

The Arbor at the Kroontje Health Care Center All activities are 30-60 minutes in length. Activities are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>C – Creative/Mental</b> <b>P – Physical</b> <b>Pr – Productive</b> <b>S – Social</b> <b>Sn – Sensory</b> <b>R – Reflective</b> <b>O - Outdoor</b>					<b>1</b>  <b>9:00 Morning Music (R)</b> <b>9:30 Arbor Café (S)</b> <b>11:00 Balloon Toss (P)</b> <b>2:30 Afternoon Movie (S)</b>
<b>2</b>  <b>4:00 Church Service (R)</b> <b>Blacksburg Christian Fellowship</b>	<b>3 Labor Day</b> <b>9:00 Morning Music (R)</b> <b>9:30 Arbor Café and Labor Day Fun Facts (S)</b> <b>2:00 Adult Coloring (C)</b> <b>3:00 Bingo (S)</b>	<b>4</b> <b>9:00 Morning Music (R)</b> <b>9:30 Arbor Café (S)</b> <b>10:00 Catholic Communion (R)</b> <b>1:30 Pet Visit with Alf (SN)</b> <b>3:30 Exercise (P)</b> <b>4:15 Nail Treatment (SN)</b>	<b>5</b> <b>9:00 Morning Music (R)</b> <b>9:30 Arbor Café (S)</b> <b>10:30 Arts and Crafts (C)</b> <b>3:00 Bingo (S)</b> <b>4:30 Musical Performance George on Clarinet (R)</b>	<b>6</b> <b>9:00 Morning Music (R)</b> <b>9:30 Arbor Café (S)</b> <b>10:30 Adult Coloring (C)</b> <b>2:00 Sensory Time (SN)</b> <b>3:30 Exercise (P)</b> <b>4:00 Ring Toss (P)</b>	<b>7</b> <b>9:00 Morning Music (R)</b> <b>9:30 Arbor Café (S)</b> <b>10:30 Trivia (C)</b> <b>3:00 Bingo (S)</b> <b>4:00 Afternoon Movie and Popcorn (S)</b>	<b>8</b>  <b>9:00 Morning Music (R)</b> <b>9:30 Arbor Café (S)</b> <b>11:00 Balloon Toss (P)</b> <b>2:30 Afternoon Movie (S)</b>
<b>9 Assisted Living Week</b>  <b>4:00 Church Service (R)</b> <b>Grace Covenant Presbyterian Church</b>	<b>10 Assisted Living Week</b> <b>9:00 Morning Music (R)</b> <b>9:30 Arbor Café (S)</b> <b>2:00 Adult Coloring (R)</b> <b>3:00 Grab Bag Bingo (S)</b>	<b>11 Assisted Living Week</b> <b>9:00 Morning Music (R)</b> <b>9:30 Arbor Café (S)</b> <b>10:00 Communion (R)</b> <b>10:30 Making A Blanket (C)</b> <b>1:30 Hymns with Lois (R)</b> <b>1:30 Pet Visit with Alf (SN)</b> <b>2:30 Kyle The Caricaturist (S)</b> <b>3:30 Exercise (P)</b> <b>4:15 Nail Treatment (SN)</b>	<b>12 Assisted Living Week</b> <b>9:00 Morning Music (R)</b> <b>9:30 Arbor Café (S)</b> <b>10:30 Painting Class with Caroline (C)</b> <b>2:00 Chef Stage Center (S)</b> <b>3:00 Grab Bag Bingo (S)</b> <b>4:30 Musical Performance George on Clarinet (R)</b>	<b>13 Assisted Living Week</b> <b>9:00 Morning Music (R)</b> <b>9:30 Arbor Café (S)</b> <b>10:30 Game Time (C)</b> <b>2:00 Making Fried Apple Pies (P)</b> <b>3:30 Musical Performance (R) Stephen Ward</b> <b>4:00 Protestant Communion (R)</b>	<b>14 Assisted Living Week</b> <b>9:00 Morning Music (R)</b> <b>9:30 Arbor Café (S)</b> <b>10:30 Making a Diffuser Necklace (C)</b> <b>3:00 Hollywood Stars Party (S)</b> <b>4:00 Afternoon Movie (S)</b>	<b>15 Assisted Living Week</b>  <b>9:00 Morning Music (R)</b> <b>9:30 Arbor Café (S)</b> <b>11:00 Balloon Toss (P)</b> <b>2:30 Afternoon Movie (S)</b>
<b>16</b>  <b>4:00 Church Service (R)</b> <b>Blacksburg Christian Fellowship</b>	<b>17</b> <b>9:00 Morning Music (R)</b> <b>9:30 Arbor Café (S)</b> <b>2:00 Adult Coloring (R)</b> <b>3:00 Bingo (S)</b>	<b>18</b> <b>9:00 Morning Music (R)</b> <b>9:30 Arbor Café (S)</b> <b>10:00 Catholic Communion (R)</b> <b>1:30 Pet Visit with Alf (SN)</b> <b>3:30 Exercise (P)</b> <b>4:15 Nail Treatment (SN)</b>	<b>19</b> <b>9:00 Morning Music (R)</b> <b>9:30 Arbor Café (S)</b> <b>10:30 Adult Coloring (C)</b> <b>3:00 Birthday Social (S)</b> <b>4:30 Musical Performance George on Clarinet (R)</b>	<b>20</b> <b>9:00 Morning Music (R)</b> <b>9:30 Arbor Café (S)</b> <b>10:30 Fall Wreath Making (C)</b> <b>1:30 Scenic Ride (O)</b> <b>3:30 Exercise (P)</b>	<b>21</b> <b>9:00 Sing a-long with David (R)</b> <b>9:30 Arbor Café (S)</b> <b>10:30 Arts and Crafts (C)</b> <b>1:30 Sensory Serenity Room (SN)</b> <b>2:00 Pet Visit with Kodiak (SN)</b> <b>3:00 Bingo (S)</b> <b>4:00 Afternoon Movie (S)</b>	<b>22</b>  <b>9:00 Morning Music (R)</b> <b>9:30 Arbor Café (S)</b> <b>11:00 Balloon Toss (P)</b> <b>2:30 Afternoon Movie (S)</b>
<b>23</b>  <b>4:00 Church Service (R)</b> <b>Union Valley Pentecostal Church</b>	<b>24</b> <b>9:00 Morning Music (R)</b> <b>9:30 Arbor Café (S)</b> <b>2:00 Adult Coloring (R)</b> <b>3:00 Bingo (S)</b>	<b>25</b> <b>9:00 Morning Music (R)</b> <b>9:30 Arbor Café (S)</b> <b>10:00 Catholic Communion (R)</b> <b>1:30 Pet Visit with Alf (SN)</b> <b>3:30 Exercise (P)</b> <b>4:15 Nail Treatment (SN)</b>	<b>26</b> <b>9:00 Morning Music (R)</b> <b>9:30 Arbor Café (S)</b> <b>10:30 Cooking with Melissa (P)</b> <b>3:00 Bingo (S)</b> <b>4:00 Protestant Communion (R)</b> <b>4:30 Musical Performance George on Clarinet (R)</b>	<b>27</b> <b>9:00 Morning Music (R)</b> <b>9:30 Arbor Café (S)</b> <b>10:30 Game Time (C)</b> <b>3:30 Exercise (P)</b> <b>4:00 Musical Performance Sunny Side Band (R)</b>	<b>28</b> <b>9:00 Morning Music (R)</b> <b>9:30 Arbor Café (S)</b> <b>10:30 Arts and Crafts (C)</b> <b>3:00 Wine and Cheese Social (S)</b> <b>4:00 Afternoon Movie (S)</b>	<b>29</b>  <b>9:00 Morning Music (R)</b> <b>9:30 Arbor Café (S)</b> <b>11:00 Balloon Toss (P)</b> <b>2:30 Afternoon Movie (S)</b>