

The Willows at the Kroontje Health Care Center All activities are 30 - 45 minutes in length

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 2:30 Bingo (S) 4:00 Church Service (R) Blacksburg Christian Fellowship	2 10:00 Willows Café (S) 11:30 Bible Study with Robbie (R) 1:30 Game Time (C) 3:00 Bingo with APO of VT (S) 4:30 Exercises with Logan (P)	3 10:00 Willows Café (S) 10:00 Catholic Communion (R) 11:00 Discussion Group: Toys from the 30's (C) 1:30 Nail Treatment (SN) 3:45 Exercise Group (P)	4 10:00 Willows Café (S) 11:00 Arts and Crafts (C) 1:30 Rootbeer Float Social (S) 3:00 Bingo with APO of VT (S) 4:30 Musical Performance (R) George on Clarinet	5 10:00 Willows Café (S) 11:00 Hand Lotion Massage (SN) 1:30 Making Ice Cream (P) 4:00 Protestant Communion with Jim (R) 4:30 Pet Visit with Todd the Dog (SN)	6 9:00 Sing a-long with David (R) 10:00 Willows Café (S) 10:30 Trivia (C) 3:00 Bingo with APO of VT (S) 3:30 Afternoon Movie and Popcorn (S)	7 10:30 Willows Café (S) 2:30 Afternoon Movie and Popcorn (S)
8 2:30 Bingo (S) 4:00 Church Service (R) Grace Covenant Presbyterian Church	9 10:00 Willows Café (S) 11:00 Learn to Hand Weave with Elena (C) 1:30 Game Time (C) 3:00 Bingo with APO of VT (S) 4:30 Exercises with Logan (P)	10 10:00 Willows Café (S) 10:00 Catholic Communion (R) 11:00 Paper Mache (C) 1:30 Hymns with Lois (R) 3:45 Exercise Group (P)	11 10:00 Willows Café (S) 11:00 Hula Hoop Target Game (P) 1:30 Nail Treatment (SN) 3:00 Chef Stage Center (PR) 4:30 Musical Performance (R) George on Clarinet	12 10:00 Willows Café (S) 10:30 Hand Lotion Massage (SN) 1:30 Scenic Van Ride (O) 4:30 Pet Visit with Todd the Dog (SN)	13 10:00 Sing a-long with Kristi (R) 10:30 Willows Café (S) 10:30 Trivia (C) 3:00 Bingo with APO of VT (S) 3:30 Afternoon Movie and Popcorn (S)	14 10:30 Willows Café (S) 2:30 Afternoon Movie and Popcorn (S)
15 2:30 Bingo (S) 4:00 Church Service (R) Blacksburg Christian Fellowship	16 10:00 Willows Café (S) 11:00 Activity Planning Meeting with Jordan (PR) 1:30 Game Time (C) 3:00 Bingo with APO of VT (S) 4:30 Exercises with Logan (P)	17 10:00 Willows Café (S) 10:00 Catholic Communion (R) 11:00 Balloon Ball Exercise (P) 1:30 Nail Treatment (SN) 3:45 Exercise Group (P)	18 10:00 Willows Café (S) 11:00 Stretching Exercises (P) 1:30 Trivia (C) 3:00 Birthday Social (S) 4:30 Musical Performance (R) George on Clarinet	19 10:00 Willows Café (S) 11:30 Music with Robbie (R) 1:30 Wheel of Fortune (C) 4:00 Protestant Communion with Jim (R) 4:30 Pet Visit with Todd the Dog (SN)	20 10:00 Willows Café (S) 10:30 Trivia (C) 1:30 Making Reece's Cups (P) 3:00 Bingo with APO of VT (S) 3:30 Afternoon Movie and Popcorn (S)	21 10:30 Willows Café (S) 2:30 Afternoon Movie and Popcorn (S)
22 2:30 Bingo (S) 4:00 Church Service (R) Union Valley Pentecostal Church	23 10:00 Willows Café (S) 10:30 Making Personalized Mugs (C) 11:00 Discussion Group: Etiquette (C) 1:30 Game Time (C) 3:00 Bingo with APO of VT (S) 4:30 Exercises with Logan (P)	24 10:00 Willows Café (S) 10:00 Catholic Communion (R) 11:00 Making Halloween Head Bands (C) 1:30 Nail Treatment (SN) 3:45 Exercise Group (P)	25 10:00 Willows Café (S) 10:30 Pet Visit with Knobby (SN) 11:00 Fondue Party (S) 1:30 Bean Bag Toss (P) 3:00 Bingo with APO of VT (S) 4:30 Musical Performance (R) George on Clarinet	26 10:00 Willows Café (S) 11:00 Hand Lotion Massage (SN) 1:30 Scenic Van Ride-VT Campus Drive (O) 4:00 Musical Performance (R) Sunny Side Band 4:30 Pet Visit with Todd the Dog (SN)	27 9:00 Sing a-long with David (R) 10:00 Willows Café (S) 3:00 Wine & Cheese Social (S) 3:30 Afternoon Movie and Popcorn (S) 6:15 Apple Dumpling Gang (R)	28 10:30 Willows Café (S) 2:30 Afternoon Movie and Popcorn (S)
29 2:30 Bingo (S) 4:00 Church Service (R) Grace Light Baptist Church	30 10:00 Willows Café (S) 10:30 Abstract Painting (C) 11:00 Hula Hoop Target Game (P) 1:30 Game Time (C) 3:00 Bingo with APO of VT (S) 4:30 Exercises with Logan (P)	31 Halloween 10:00 Willows Café (S) 10:00 Catholic Communion (R) 11:00 Wheel of Fortune (C) 1:30 Nail Treatment (SN) 2:00 Recipe/Splash Review with Jen (PR) 3:45 Bean Bag Toss (P)				