Wednesday, 1:00 PM

Tall Oaks Hall
Village Center

Connections Series - Eye Health

Join us for an educational talk on eye health with second-year medical students from VTCSOM. They will discuss the most common eye conditions that can impact vision and comfort (dry eyes, cataracts, macular degeneration, and glaucoma), healthy habits for eyes and ways to preserve vision, and finally how to spot changes in vision that should be evaluated by a specialist. They will demonstrate what to expect at the ophthalmologist's office during an appointment and explain what physicians are looking for.

Finally, they will be offering visual acuity exams using the classic eye charts with progressively smaller letters (Snellen Eye Chart) as well as checking blood pressure for those interested. The purpose of BP checks is to highlight the importance of chronic health conditions, like high blood pressure, and how they can impact vision. **All are welcome.**

6 June

Friday, 9:30 - 10:30 AM

Woodland Studio
Village Center

Men's Breakfast Club

This men's focused event will introduce you to neighbors from across the village over coffee and pastries. Guests are welcome at no charge. We want to grow, so feel free to share with other men who may want to connect.

6 June

Friday, 1:00 PM

Tall Oaks Hall
Village Center

Birthday Tea & Cake Social

Celebrate your neighbors' birthdays from across the village! Join the hospitality group at the Village Center as we serve a delightful afternoon tea. Celebrate with mini sandwiches, sweet treats, and your choice of coffee or tea. Birthday month babies get an extra sweet gift with a crowd birthday sing-a-long. New this year, our most mature birthday attendee gets a special surprise gift.

Guests, family and friends are warmly welcomed at \$5 each, residents are free. Attendees don't have to have a birthday to attend.

6 June

Friday, 3:00 PM

Karr Activity Center

Folk Music with Ash Devine

Looking for a late afternoon of folk and Americana roots music? Join Ash Devine for music that reminds you of an earlier time, with sing-a-longs and bits of history on some of our most iconic songs.

Groups & Clubs - continued

Tap Club - Timeless Tappers

Thursdays
3:15 - 4:00 PM
Village Center
Contact: Bix
mktgc@warmhearth.org
443-3800

Warm Hearth Writer's Group

Second Friday of each month
11:00 AM - 1:00 PM
Woodland Studio
Contact: Kenny Harrah
kharrah@warmhearth.org

New Bible Study Listing

New River Fellowship is hosting a Bible Study for all residents at Warm Hearth at the Karr Activity Center! The group will meet on the 1st and 3rd Wednesdays each month at 6:30pm for fellowship, prayer, and studying scripture together. Questions? Call us at (540) 577-7815.

Need a ride to church? Contact us at (540) 577-7815.

This will be listed each month in the **Groups & Clubs** sidebar section of the Log.



The Blacksburg Chapter of the AARP is a great source for health, financial and community resources related to senior issues. Find out more and get involved by visiting blacksburgaarp.org.

9

June

Monday, 3:00 PM

Tall Oaks Hall

Village Center

Leon Kok & Friends Recital

Leon & Friends present the Voice of the Viola with David Jones on Piano, Judy Bevans on Harpsicord, Linda Plaut and Emily Reisinger on Violins, and Susan Barrett on Cello. This is sure to be a delightful opportunity to hear outstanding classical music by the most talented musicians of our region. All are invited.

10

June

Tuesday, 1:00-3:00 PM

Karr Activity Center

Outside

Outdoor Market

Warm Hearth and Feeding America have teamed up to provide fresh produce and shelf-stable grocery items directly to residents and employees at a reduced cost. We accept debit, credit or SNAP/EBT as payment. Stop by on your break or lunch!

For more information contact Karen Nelson at 443-3412.

11,25

June

Carson Library

Wednesdays, 9:00 AM- 4:00 PM

Beltone Audiology Clinic Day

All Types and Styles of Hearing Aids Available

- Hearing Screening – No Charge
- Hearing Aid Batteries – All Sizes
- 10-point Hearing Aid Cleaning and Checkup, All Makes and Models – No Charge

Appointment only. Please call our office to set an appointment: Beltone Audiology & Hearing Aid Center 800-553-5993 or 540-343-5567.

11

June

Wednesday, 2:00 PM

Tall Oaks Hall

Village Center

Connections - Pour Decisions, A Three-part Series, Part 3

We're raising a glass to the grand finale of our popular POUR Decisions tasting series! Join us for the third and final installment, featuring a bold and flavorful Bourbon & Spirits experience.

We're excited to welcome Jayson Hudson, co-owner and distiller of Blacksburg's own J.H. Bards Spirit Co., who will guide us through a hand-selected tasting of bourbon, whiskey, and rye. Whether you're new to spirits or a seasoned enthusiast, this event promises rich flavors, good company, and great conversation—all for just \$5 per person.

Sign Up: Please RSVP to Tina Smith at 540-443-3406 or tcsmith@warmhearth.org

Huckleberry Cafe - 443-3801

Pickup & delivery available.

Cafe Hours:

Mon - Fri, 8:00 AM - 2:00 PM

Fireside Cafe - 443-3429

Open every day

11:00 AM - 6:00 PM

Available for curbside takeout to residents and employees.

Karr Activity Center

Open from Monday at 8:00 AM to Friday at 5:00 PM each week.

New River House

Carson Library

Open 7 days a week, all day.

Tea Tree Salon Hours

Wednesdays 1:30 - 5:00 PM

Fridays 10:00 AM - 3:00 PM

For appointments call 443-3817.

Micah's Pantry

Tuesdays

11:00 AM - 3:00 PM

Thursdays & Fridays

11:00 AM - 1:00 PM

Fitness Massage Services

To schedule a massage, call 540-520-0140 or email loraleighgiessler@gmail.com.

Warm Hearth Trails

The wooded trails at Warm Hearth are plentiful and well-marked. We have a wonderful group of resident volunteers who have created and continue to maintain the trails and trail benches and ensure they stay clear of trees and are visibly marked.

Trail maps are available at the Village Center front desk. If you feel nervous about using the trails, we encourage you to make contact with Jack Onufrak who can show you around the trails himself or find another trail buddy who is very familiar with our trails.

You can contact Jack at jaonufrak44@gmail.com. He is a very entertaining and wonderful person to show you around!

11

June

Wednesday, 3:00 PM

Woodland Studio

Village Center

Create and Sip - July 4th Paper Straw Wreath

Hang in your home or on your door! This wonderful and easy wreath project is perfect for those who want to put a splash of patriotic flair in their July decorations. Using hot glue, a wreath base and paper straws, you will go home with a great finished product.

Sign Up: Call Bix at 540-443-3800 or email her at mktgc@warmhearth.org.

Class Limit: 16

Registration Deadline: June 6th

12

June

Thursday, 4:00 PM

Tall Oaks Hall

Village Center

Story Hour Happy Hour

Our speaker will be Jack Onufrak, who lives in Woodside Terrace with his wife Betty. Jack has had a varied career in education in New York and North Carolina. He earned his PhD in Psycholinguistics in 1973, and has done research and teaching in stuttering, autism, and language development, and also worked as a speech pathologist.

Please join us at 4PM in Tall Oaks Hall for a very diverse presentation, including how "syllables" are a misunderstood but important aspect of human existence.

Remember, everyone has a story. Please consider telling yours, so these special Story Hours can continue.

To share YOUR story, contact Richard Shepherd at shepherdrichard333@gmail.com.

13,14

June

See below

Woodland Studio

Village Center

Growing Old With Grace & Dignity

Warm Hearth resident, Roland Byrd served as campus minister for 33 years. During his retirement Roland has developed and shared helpful sessions like "Leaving an Ethical Will" and "Spiritual Legacy". Now in his eighties, Roland is providing counsel in a session called "Growing Old with Grace and Dignity". In this session, Roland will interact with you on aging decisions now and in the months ahead, how to more fully communicate with next-of-kin, power of attorney and friends the necessary information to manage your final affairs when needed. There are two dates/times for this session.

Friday, June 13 at 3:00 PM

Saturday, June 14 at 10:00 AM

Sign Up: Contact Bix at 540-443-3800

Participation Limit: 16 (couples, solo seniors and residents with an adult child are welcome!)

Registration Deadline: June 9 at 4:00 PM

Looking for something to read?

Carson Library, located on the first floor of New River House, is open all day, 7 days a week. Drop by and browse the shelves, and borrow what interests you. No need to sign out a book or pay any overdue fines. For questions, call the library curator, Ella Rutledge, at (207) 650-1769.

Call for Poetry: And while you're at the library, please take a glance at the bulletin board on your right as you come in the door. Every month we post there a "Poem of the Month." Preference is given to poems composed by a Warm Hearth resident. If you are a poet, and would like to have one of your works posted in the library, send your offering in the body of your email to Ella Rutledge at lopsideseast@gmail.com.

Some Recent Arrivals: In Bio/Memoir, *Dear Me* by Peter Ustinov, in Literary Classics, Owen Wister's *The Virginian*, in Fiction, *A Better Man* by Louise Penny, and this month's most intriguing title: In Poetry, Andrew Merton's *Evidence that We Are Descended from Chairs*; not to mention our possibly most useful book, *Managing Incontinence* by the Mayo Clinic. And don't forget to check out the new infusion of audiobooks, courtesy of Montgomery Floyd Regional Library: *Back Story* by Robert B. Parke, *The Bone Bed* by Patricia Cornwell, *Lethal* by Sandra Brown, *Vendetta in Death*, by J.D. Robb, *When: The Scientific Secrets of Perfect Timing* by Daniel H. Pink, *Inventing Joy* by Joy Mangano, and *America: The Farewell Tour* by Chris Hedges.

June Display: This month the display features Staff Picks, a motley selection of favorites from the Carson collection, chosen by resident volunteers who help keep the the books flowing in and out and the library in tip-tip form.

15 June

Sunday, 11:30 AM - 2:00 PM

Father's Day Brunch - \$19.95

Join us on the patio for a relaxing Father's Day brunch buffet & show. Allegro Trio will entertain with a unique blend of swing, pop, and Latin stylings!

Breakfast: Eggs, Bacon, Crispy Breakfast Potatoes, Fresh Fruit & Greek Yogurt with Granola

Lunch: Kielbasa, Burgers, Coleslaw & Honey Mustard Pasta Salad

Dessert: Tiramisu & Ice Cream

Cash bar opens at 11:30am for mimosas, wine, beer and a special Bloody Mary cocktail! Brunch & music begin at 12pm.

Call 540-443-3801 to RSVP by Wednesday, June 11th before 2pm. Last seating is at 1:30 PM.

16 June

Monday, 1:00 PM

Cards with Melissa

Warm Hearth welcomes our special card craft teacher, Melissa Matusевич to teach a monthly greeting card class. You will go home with a professional collection of handmade cards after step-by-step personal instruction. No experience or artistic talent necessary. All materials provided. Please call if you need to cancel.

Participation limit: 12 (Minimum 4)

Sign up: Contact Melissa at 540-553-5653 or melissa@vt.edu.

Registration deadline: June 9th at 1:00 PM

16,23,30 June

Monday, 4:00 PM

HearthSong Singers

A new choral group is forming at Warm Hearth called HearthSong Singers. This group is being directed by retired musical director, Joe Bordon. He is a lifelong musical director with a heart for choral groups. The group will focus on a variety of songs and styles from many different generations. Practice starts promptly at 4 to allow for maximum singing time. Come share your voice to the group!

17 June

Tuesday, 2:00 PM

Healthy Skin - with Lisa Assad

The skin is our largest organ and keeping it healthy requires maintenance. Join Lisa Assad, staff development nurse, for a brief presentation on strategies to improve skin health. We will discuss sun protection, moisturizers and hydration as we consider what it takes to keep skin healthy. The presentation will last about 30 minutes and is followed by an informative discussion where participants share ideas and experiences.

Tall Oaks Hall
Village Center

Karr Activity Center

Karr Activity Center

Karr Activity Center

Tall Oaks Hall - Assistive Listening (Tele-loop) System Information

The community room at the Village Center is equipped with a tele-loop system. This system is connected to the sound system. It creates a magnetic field that will connect with some hearing aids. The hearing aid must have a T-Coil. Generally it's something that is configured in the office by the person providing the aid(s). If the aid does not have this feature an external device, like a pendant, can be worn around the neck to pick up the signal. The pendant is specific to the brand of hearing aid. The hearing aid user can contact the business where the aid was purchased or The Hearing Clinic, located here in Blacksburg, for assistance. 540-552-1904.

Appreciating Volunteers!

This past school year (2024-2025), we were fortunate to have so many extraordinary volunteers to help us out with our various fitness classes. Sam, Christie (aka C1), Lisa, Georgia, Olivia, Kendal, Emma Henderson, Emma Poehfler, James, Victor, Colby, Mattie, Maya, Alex, Grace, and others. Some of these volunteers started because they needed hours for Service-Learning projects in the Human Development class at VT, while others just want to help. Some have been with us for 2-8yrs!

With the size of our fitness classes and the difficulties of some exercises, the alertness & helpful hands of our volunteers allow Jessica, Marcus, Ashleigh & me to put on fun, challenging & safe classes.

We have new volunteers starting this summer and yes, they have big shoes to fill. Come meet our newest volunteers.

"Volunteers do not necessarily have the time; they just have the heart." – Elizabeth Andrew

19 June

Karr Activity Center

Thursday, 4:00 - 5:00 PM

Neighbors Entertaining Neighbors

Join resident Hugh VanLandingham for an evening of laughter and music. Hugh will host the open mic night for residents who would like to share their talents with the group. Come enjoy a variety of music, jokes and who-knows-what and be ready to join in! Limited refreshments will be available. Bring your own beverage and snacks. Sharing is okay too. Questions? Contact Hugh at hughv@vt.edu or call 540-552-4328.

20 June

Tall Oaks Hall
Village Center

Friday, 11:00 AM - 3:00 PM

Resident Appreciation Carnival

Come one, come all to our official summer kick-off appreciation event! We warmly welcome you, your family of all ages, and community friends to this FREE celebration for the entire Warm Hearth Village family. Come experience classic carnival games, cakewalks, bounce house, face painting, balloons, live music and photo ops. Visit our "side show" The Animal Bazaar, a roaming fortune teller, and hot dog cookout and concessions. Participate in our costume contest for best side show or carnival inspired costume! For questions contact Mardy Baker at mbaker@warmhearth.org

20 June

Karr Activity Center

Friday, 1:00 PM

Advanced Paper Crafting

In this class series participants will create five projects choosing from a wide selection of styles and techniques. Participants will leave with beautiful, handmade greeting cards to have on hand, ready to send when those special occasions arise. Melissa Matusevich teaches this advanced paper crafting class.

Participation limit: 15 (Minimum 4)

Sign up: Contact Melissa at 540-553-5653 or melissa@vt.edu.

Registration deadline: June 13th at 1:00 PM

27 June

Tall Oaks Hall
Village Center

Friday, 10:30 AM

Breakfast All Day - Sound of Music Movie Sing-along with David

Café to serve Breakfast All Day! Breakfast Buffet and Breakfast Burger (fried egg and bacon jam, bacon 'n potatoes special)

Sing your heart out with The Sound Of Music movie hosted by David Jones. Breakfast will start at 8am in the Cafe, with the Movie starting at 10:30am in the National Bank Tall Oaks Hall. Lunch starts at 11am with a Breakfast Hamburger special. Words to the movie appear on the screen with David directing you along. A wonderful way to end the month!"

Wednesday, 11:30 AM

Patriotic Campus Cookout, Festivities and Music

Wear your red, white & blue to celebrate the nation's independence at the Village Center! We will be celebrating with several activities throughout the day:

11:30 - "Show your American Spirit" pet and owner costume contest (Locust Square Terrace).

12:00 - Tie dye your own bandana

12:00 - 3:00 - Patriotic cookout and make-your-own sundae bar

1:00 - 2:00 - "The Patriot" musical show by the Second Chance Duo

To enter the costume contest, pick up an entry form at The Karr Activity Center, or the Village Center front desk. Entries must be in by Monday, June 30th. Cookout food is \$7.95 + tax. RSVP for cookout food by Friday June 27th by calling 540-443-3801. **Everything else is free!**

Big Congratulations Are in Order!

We're thrilled to celebrate two very special members of our village who have achieved major milestones!

First up is our very own WHV Fitness Assistant, Ashleigh! Ashleigh Boquist graduated with her BS in Human Nutrition, Foods, and Exercise (HNFE) from VT! Since joining WHV in June 2024, she has earned both her CNA and American College of Sports Medicine Physical Therapy (ACSM-PT) certifications. We're incredibly lucky that Ashleigh is staying in Blacksburg and continuing her work with us. She'll also be teaching fitness classes and is currently accepting new personal training clients. We couldn't be more proud of everything Ashleigh has accomplished in such a short time—and we know this is just the beginning!

Next, we're cheering for Radford University graduate, Emily! Emily Wright joined us as an academic intern in January 2025 and made an immediate impact. Always eager to learn and lend a hand, she balanced her internship with a job at Kroger while maintaining academic excellence. Recently, Emily graduated with honors and has accepted a position at The Jackson Clinic in Herndon, VA as an Exercise Specialist. Emily, we are so proud of you! The clients you'll be working with are in very good hands. You will be missed!

We wish them all the best on their next adventures!

Have You Seen Your Preferred Provider Card?

We recently delivered a Preferred Provider Card to each resident, and we want to make sure you know what it's for! If you ever need home health services—including skilled nursing, rehabilitative therapies, home health aides, or hospice care—this card lets you easily identify our on-site agency as your top choice.

Simply present the card to your doctor, discharge planner, or hospital team to let them know you'd like to use our trusted care team. Choosing our agency means receiving the same compassionate, high-quality care you're already familiar with—right here at home.

If you didn't receive your card or have any questions, please stop by the front desk at the Village Center. We're here for you—every step of the way.



The phone numbers normally displayed in this area will be back next month!
We were very tight on space this month. Thank you.