


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>OCTOBER</p> <p>whv Warm Hearth Village Caring, Sharing and Growing</p>	<p>1 10:00 – 10:45 AM Coffee Social (ES – S) 11:00 – 11:30 AM DVD Fitness (ES – P) 1:00 – 4:00 PM Bridge (AC – C) 1:30 – 2:15 PM Once Upon A Time Series (ES – SN) 2:30 – 3:00 PM Seated Aerobics (SCDR – P) 4:00 – 4:45 Warm Hearth Singers (AC – PR) 6:45 – 8:30 PM Evening Movie: (ES – SN)</p>	<p>2 10:00 – 10:45 AM Coffee Social (ES – S) 11:00 – 11:30 AM DVD Fitness (ES – P) 1:30 – 2:30 Bingo (ES – C) 3:00 – 3:45 PM Warm Hearth at Home Presentation (SCDR – C) 4:00 – 4:45 PM (ES – C) Spanish Lessons 6:00 – 7:15 PM Mini Manicures (EN – S) 6:30 – 7:15 PM Writers Group (ES – PR) 7:30 – 8:30 PM AA Meeting for WHV (SCCR – S)</p>	<p>3 10:00 – 10:30 AM Catholic Communion (ES – R) 11:00 – 11:30 AM DVD Fitness (ES – P) 2:30 – 3:00 PM Seated Aerobics (SCDR – P) 3:00 – 3:30 PM Helping Hands of Showalter (SCCR – S) 4:00 – 4:45 PM Warm Hearth Singers (AC – PR) 7:30 – 9:00 PM New River Bird Club Meeting (AC – PR)</p>	<p>4 9:00 – 9:45 AM Beginning Bridge with Ted (TTL – C) 10:00 AM – 12:00 PM Refresher Bridge with Ted & Anne (TTL – C) 10:00 – 11:00 AM News Discussion Group (VC – C) 11:00 – 11:30 AM DVD Fitness (ES – P) 1:30 – 2:30 PM Bingo (ES – C) 2:35 – 4:00 PM Bible Study (ES – R) 3:00 – 3:30 Monthly Birthday Social (SCLob – S) 6:30 – 7:30 Games with Ruthie (ES – C)</p>	<p>5 10:00 – 10:45 AM Knitting & Chatting (TTL – PR) 11:00 – 11:30 AM DVD Fitness (ES – P) 2:00 – 3:00 PM Gospel Singing with Robbie Vance (AC – R) 2:30 – 3:00 PM Seated Aerobics (SCDR – P) 3:00 – 3:30 PM Happy Hour (SCDR – S) 4:00 – 5:00 PM 1st Friday Social (AC)</p>	<p>6 9:30 – 10:15 AM Morning Social (ES – S) 11:00 – 11:30 AM Chair Stretches (ES – P) 2:00 – 4:00 PM Afternoon Movie: (ES – SN)</p>
<p>7 2:00 – 3:30 PM Scrabble (EN – C) 2:00 – 4:00 PM Afternoon Movie: (ES – SN) 6:45 – 7:30 PM Evening Worship (ES – R)</p>	<p>8 Columbus Day 10:00 – 10:45 AM Coffee Social (ES – S) 11:00 – 11:30 AM DVD Fitness (ES – P) 1:00 – 4:00 PM Bridge (AC – C) 1:30 – 2:15 PM Once Upon A Time Series (ES – SN) 2:30 – 3:00 PM Seated Aerobics (SCDR – P) 4:00 – 4:45 Warm Hearth Singers (AC – PR) 6:45 – 8:30 PM Evening Movie: (ES – SN)</p>	<p>9 10:00 – 10:45 AM Coffee Social (ES – S) 11:00 – 11:30 AM DVD Fitness (ES – P) 1:30 – 2:30 Bingo (ES – C) 3:00 – 3:30 PM Investigate the Bible (EN – R) 4:00 – 5:15 Mobile Library (SCLob – C) 4:00 – 4:45 PM (ES – C) Spanish Lessons 6:00 – 7:15 PM Mini Manicures (EN – S) 6:30 – 7:15 PM Writers Group (ES – PR) 7:30 – 8:30 PM AA Meeting for WHV (SCCR – S)</p>	<p>10 10:00 – 10:30 AM Catholic Communion (ES – R) 11:00 – 11:30 AM DVD Fitness (ES – P) 2:30 – 3:00 PM Seated Aerobics (SCDR – P) 3:00 – 3:30 PM Resident Meeting (SCDR – PR) 4:00 – 4:45 PM Warm Hearth Singers (AC – PR)</p>	<p>11 9:00 – 9:45 AM Beginning Bridge with Ted (TTL – C) 10:00 – 10:30 Episcopal Communion (SCCR – R) 10:00 AM – 12:00 PM Refresher Bridge with Ted & Anne (TTL – C) 10:00 – 11:00 AM New Discussion Group (VC – C) 11:00 – 11:30 AM DVD Fitness (ES – P) 1:30 – 2:30 PM Bingo (ES – C) 2:35 – 4:00 PM Bible Study (ES – R) 3:00 – 3:30 Brain Aerobics (TTL – C) 3:00 – 4:30 PM Bob & Booze swim & Drink (VC – P) 6:30 – 7:30 Games with Ruthie (ES – C)</p>	<p>12 10:00 – 10:45 AM Knitting & Chatting (TTL – PR) 11:00 – 11:30 AM DVD Fitness (ES – P) 1:00 – 2:15 PM What's To Eat (ES – PR) 2:30 – 3:00 PM Seated Aerobics (SCDR – P) 3:00 – 3:30 PM Happy Hour (SCDR – S) 5:00 – 5:45 PM Dinner & Music (SCDR – SN)</p>	<p>13 9:30 – 10:15 AM Morning Social (ES – S) 11:00 – 11:30 AM Chair Stretches (ES – P) 2:00 – 4:00 PM Afternoon Movie: (ES – SN)</p>

<p>14 2:00 – 3:30 PM Scrabble (EN – C) 2:00 – 4:00 PM Afternoon Movie: (ES – SN) 6:45 – 7:30 PM Evening Worship (ES – R)</p>	<p>15 9:00 AM – 12:00 PM Podiatrist Clinic (SCCR) 11:00 – 11:30 AM DVD Fitness (ES – P) 1:00 – 2:00 PM Hearing Aid Clinic (SCCR) 1:00 – 4:00 PM Bridge (AC – C) 1:30 – 2:15 PM Once Upon A Time Series (ES – SN) 2:30 – 3:00 PM Seated Aerobics (SCDR – P) 4:00 – 4:45 Warm Hearth Singers (AC – PR) 6:45 – 8:30 PM Evening Movie: (ES – SN)</p>	<p>16 10:00 – 10:45 AM Christian Fellowship (ES – R) 11:00 – 11:30 AM DVD Fitness (ES – P) 1:30 – 2:30 Bingo (ES – C) 3:00 – 3:30 Flu Prevention (ES – C) 4:00 – 4:45 PM (ES – C) Spanish Lessons 6:00 – 7:15 PM Mini Manicures (EN – S) 6:30 – 7:15 PM Writers Group (ES – PR) 7:30 – 8:30 PM AA Meeting for WHV (SCCR – S)</p>	<p>17 10:00 – 10:30 AM Catholic Communion (ES – R) 11:00 – 11:30 AM DVD Fitness (ES – P) 1:00 – 1:45 PM Music Matters (ES – S) 2:30 – 3:00 PM Seated Aerobics (SCDR – P) 3:00 – 3:30 PM Tea Time with Nate (ES – S) 4:00 – 4:45 PM Warm Hearth Singers (AC – PR)</p>	<p>18 9:00 – 9:45 AM Beginning Bridge with Ted (TTL – C) 10:00 AM – 12:00 PM Refresher Bridge with Ted & Anne (TTL – C) 10:00 – 11:00 AM New Discussion Group (VC – C) 11:00 – 11:30 AM DVD Fitness (ES – P) 1:30 – 2:30 PM Bingo (ES – C) 2:35 – 4:00 PM Bible Study (ES – R) 3:00 – 3:45 PM Sing A-Long with Diane (TTL – R) 6:30 – 7:30 Games with Ruthie (ES – C)</p>	<p>19 10:00 – 10:45 AM Knitting & Chatting (TTL – PR) 11:00 – 11:30 AM DVD Fitness (ES – P) 2:30 – 3:00 PM Seated Aerobics (SCDR – P) 3:00 – 3:30 PM Happy Hour (SCDR – S) 4:00 – 5:00 PM Story Hour/Happy Hour (VC – S)</p>	<p>20 9:30 – 10:15 AM Morning Social (ES – S) 11:00 – 11:30 AM Chair Stretches (ES – P) 2:00 – 4:00 PM Afternoon Movie: (ES – SN)</p>
<p>21 2:00 – 3:30 PM Scrabble (EN – C) 2:00 – 4:00 PM Afternoon Movie: (ES – SN) 6:45 – 7:30 PM Evening Worship (ES – R)</p>	<p>22 10:00 – 10:45 AM Coffee Social (ES – S) 11:00 – 11:30 AM DVD Fitness (ES – P) 1:00 – 4:00 PM Bridge (AC – C) 1:30 – 2:15 PM Once Upon A Time Series (ES – SN) 2:30 – 3:00 PM Seated Aerobics (SCDR – P) 4:00 – 4:45 Warm Hearth Singers (AC – PR) 6:45 – 8:30 PM Evening Movie: (ES – SN)</p>	<p>23 10:00 – 11:00 AM Christian Fellowship (SCCR – R) 11:00 – 11:30 AM DVD Fitness (ES – P) 1:30 – 2:30 Bingo (ES – C) 3:00 – 3:30 PM Investigate the Bible (EN – R) 4:00 – 5:15 Mobile Library (SCLob – C) 4:00 – 4:45 PM (ES – C) Spanish Lessons 6:00 – 7:15 PM Mini Manicures (EN – S) 6:30 – 7:15 PM Writers Group (ES – PR) 7:30 – 8:30 PM AA Meeting for WHV (SCCR – S)</p>	<p>24 10:00 – 10:30 AM Catholic Communion (ES – R) 11:00 – 11:30 AM DVD Fitness (ES – P) 2:30 – 3:00 PM Seated Aerobics (SCDR – P) 4:00 – 4:45 PM Warm Hearth Singers (AC – PR)</p>	<p>25 9:00 – 9:45 AM Beginning Bridge with Ted (TTL – C) 10:00 AM – 12:00 PM Refresher Bridge with Ted & Anne (TTL – C) 11:00 – 11:30 AM DVD Fitness (ES – P) 1:30 – 2:30 PM Bingo (ES – C) 2:35 – 4:00 PM Bible Study (ES – R) 3:00 – 3:30 Brain Aerobics (TTL – C) 3:00 – 4:30 PM Bob & Booze swim & Drink (VC – P) 6:30 – 7:30 Games with Ruthie (ES – C)</p>	<p>26 10:00 – 10:45 AM Knitting & Chatting (TTL – PR) 11:00 – 11:30 AM DVD Fitness (ES – P) 1:00 – 2:15 PM What's To Eat (ES – PR) 2:30 – 3:00 PM Seated Aerobics (SCDR – P) 3:00 – 3:30 PM Happy Hour (SCDR – S)</p>	<p>27 9:30 – 10:15 AM Morning Social (ES – S) 11:00 – 11:30 AM Chair Stretches (ES – P) 2:00 – 4:00 PM Afternoon Movie: (ES – SN)</p>
<p>28 2:00 – 3:30 PM Scrabble (EN – C) 2:00 – 4:00 PM Afternoon Movie: (ES – SN) 6:45 – 7:30 PM Evening Worship (ES – R)</p>	<p>29 10:00 – 10:45 AM Coffee Social (ES – S) 11:00 – 11:30 AM DVD Fitness (ES – P) 1:00 – 4:00 PM Bridge (AC – C) 1:30 – 2:15 PM Once Upon A Time Series (ES – SN) 2:30 – 3:00 PM Seated Aerobics (SCDR – P) 4:00 – 4:45 Piano & Clarinet Musical Performance (AC – SN) 6:45 – 8:30 PM Evening Movie: (ES – SN)</p>	<p>30 10:00 – 10:45 AM Coffee Social (ES – S) 11:00 – 11:30 AM DVD Fitness (ES – P) 1:30 – 2:30 Bingo (ES – C) 4:00 – 4:45 PM (ES – C) Spanish Lessons 6:00 – 7:15 PM Mini Manicures (EN – S) 6:30 – 7:15 PM Writers Group (ES – PR) 7:30 – 8:30 PM AA Meeting for WHV (SCCR – S)</p>	<p>31 Halloween 10:00 – 10:30 AM Catholic Communion (ES – R) 11:00 – 11:30 AM DVD Fitness (ES – P) 2:00 – 3:00 PM (SCDR – S) Halloween Social Alice in Wonderland Tea Time 4:00 – 4:45 PM Warm Hearth Singers (AC – PR)</p>	<p>Calendar Codes <i>Physical – P</i> <i>Social – S</i> <i>Cognitive/Intellectual – C</i> <i>Productive – PR</i> <i>Sensory – SN</i> <i>Reflective – R</i> <i>Outdoor – O</i> <i>Nature – N</i> <i>Community – CM</i></p>	<p>Calendar Codes <i>SCLOb – Showalter Lobby</i> <i>SCCR – Showalter</i> <i>Conference Room</i> <i>SCDR – Showalter Dining</i> <i>Room</i> <i>SC1st – ES - Elmwood</i> <i>Studio</i> <i>SC3rd - EN – Elderberry Nook</i> <i>SC 4th - TTL – Tree Top Lounge</i> <i>AC – Karr Activity Center</i> <i>VC – Village Center Events</i> <i>TOH - Tall Oaks Hall</i> <i>Carson Library – New River</i> <i>House</i></p>	<p>For information regarding Activities, please contact Jonathan Tate, ADC at jtate@warmhearth.org org 540-443-0407</p>

Activities are subject to change. Please check daily activity calendar for updates.