


## The Willows at the Kroontje Health Care Center All activities are 30-45 minutes in length

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<b>1</b> 10:00 Willow's Café 11:00 Nail Treatment (SN) 1:30 Game Time (C) 3:00 Bingo (S)	<b>2</b> 10:00 Willows Café (S) 10:00 Catholic Communion (R) 11:00 Bean Bag Toss (P) 1:30 Pet Visit with Alf (SN) 3:30 Sit and Be Fit Class (P)	<b>3</b> 10:00 Willows Café (S) 11:00 Horseshoes (P) 1:30 Hat Talk (C) 3:00 Bingo (S) <b>4:30 Music Performance</b> <b>George on Clarinet (R)</b>	<b>4</b> 10:00 Willows Café (S) 11:00 Hand Lotion Massage (SN) 1:30 Adult Coloring (C) 3:30 Sit and Be Fit Class (P) 4:00 Protestant Communion (R)	<b>5</b> <b>9:00 Sing a-long with David (R)</b> 10:00 Willows Café (S) 11:00 Trivia (C) 3:00 Bingo (S) 3:30 Afternoon Movie (S)	<b>6</b> 10:30 Willows Café (S) <b>2:00 Musical Performance (R)</b> 3:00 Bingo (S)	
	<b>7</b> 4:00 Church Service (R) Blacksburg Christian Fellowship	<b>8 Columbus Day</b> 10:00 Willows Café (S) 11:00 Nail Treatment (SN) 1:30 Game Time (C) 3:00 Bingo (S)	<b>9</b> 10:00 Willows Café (S) 10:00 Catholic Communion (R) <b>11:00 Making Caramel Apples (P)</b> 1:30 Pet Visit with Alf (SN) <b>1:30 Hymns with Lois (R)</b> 3:30 Sit and Be Fit Class (P)	<b>10</b> 10:00 Willows Café (S) 11:00 Adult Coloring (C) 1:30 Nail Treatment (SN) 3:00 Bingo (S) <b>4:30 Music Performance</b> <b>George on Clarinet (R)</b>	<b>11</b> 10:00 Willows Café (S) 11:00 Hand Lotion Massage (SN) <b>1:30 Scenic Ride (O)</b> 3:30 Sit and Be Fit Class (P)	<b>12</b> 10:00 Willows Café (S) 10:30 Trivia (C) 3:00 Bingo (S) 3:30 Afternoon Movie (S)	<b>13</b> 10:30 Willows Café (S) 1:30 Game Time (C) 3:00 Bingo (S)
	<b>14</b> 4:00 Church Service (R) Grace Covenant Presbyterian Church	<b>15</b> 10:00 Willows Café (S) 11:00 Activity Planning Meeting (PR) 1:30 Game Time (C) 3:00 Bingo (S)	<b>16</b> 10:00 Willows Café (S) 10:00 Catholic Communion (R) <b>10:30 Arts and Crafts (C)</b> 1:30 Pet Visit with Alf (SN) 3:30 Sit and Be Fit Class (P)	<b>17</b> 10:00 Willows Café (S) 11:00 Horse Shoes (P) 1:30 Nail Treatment (SN) <b>2:00 Chef Stage Center (S)</b> 3:00 Birthday Social (S) <b>4:30 Music Performance</b> <b>George on Clarinet (R)</b>	<b>18</b> 10:00 Willows Café (S) 11:00 Hand Lotion Massage (SN) 1:30 Game Time (C) 3:30 Sit and Be Fit Class (P) 4:00 Protestant Communion (R)	<b>19</b> 10:00 Willows Café (S) 11:00 Trivia (C) <b>1:30 Decorate A Foam Ghost (C)</b> 3:00 Bingo (DR) 3:30 Afternoon Movie (S)	<b>20</b> 10:30 Willows Café (S) 1:30 Game Time (C) 3:00 Bingo (S)
	<b>21</b> 4:00 Church Service (R) Blacksburg Christian Fellowship	<b>22</b> 10:30 Willows Café (S) 1:30 Ghost Stories (S) 3:00 Bingo (S)	<b>23</b> 10:00 Willows Café (S) 10:00 Catholic Communion (R) <b>10:30 Joy Singers (R)</b> 1:30 Pet Visit with Alf (SN) 3:30 Sit and Be Fit Class (P)	<b>24</b> 10:00 Willows Café (S) 11:00 Nail Treatment (SN) 1:30 Bean Bag Toss (P) 3:00 Bingo (S) <b>4:30 Music Performance</b> <b>George on Clarinet (R)</b>	<b>25</b> 10:00 Willows Café (S) 11:00 Hand Massage(SN) <b>1:30 Halloween Committee Meeting with Activities (S)</b> 3:30 Sit and Be Fit Class (P) <b>4:00 Music Performance</b> <b>Sunny Side Band (R)</b>	<b>26</b> <b>9:00 Sing a-long with David (R)</b> 10:00 Willows Café (S) 10:30 Resident Council (PR) 3:00 Wine & Cheese (S) 3:30 Afternoon Movie	<b>27</b> 10:30 Willows Café (S) 1:30 Game Time (C) 3:00 Bingo (S)
	<b>28</b> 4:00 Church Service (R) Union Valley Pentecostal Church	<b>29</b> 10:00 Willows Café (S) 11:00 Nail Treatment (SN) 1:30 Game Time (C) 3:00 Bingo (S)	<b>30</b> 10:00 Willows Café (S) 10:00 Communion (R) 11:00 Balloon Volleyball (P) 1:30 Pet Visit with Alf (SN) 3:30 Sit and Be Fit Class (P)	<b>31</b> 10:00 Willows Café (S) 10:30 Decorating for Halloween (S) 11:00 Arts and Crafts (C) 3:00 Halloween Party (S) <b>4:30 Music Performance</b> <b>George on Clarinet (R)</b>	C – Creative/Mental P – Physical PR – Productive S – Social SN – Sensory R – Reflective O - Outdoor	