

The Arbor at the Kroontje Health Care Center All activities are 30 - 45 minutes in length

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 2:30 Bingo (S) 4:00 Church Service (R) Blacksburg Christian Fellowship	2 9:30 Arbor Café (S) 10:30 Name 5 (C) 2:00 Sorting and Organizing (C) 3:00 Bingo with APO of VT 4:15 Kickball (P)	3 9:30 Arbor Café (S) 10:00 Catholic Communion (R) 10:30 Balloon Toss (P) 11:00 Cooking Group (P) 2:15 Once Upon a Time (C) 4:15 Nail Treatment (SN)	4 9:30 Arbor Café (S) 10:30 Puzzles (C) 11:00 Hot Potato Game (P) 2:00 Finishing the Song (C) 3:00 Bingo with APO of VT 4:30 Musical Performance (R) George on Clarinet	5 9:30 Arbor Café (S) 10:30 Hand Lotion Massage (SN) 11:00 Playing Basketball (P) 2:00 Time for Trivia (C) 4:00 Protestant Communion with Jim (R) 4:30 Pet Visit with Todd (SN)	6 9:30 Arbor Café (S) 10:00 Jamming Session (P) 11:00 Bean Bag Toss (P) 3:00 Bingo with APO of VT 4:15 Arts and Crafts (C)	7 9:30 Arbor Café (S) 2:30 Afternoon Movie and Popcorn (S)
8 2:30 Bingo (S) 4:00 Church Service (R) Grace Covenant Presbyterian Church	9 9:30 Arbor Café (S) 11:00 Playing Golf (P) 2:00 Reading Poems (C) 3:00 Bingo with APO of VT 4:15 Bowling (P)	10 9:30 Arbor Café (S) 10:00 Catholic Communion (R) 10:30 Parachute Exercise (P) 11:00 Cooking Group (P) 1:30 Hymns with Lois (R) 4:15 Nail Treatment (SN)	11 9:30 Arbor Café (S) 10:30 Building Structures (C) 11:00 Music and Movement (P) 2:00 Famous Places (C) 3:00 Chef Stage Center (S) 4:30 Musical Performance (R) George on Clarinet	12 9:30 Arbor Café (S) 10:30 Making Coffee Filter Flowers (C) 11:00 Sports Time (P) 1:30 Scenic Van Ride (O) 4:30 Pet Visit with Todd (SN)	13 9:30 Arbor Café (S) 10:30 Hand Lotion Massage (SN) 11:00 Sing a-long (C) 2:00 Hand Lotion Massage (SN) 3:00 Bingo with APO of VT 4:15 Bean Bag Toss (P)	14 9:30 Arbor Café (S) 2:30 Afternoon Movie and Popcorn (S)
15 2:30 Bingo (S) 4:00 Church Service (R) Blacksburg Christian Fellowship	16 9:30 Arbor Café (S) 10:30 Arts and Crafts-Painting Halloween Scenes (C) 11:00 Balloon Toss (P) 2:00 Sensory Time (SN) 3:00 Bingo with APO of VT 4:15 Jamming Session (P)	17 9:30 Arbor Café (S) 10:00 Catholic Communion (R) 11:00 Cooking with Melodie (P) 2:00 Hand Lotion Massage (SN) 4:15 Nail Treatment (SN)	18 9:30 Arbor Café (S) 11:00 Puzzles with Melodie (C) 1:30 Bean Bag Toss (P) 3:00 Birthday Social (PR) 4:30 Musical Performance (R) George on Clarinet	19 9:30 Arbor Café (S) 11:00 Color Wheel Game (C) 11:30 Music with Robbie (R) 4:00 Protestant Communion with Jim (R) 4:30 Pet Visit with Todd the Dog (SN)	20 9:00 Sing a-long with David (R) 9:30 Arbor Café (S) 10:30 Adult Coloring (C) 2:00 Reading Group (C) 3:00 Bingo with APO of VT 4:15 Moving to the Music (P)	21 9:30 Arbor Café (S) 2:30 Afternoon Movie and Popcorn (S)
22 2:30 Bingo (S) 4:00 Church (R) Union Valley Pentecostal Church	23 9:30 Arbor Café (S) 10:30 Arts and Craft (C) 2:00 Hand Lotion Massage (SN) 3:00 Bingo with APO of VT 4:15 Playing Basketball (P)	24 9:30 Arbor Café (S) 10:00 Catholic Communion (R) 10:30 Mystery Sensory (SN) 11:00 Cooking Group (P) 2:15 Playing Golf (P) 4:15 Nail Treatment (SN)	25 9:30 Arbor Café (S) 10:30 Pet Visit with Knobby (SN) 11:00 Puzzles with Melodie (C) 2:00 Balloon Toss (P) 3:00 Bingo with APO of VT (S) 4:30 Musical Performance (R) George on Clarinet	26 9:30 Arbor Café (S) 10:30 Sing a-long with Melodie (R) 11:00 Playing Golf (P) 1:30 Scenic Van Ride-VT Campus Drive (O) 4:00 Musical Performance (DR) Sunny Side Band 4:30 Pet Visit with Todd the Dog (SN)	27 9:30 Arbor Café (S) 10:00 Sing a-long with Kristi (R) 11:00 Hot Potato Game (P) 2:00 Matching Game (C) 3:00 Wine and Cheese (S) 6:15 Apple Dumpling Gang (R)	28 9:30 Arbor Café (S) 2:30 Afternoon Movie and Popcorn (S)
29 2:30 Bingo (S) 4:00 Church Service (R) Grace Light Baptist Church	30 9:30 Arbor Café (S) 10:30 Arts and Crafts (C) 11:00 Color Wheel Game (C) 2:00 Sing a-long (C) 3:00 Bingo with APO of VT 4:15 Parachute Exercise (P)	31 Halloween 9:30 Arbor Café (S) 10:00 Catholic Communion (R) 10:30 Puzzles (C) 11:00 Cooking Group (P) 2:00 Splash/Recipe Review with Jen (PR) 4:15 Nail Treatment (SN)				 Warm Hearth Village Caring, Sharing and Growing