


Sunday	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>1</b></p> <p>2:00-3:30 PM (SC3rd – EN) Λ Ω Scrabble</p> <p>2:00 – 4:00 PM (SC1st – ES) Movie Sunday:</p> <p>6:45 -7:30 PM (SC1st – ES) Λ Ω Sunday Evening Worship: <b>Maid in Manhattan</b> 1 hr 45 mins (2002) (Comedy, Drama, Romance) PG-13</p>	<p><b>2</b></p> <p>10:00 – 10:45 AM(SC1st – ES)Λ Wii Bowling 11:00 – 11:30 AM (SC1st – ES)∞ DVD Fitness and Toning <b>1:00 – 4:00 PM (AC) Λ Ω Bridge</b> 1:15 – 2:15 PM (SC1st – ES)∞ British Drama: Agatha Christie's Poirot, Series 1 2:30 – 3:00 PM (SCDR)∞Fitness w/ David: Seated Aerobic 6:45 – 8:30 PM (SC1st – ES) Λ Ω φ Monday Night Movie: <b>The Great Gilly Hopkins</b> 1 hr 39 mins (2015) (Comedy, Drama, Family) PG</p>	<p><b>3</b></p> <p>9:15 - 10:45 AM (SC3rd) Λ Mini Manicures 10:00 – 10:30 AM (SC1st – ES) ABC Fitness with Logan 11:00 – 11:30 AM (SC1st – ES) ∞ DVD-Fitness: Seated Strength Training 1:30 – 2:30 PM(SC1st – ES)\$ Λ Ω Bingo 6:00 – 7:30 PM (SC3rd)Λ Mini Manicures 6:30 – 7:15 PM (SC1st – ES) Λ Ω@ Writers group 7:30 – 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p><b>4</b></p> <p>10:00 – 10:45 AM (SC4th – TTL) Jewelry making with Mardy Radar 10:00 – 10:30 AM Λ Ω Catholic Communion 11:00 – 11:30 AM (SC1st – ES)∞ DVD Fitness: <b>1:00 – 2:00 PM (AC) Λ Ω Scrabble With Friends</b> 2:30 - 3:00 PM (SCDR)∞Fitness w/ David: Seated Aerobic 3:30 - 4:15 (Sc1st – ES) Wii Bowling with Melody <b>7:30pm-9:00pm (AC) New River Bird Club Meeting</b></p>	<p><b>5</b></p> <p>10:00 – 10:30 AM (SC1st-ES) ABC Fitness with Logan 10:00 AM – 12:00 PM (SC4th – TTL) Ω Beginning/Refresher Bridge class with Anne and Ted <b>10:00 – 11:00 AM (VC) Headline News Discussion Group</b> 11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training 1:30 - 2:30 PM (SC1st - ES)\$ Λ Ω Bingo 2:35 – 4:00 PM ( SC1st-ES) Bible Study: Daring Faith: 1<sup>st</sup> John 3:00 – 3:30 PM (SC Lob) Ω October Birthday Social/ Brain Aerobics 6:30 - 7:30 PM(SC1st - ES)Λ Ω@ Game Time with Ruthie</p>	<p><b>6</b></p> <p>10:00 – 10: 45 AM (SC 4<sup>th</sup> – TTL) Knitting and Chatting 11:00 – 11:30 AM (SC1st – ES) Seated Exercise DVD 1:15 – 2:15 AM (SC1st) BBC Call the Midwife <b>2:00 – 3:00 PM (AC) Gospel Sing-a-long with Robbie Vance</b> 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 3:00 – 3:30 PM (SCDR) Λ Ω Wine and Cheese Happy Hour <b>4:00 – 5:00 PM (AC) Village Birthday Celebration</b></p>	<p><b>7</b></p> <p>9:30 – 10:15 AM (SC1st – ES) Λ Morning Social 11:00 – 11:30 AM (SC1st – ES) Λ∞ Chair Stretches <b>11:00 AM – 12:00 PM (AC) Crafts with Randy</b> <b>1:00 – 3:00 PM (AC) Λ Ω Bingo</b> 2:00 – 4:00 PM (SC1st – ES) Λ Ω φ Afternoon Movie: <b>Paris Can Wait</b> 1 hr 32 mins (2016)</p>
<p><b>8</b></p> <p>2:00-3:30 PM (SC3rd – EN) Λ Ω Scrabble</p> <p><b>Table 19</b> 1 hr 27 mins (2017) (Comedy, Drama) Rated PG-13 2:00 – 4:00 PM (SC1st – ES) Classic Movie Sunday: <b>The Miracle Worker</b> 1 hr 46 mins (1962) (Biography, Drama) Rated Approved.</p> <p>6:45 -7:30 PM (SC1st – ES) Λ Ω Sunday Evening Worship:</p>	<p><b>9</b></p> <p>10:00 – 10:45 AM(SC1st – ES)Λ Wii Bowling 11:00 – 11:30 AM (SC1st – ES) ∞DVD Fitness Toning <b>1:00 – 4:00 PM (AC) Λ Bridge</b> 1:15 – 2:15 PM (SC1st – ES)∞ British Drama: Agatha Christie's Poirot, Series 1 2:30 – 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic <b>4:00 – 4:45 PM (AC) Λ Ω@ WHV Singers Rehearsal</b> 6:45 – 8:30 PM (SC1st – ES) Λ Ω φ Monday Night Movie: <b>Made of Honor</b> 1 hr 42 mins (2008) (Comedy, Romance) PG-13.</p>	<p><b>10</b></p> <p>9:15 - 10:45 (SC3rd) Λ Mini Manicures 10:00 – 10:30 AM (SC1st – ES) ABC Fitness with Logan 11:00 – 11:30 AM (SC1st – ES) ∞ DVD-Fitness: Seated Strength Training 12:30 – 1:30 (SC1st – ES) Cooking in the Kitchen with Kathy – Homemade Ice Cream 1:30 – 2:30 PM(SC1st – ES)\$ Λ Ω Bingo 3:00–3:30 PM (SC3rd)Λ Ω • Investigate the Bible 6:00 – 7:30 PM (SC3rd)Λ Mini Manicures 6:30 – 7:15 PM (SC1st – ES) Λ Ω@ Writers group <b>7:00 – 9:00 PM (VC) Native Plant Society Meeting</b> 7:30 – 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p><b>11</b></p> <p>10:00 – 10:30 AM Λ Ω Catholic Communion 11:00 – 11:30 AM (SC1st – ES)∞ DVD Fitness <b>1:00 – 2:00 PM (AC) Λ Ω Scrabble With Friends</b> 2:30 – 3:00 PM (SCDR)∞Fitness w/ David: Seated Aerobic 3:00 – 3:30 PM (SC1st – ES) What's Cooking with Nate 3:30 - 4:15 (Sc1st – ES) Wii Bowling with Melody <b>4:00 – 4:45 PM (AC) Λ Ω@ WHV Singers Rehearsal</b> <b>7:00 – 8:00 PM (TOH) DAR-Virginia &amp; World War I presentation</b></p>	<p><b>12</b></p> <p>10:00 – 10:30 AM (SC1st-ES) ABC Fitness with Logan 10:00 – 10:30 AM (SCConf) Episcopal Communion 10:00 – 10:45 AM (SCCR) Λ Ω Men's Group 10:00 AM – 12:00 PM (SC4th– TTL) Ω Beginning/Refresher Bridge class with Anne and Ted 11:00 – 11:30 AM (SC1st – ES) ∞ DVD-Fitness: Seated Strength Training 1:30 – 2:30 PM(SC1st – ES)\$ Λ Ω Bingo 2:35 – 4:00 PM (SC1st - ES) Bible Study: Daring Faith: 1<sup>st</sup> John 3:00 – 3:30 PM (4<sup>th</sup> – TTL) Brain Aerobics 6:30 – 7:30 PM(SC1st – ES)Λ Ω@ Game Time/ Ruthie</p>	<p><b>13</b></p> <p>10:00 – 10: 45 AM (SC 4<sup>th</sup> – TTL) Knitting and Chatting 11:00 – 11:30 AM (SC1st – ES) Seated Exercise DVD 1:15 – 2:15 AM (SC1st) BBC Call the Midwife 2:30 – 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 3:30 – 5:00 PM (SCLOB) – Montgomery Regional Mobile Library brings books for you to check out. <b>4:00 – 5:00 PM (AC) Friday Fun at Four</b></p>	<p><b>14</b></p> <p>9:30 – 10:15 AM (SC1st – ES) Λ Morning Social 11:00 – 11:30 AM (SC1st – ES) Λ∞ Chair Stretches <b>1:00 – 3:00 PM (AC) Λ Ω Bingo</b> 2:00 – 4:00 PM (SC1st – ES) Λ Ω φ Afternoon Movie: <b>Megan Leavy</b>, 1 hr 56 mins (2017) (Biography, Drama, War) PG-13.</p>

<p>15</p> <p>2:00-3:30 PM (SC3rd - EN) Λ Ω Scrabble</p> <p>2:00 - 4:00 PM (SC1st - ES) Movie Sunday: <b>Little Women</b> 1 hr 55 mins (1994) (Drama, Family, Romance) PG.</p> <p>6:45 -7:30 PM (SC1st - ES) Λ Ω Sunday Evening Worship:</p>	<p>16</p> <p>9:30-Noon (SC Conf) ∞Podiatrist</p> <p>11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness and Toning</p> <p>1:00 - 4:00 PM (AC) Λ Bridge</p> <p>1:15 - 2:15 PM (SC1st - ES)∞</p> <p>British Drama: Agatha Christie's Poirot, Series 1</p> <p>2:30 - 3:00 PM (SCDR) ∞</p> <p>Fitness w/ David: Seated Aerobic</p> <p>4:00 - 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</p> <p>6:45 - 8:30 PM (SC1st - ES) Λ Ω φ Monday Night Movie: <b>Fools Rush In</b> 1 hr 49 mins (1997) (Comedy, Drama, Romance) PG-13.</p>	<p>17</p> <p>9:15 - 10:45 (SC3rd) Λ Mini Manicures</p> <p>10:00 - 10:45 (SC1st - ES) Λ Christian Fellowship - Methodist</p> <p>10:00 - 10:30 AM (SC4th - TTL) ABC Fitness with Logan</p> <p>11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training</p> <p>12:30 - 1:30 (SC1st - ES) Cooking in the Kitchen with Kathy - Hungarian Apple Soup</p> <p>1:30 - 2:30 PM(SC3rd- ES))Λ Ω Bingo</p> <p>6:00 - 7:30 PM (SC3rd)Λ Mini Manicures</p> <p>6:30 - 7:15 PM (SC1st - ES) Λ Ω© Writers group</p> <p>7:30 - 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p>18</p> <p>10:00 - 10:30 AM Λ Ω Catholic Communion</p> <p>11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness</p> <p>1:00 - 2:00 PM (AC) Λ Ω Scrabble With Friends</p> <p>2:30 - 3:00 PM (SCDR) ∞</p> <p>Fitness w/ David: Seated Aerobic</p> <p>3:00 - 3:45 PM (SCDR)© Residents Meeting</p> <p>3:30 - 4:15 (Sc1st - ES) Wii Bowling with Melody</p> <p>4:00 - 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</p>	<p>19</p> <p>10:00 - 10:30 AM (SC1st-ES) ABC Fitness with Logan</p> <p>10:00 AM - 12:00 PM (SC4th - TTL) Ω Beginning/Refresher Bridge class with Anne and Ted</p> <p>10:00 - 11:00 AM (VC) <b>Headline News Discussion Group</b></p> <p>11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training</p> <p>1:30 - 2:30 PM(SC1st - ES)\$ Λ Ω Bingo</p> <p>2:30 - 4:00 PM (SC1st-ES) Bible Study: 1<sup>st</sup> John</p> <p>3:00 - 3:45 PM (SC4th-TTL) Sing-A- Long with Diane</p> <p>6:30 - 7:30 PM(SC1st - ES)Λ Ω© Game Time with Ruthie</p>	<p>20</p> <p>10:00 - 10: 45 AM (SC 4<sup>th</sup> - TTL) Knitting and Chatting</p> <p>11:00 - 11:30 AM (SC1st - ES) Seated Exercise DVD</p> <p>1:15 - 2:15 AM (SC1st) BBC Call the Midwife</p> <p>2:30 - 3:00 PM (SCDR) ∞</p> <p>Fitness w/ David: Seated Aerobic</p> <p>3:00 - 3:30 PM (SCDR) Λ Ω Wine and Cheese Happy Hour</p> <p>4:00 - 5:00 PM (VC) <b>Story Hour/Happy Hour</b></p>	<p>21</p> <p>9:30 - 10:15 AM (SC1st - ES) Λ Morning Social</p> <p>11:00 - 11:30 AM (SC1st - ES) Λ∞ Chair Stretches</p> <p>1:00 - 3:00 PM (AC) Λ Ω Bingo</p> <p>2:00 - 4:00 PM (SC1st-ES)Λ Ω φ Afternoon Movie: <b>The Lightkeepers</b> 1 hr 37 mins (2009) (Comedy) PG.</p>
<p>22</p> <p>2:00-3:30 PM (SC3rd - EN) Λ Ω Scrabble</p> <p>2:00 - 4:00 PM (SC1st- ES) Movie Sunday: <b>How to Lose a Guy in 10 Days</b> 1 hr 56 mins (2003) (Comedy, Romance) PG-13.</p> <p>6:45 -7:30 PM (SC1st - ES) Λ Ω Sunday Evening Worship:</p>	<p>23</p> <p>10:00 - 10:45 AM(SC1st - ES)Λ Wii Bowling</p> <p>11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness and Toning</p> <p>1:00 - 4:00 PM (AC) Λ Bridge</p> <p>1:15 - 2:15 PM (SC1st - ES)∞</p> <p>British Drama: Agatha Christie's Poirot, Series 1</p> <p>2:30 - 3:00 PM (SCDR) ∞</p> <p>Fitness w/ David: Seated Aerobic</p> <p>4:00 - 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</p> <p>6:45 - 8:30 PM (SC1st - ES) Λ Ωφ Monday Night Movie: <b>My Best Friend's Wedding</b> 1 hr 45 mins (1997) (Comedy, Drama, Romance) PG-13.</p>	<p>24</p> <p>9:15 - 10:45 (SC3rd) Λ Mini Manicures</p> <p>10:00 - 10:30 AM (SC1st - ES) ABC Fitness with Logan</p> <p>10:00 - 11:00 AM (SCCR) Λ Ω • Christian Fellowship - Presbyterian</p> <p>11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training</p> <p>1:30 - 2:30 PM(SC1st - ES)\$ Λ Ω Bingo</p> <p>3:00-3:30 PM (SC3rd) Λ Ω • Investigate the Bible</p> <p>6:00 - 7:30 PM (SC3rd)Λ Mini Manicures with VT Students</p> <p>6:30 - 7:15 PM (SC1st - ES) Λ Ω© Writers group</p> <p>7:30 - 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p>25</p> <p>10:00 - 10:30 AM Λ Ω Catholic Communion</p> <p>11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness</p> <p>1:00 - 2:00 PM (AC) Λ Ω Scrabble With Friends</p> <p>2:30 - 3:00 PM (SCDR) ∞</p> <p>Fitness w/ David: Seated Aerobic</p> <p>3:30 - 4:15 (Sc1st - ES) Wii Bowling with Melody</p> <p>4:00 - 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</p>	<p>26</p> <p>10:00 - 10:30 AM (SC1st-ES) ABC Fitness with Logan</p> <p>10:00 - 10:45 AM (SCCR) Λ Ω Men's Group</p> <p>10:00 AM - 12:00 PM (SC4th - TTL) Ω Beginning/Refresher Bridge class with Anne and Ted</p> <p>11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training</p> <p>1:30 - 2:30 PM(SC1st - ES)\$ Λ Ω Bingo</p> <p>2:35 - 4:00 PM (SC1st-ES) Bible Study: Daring Faith: 1<sup>st</sup> John</p> <p>3:00 - 3:30 PM (4<sup>th</sup> - TTL) Brain Aerobics</p> <p>6:30 - 7:30 PM(SC1st - ES)Λ Ω© Game Time w/Ruthie</p>	<p>27</p> <p>10:00 - 10: 45 AM (SC 4<sup>th</sup> - TTL) Knitting and Chatting</p> <p>11:00 - 11:30 AM (SC1st - ES) Seated Exercise DVD</p> <p>1:15 - 2:15 AM (SC1st) BBC Call the Midwife</p> <p>2:30 - 3:00 PM (SCDR) ∞</p> <p>Fitness w/ David: Seated Aerobic</p> <p>3:30 - 5:00 PM (SCLOB) - Montgomery Regional Mobile Library brings books for you to check out.</p> <p>4:00 - 6:00 PM (VC) <b>Fourth Friday Karaoke at the VC</b></p>	<p>28</p> <p>9:30 - 10:15 AM (SC1st - ES) Λ Morning Social</p> <p>11:00 - 11:30 AM (SC1st - ES) Λ∞ Chair Stretches</p> <p>11:00 AM - 12:00 P) (AC) <b>Play With Your Food - Creative Corner</b></p> <p>1:00 - 3:00 PM (AC) Λ Ω Bingo</p> <p>2:00 - 4:00 PM (SC1st-ES)Λ Ω φ Afternoon Movie: <b>Chasing Liberty</b> 1 hr 51 mins (2004) (Comedy, Romance) PG-13.</p>
<p>29</p> <p>2:00-3:30 PM (SC3rd - EN) Λ Ω Scrabble</p> <p>2:00 - 4:00 PM (SC1st- ES) Movie Sunday: <b>The Proposal</b> 1 hr 48 mins (2009) (Comedy, Drama, Romance) PG-13.</p> <p>6:45 -7:30 PM (SC1st - ES) Λ Ω Sunday Evening Worship:</p>	<p>30</p> <p>10:00 - 10:45 AM(SC1st - ES)Λ Wii Bowling</p> <p>11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness and Toning</p> <p>1:00 - 4:00 PM (AC) Λ Bridge</p> <p>1:15 - 2:15 PM (SC1st - ES)∞</p> <p>British Drama: Agatha Christie's Poirot, Series 1</p> <p>2:30 - 3:00 PM (SCDR) ∞</p> <p>Fitness w/ David: Seated Aerobic</p> <p>4:00 - 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</p> <p>6:45 - 8:30 PM (SC1st - ES) Λ Ωφ Monday Night Movie: <b>Two Weeks Notice</b> 1 hr 41 mins (2002) (Comedy, Romance) PG-13.</p>	<p>31</p> <p>9:15 - 10:45 AM (SC3rd) Λ Mini Manicures</p> <p>10:00 - 10:30 AM (SC1st - ES) ABC Fitness with Logan</p> <p>11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training</p> <p>12:30 - 1:30 (SC1st - ES) Cooking in the Kitchen with Kathy -Apple Brown Betty</p> <p>1:30 - 2:30 PM(SC3rd)\$ Λ Ω Bingo</p> <p>3:00-3:30 PM Λ Ω • Investigate the Bible</p> <p>6:00 - 7:30 PM (SC3rd)Λ Mini Manicures</p> <p>6:30 - 7:15 PM (SC1st - ES) Λ Ω© Writers group</p> <p>7:30 - 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p>Movies Sponsored by:</p>  <p>Montgomery-Floyd Regional Library One stop, unlimited possibilities</p>	<p><b>Activities are subject to change. Please check daily activity calendar.</b></p>	<p><b>Calendar Codes</b></p> <p>Physical- ∞</p> <p>Social- Λ</p> <p>Cognitive/Intellectual- Ω</p> <p>Productive-©</p> <p>Sensory-φ</p> <p>Reflective-•</p> <p>Outdoor-△</p> <p>Nature-≈</p> <p>Community-⏟</p>	<p><b>Calendar Codes</b></p> <p>SCLOB - Showalter Lobby</p> <p>SCCR - Showalter Conference Room</p> <p>SCDR - Showalter Dining Room</p> <p>SC1st - ES - Elmwood Studio</p> <p>SC3rd - EN - Engleberry Nook</p> <p>SC 4<sup>th</sup> - TTL - Tree Top Lounge</p> <p>AC - Karr Activity Center</p> <p>VC - Village Center</p> <p>Events TOH - Tall Oaks Hall</p>