


Sunday	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Calendar Codes</b>                      Physical- ∞                      Social- Λ                      Cognitive/Intellectual- Ω                      Productive- ©                      Sensory- φ                      Reflective- •                      Outdoor- △                      Nature- ~                      Community- ≡</p>	<p><b>Calendar Codes</b>                      SCLob – Showalter Lobby                      SCCR – Showalter Conference Room                      SCDR – Showalter Dining Room                      SC1st – ES - Elmwood Studio                      SC3rd - EN – Engleberry Nook                      SC 4<sup>th</sup> - TTL – Tree Top Lounge                      AC – Karr Activity Center                      VC – Village Center Events                      TOH - Tall Oaks Hall</p>	<p><b>Movies Sponsored by:</b></p> 	<p><b>1</b>                      10:00 – 10:30 AM Λ Ω Catholic Communion (cancelled)                      11:00 – 11:30 AM (SC1st – ES) ∞ DVD Fitness:                      1:00 – 2:00 PM (AC) Λ Ω Scrabble With Friends                      2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic                      3:00 – 3:30 PM (SCCR) Helping Hands of Showalter                      3:30 - 4:15 (Sc1st – ES) Wii Bowling with Melody                      7:30pm-9:00pm (AC) New River Bird Club Meeting</p>	<p><b>2</b>                      10:00 – 10:30 AM (SC1st-ES) ABC Fitness with Logan                      10:00 AM – 12:00 PM (SC4th – TTL) Ω Beginning/Refresher Bridge class with Anne and Ted                      10:00 – 11:00 AM (VC) <b>Headline News Discussion Group</b>                      11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training                      1:30 - 2:30 PM (SC1st - ES) \$ Λ Ω Bingo                      2:35 – 4:00 PM ( SC1st-ES) Bible Study: Daring Faith: 1<sup>st</sup> John                      3:00 – 3:30 PM (SC Lob) Ω November Birthday Social/ Brain Aerobics                      6:30 - 7:30 PM(SC1st - ES) Λ Ω © Game Time with Ruthie</p>	<p><b>3</b>                      10:00 – 10: 45 AM (SC 4<sup>th</sup> – TTL) Knitting and Chatting                      11:00 – 11:30 AM (SC1st – ES) Seated Exercise DVD                      1:15 – 2:15 AM (SC1st) BBC Call the Midwife                      2:00 – 3:00 PM (AC) Gospel Sing-a-long with Robbie Vance                      2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic                      3:00 – 3:30 PM (SCDR) Λ Ω Wine and Cheese Happy Hour                      4:00 – 5:00 PM (AC) Village Birthday Celebration</p>	<p><b>4</b>                      9:30 – 10:15 AM (SC1st – ES) Λ Morning Social                      11:00 – 11:30 AM (SC1st – ES) Λ ∞ Chair Stretches                      11:00 AM – 12:00 PM (AC) Crafts with Randy                      1:00 – 3:00 PM (AC) Λ Ω Bingo                      2:00 – 4:00 PM (SC1st – ES) Λ Ω φ Afternoon Movie: <b>Cinderella</b>, 1 hr 45 mins (2015) (Drama, Family, Fantasy) PG</p>
<p><b>5</b>                      2:00-3:30 PM (SC3rd – EN) Λ Ω Scrabble                      2:00 – 4:00 PM (SC1st – ES) Movie Sunday: <b>The Case for Christ</b> 1 hr 52 mins (2017) (Biography, Drama, History) PG                      6:45 -7:30 PM (SC1st – ES) Λ Ω Sunday Evening Worship:</p>	<p><b>6</b>                      10:00 – 10:45 AM(SC1st – ES) Λ Wii Bowling                      11:00 – 11:30 AM (SC1st – ES) ∞ DVD Fitness and Toning                      1:00 – 4:00 PM (AC) Λ Ω Bridge                      1:15 – 2:15 PM (SC1st – ES) ∞ British Drama: Agatha Christie's Poirot, Series 1                      2:30 – 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic                      6:45 – 8:30 PM (SC1st – ES) Λ Ω φ Monday Night Movie: <b>Churchill</b>, 1 hr 45 mins (2017) (Biography, Drama, History) PG</p>	<p><b>7</b>                      9:15 - 10:45 AM (SC3rd) Λ Mini Manicures                      10:00 – 10:30 AM (SS4th - TTL) ABC Fitness with Logan                      10:30 AM (SC1st – ES) St. Paul UMC Joy Singers                      11:00 – 11:30 AM (SC1st – ES) ∞ DVD-Fitness: Seated Strength Training                      1:30 – 2:30 PM(SC1st – ES) \$ Λ Ω Bingo                      6:00 – 7:30 PM (SC3rd) Λ Mini Manicures                      6:30 – 7:15 PM (SC1st – ES) Λ Ω © Writers group                      7:30 – 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p><b>8</b>                      10:00 – 10:30 AM Λ Ω Catholic Communion                      11:00 – 11:30 AM (SC1st – ES) ∞ DVD Fitness                      1:00 – 2:00 PM (AC) Λ Ω Scrabble With Friends                      2:30 – 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic                      3:00 – 3:45 PM (SCDR) © Residents Meeting                      3:30 - 4:15 (Sc1st – ES) Wii Bowling with Melody                      4:00 – 4:45 PM (AC) Λ Ω © WHV Singers Rehearsal</p>	<p><b>9</b>                      10:00 – 10:30 AM (SC1st-ES) ABC Fitness with Logan                      10:00 – 10:30 AM (SCConf) Episcopal Communion                      10:00 – 10:45 AM (SCCR) Λ Ω Men's Group                      10:00 AM – 12:00 PM (SC4th– TTL) Ω Beginning/Refresher Bridge class with Anne and Ted                      11:00 – 11:30 AM (SC1st – ES) ∞ DVD-Fitness: Seated Strength Training                      11:00 AM – 12:00 PM (SCCR) Hope and Hot Chocolate/ Good Samaritan Hospice                      1:30 – 2:30 PM(SC1st – ES) \$ Λ Ω Bingo                      2:35 – 4:00 PM (SC1st - ES) Bible Study: Daring Faith: 1<sup>st</sup> John                      3:00 – 3:30 PM (4<sup>th</sup> – TTL) Brain Aerobics                      6:30 – 7:30 PM(SC1st – ES) Λ Ω © Game Time/ Ruthie                      7:00 – 9:00 PM (AC) Mountain Jam – Sam Linkous                      7:00 – 8:30 PM (VC) Communicating Science-Carrie Kroehler</p>	<p><b>10</b>                      10:00 – 10: 45 AM (SC 4<sup>th</sup> – TTL) Knitting and Chatting                      11:00 – 11:30 AM (SC1st – ES) Seated Exercise DVD                      1:15 – 2:15 AM (SC1st) BBC Call the Midwife                      2:30 – 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic                      2:30 – 3:30 (VC) <b>Book Reading – Alwyn Moss</b>                      3:30 – 5:00 PM (SCLOB) – Montgomery Regional Mobile Library brings books for you to check out.                      4:00 – 5:00 PM (AC) Friday Fun at Four</p>	<p><b>11</b>                      9:30 – 10:15 AM (SC1st – ES) Λ Morning Social                      11:00 – 11:30 AM (SC1st – ES) Λ ∞ Chair Stretches                      1:00 – 3:00 PM (AC) Λ Ω Bingo                      2:00 – 4:00 PM (SC1st – ES) Λ Ω φ Afternoon Movie: <b>Father of the Bride</b> 1 hr 45 mins (1991) (Comedy, Family, Romance) PG</p>

<p style="text-align: right;"><b>12</b></p> <p>2:00-3:30 PM (SC3rd - EN) Λ Ω Scrabble</p> <p><b>Table 19</b> 1 hr 27 mins (2017) (Comedy, Drama) Rated PG-13 2:00 - 4:00 PM (SC1st - ES) Classic Movie Sunday: <b>Father of the Bride Part 2</b> 1 hr 46 mins (1995) (Comedy, Family, Romance) PG</p> <p>6:45 -7:30 PM (SC1st - ES) Λ Ω Sunday Evening Worship:</p>	<p style="text-align: right;"><b>13</b></p> <p>10:00 - 10:45 AM(SC1st - ES)Λ Wii Bowling 11:00 - 11:30 AM (SC1st - ES) ∞DVD Fitness Toning <b>1:00 - 4:00 PM (AC) Λ Bridge</b> 1:15 - 2:15 PM (SC1st - ES)∞ British Drama: Agatha Christie's Poirot, Series 1 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic <b>4:00 - 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</b> 6:45 - 8:30 PM (SC1st - ES) Λ Ω φ Monday Night Movie: <b>The Blind Side</b>, 2 hrs, 9 mins (2009) (Biography, Drama, Sport) PG-13</p>	<p style="text-align: right;"><b>14</b></p> <p>9:15 - 10:45 (SC3rd) Λ Mini Manicures 10:00 - 10:30 AM (SC1st - ES) ABC Fitness with Logan 11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training 12:30 - 1:30 (SC1st - ES) Cooking in the Kitchen with Kathy 1:30 - 2:30 PM(SC1st - ES)\$ Λ Ω Bingo 3:00-3:30 PM (SC3rd)Λ Ω • Investigate the Bible 6:00 - 7:30 PM (SC3rd)Λ Mini Manicures 6:30 - 7:15 PM (SC1st - ES) Λ Ω© Writers group <b>7:00 - 9:00 PM (VC) Native Plant Society Meeting</b> 7:30 - 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p style="text-align: right;"><b>15</b></p> <p>10:00 - 10:30 AM Λ Ω Catholic Communion 11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness <b>1:00 - 2:00 PM (AC) Λ Ω Scrabble With Friends</b> 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 3:00 - 3:30 PM (SC1st - ES) What's Cooking with Nate 3:30 - 4:15 (Sc1st - ES) Wii Bowling with Melody <b>4:00 - 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</b></p>	<p style="text-align: right;"><b>16</b></p> <p>10:00 - 10:30 AM (SC1st-ES) ABC Fitness with Logan 10:00 AM - 12:00 PM (SC4th - TTL) Ω Beginning/Refresher Bridge class with Anne and Ted <b>10:00 - 11:00 AM (VC) Headline News Discussion Group</b> 11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training 1:30 - 2:30 PM(SC1st - ES)\$ Λ Ω Bingo 2:30 - 4:00 PM (SC1st-ES) Bible Study: 1<sup>st</sup> John 3:00 - 3:45 PM (SC4th-TTL) Sing-A- Long with Diane 6:30 - 7:30 PM(SC1st - ES)Λ Ω© Game Time with Ruthie</p>	<p style="text-align: right;"><b>17</b></p> <p>10:00 - 10: 45 AM (SC 4<sup>th</sup> - TTL) Knitting and Chatting 11:00 - 11:30 AM (SC1st - ES) Seated Exercise DVD 1:15 - 2:15 AM (SC1st) BBC Call the Midwife <b>2:00 - 3:00 PM (AC) Experiencing America</b> 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 3:00 - 3:30 PM (SCDR) Λ Ω Wine and Cheese Happy Hour <b>4:00 - 5:00 PM (VC) Story Hour/Happy Hour</b></p>	<p style="text-align: right;"><b>18</b></p> <p>9:30 - 10:15 AM (SC1st - ES) Λ Morning Social 11:00 - 11:30 AM (SC1st - ES) Λ∞ Chair Stretches <b>11:00 AM - 12:00 P) (AC) Play With Your Food</b> 1:00 - 3:00 PM (AC) ΛΩ Bingo 2:00 - 4:00 PM (SC1st-ES)Λ Ω φ Afternoon Movie: <b>You've Got Mail</b>, 1 hr 59 mins (1998) (Comedy, Drama, Romance) PG</p>
<p style="text-align: right;"><b>19</b></p> <p>2:00-3:30 PM (SC3rd - EN) Λ Ω Scrabble</p> <p>2:00 - 4:00 PM (SC1st - ES) Movie Sunday: <b>Miracle on 34th Street</b>, 1 h4 36 mins (Comedy, Drama, Romance) Approved</p> <p>6:45 -7:30 PM (SC1st - ES) Λ Ω Sunday Evening Worship:</p>	<p style="text-align: right;"><b>20</b></p> <p>9:30-Noon (SC Conf) ∞Podiatrist (cancelled. Moved to November 27<sup>th</sup>) 11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness and Toning <b>1:00 - 4:00 PM (AC) Λ Bridge</b> 1:00 - 2:00 PM (SCConf) Free Hearing Aid Clinic - Repair and Cleaning Free 1:15 - 2:15 PM (SC1st - ES)∞ British Drama: Agatha Christie's Poirot, Series 1 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic <b>4:00 - 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</b> 6:45 - 8:30 PM (SC1st - ES) Λ Ω φ Monday Night Movie: <b>Planes, Trains and Automobiles</b> 1 hr 33 mins (1987) (Comedy) R</p>	<p style="text-align: right;"><b>21</b></p> <p>9:15 - 10:45 (SC3rd) Λ Mini Manicures 10:00 - 10:45 (SC1st - ES) Λ Christian Fellowship - Methodist 10:00 - 10:30 AM (SC4th - TTL) ABC Fitness with Logan 11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training 12:30 - 1:30 (SC1st - ES) Cooking in the Kitchen with Kathy 1:30 - 2:30 PM(SC3rd- ES))Λ Ω Bingo 6:00 - 7:30 PM (SC3rd)Λ Mini Manicures (Canceled) 6:30 - 7:15 PM (SC1st - ES) Λ Ω© Writers group 7:30 - 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p style="text-align: right;"><b>22</b></p> <p>10:00 - 10:30 AM Λ Ω Catholic Communion 11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness <b>1:00 - 2:00 PM (AC) Λ Ω Scrabble With Friends</b> 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 3:30 - 4:15 (Sc1st - ES) Wii Bowling with Melody <b>4:00 - 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</b></p>	<p><b>23</b></p> <p>Thanksgiving Day</p> 	<p style="text-align: right;"><b>24</b></p> <p>10:00 - 10: 45 AM (SC 4<sup>th</sup> - TTL) Knitting and Chatting 11:00 - 11:30 AM (SC1st - ES) Seated Exercise DVD 1:15 - 2:15 AM (SC1st) BBC Call the Midwife 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 3:30 - 5:00 PM (SCLOB) - Montgomery Regional Mobile Library brings books for you to check out. (Canceled, moved to November 28<sup>th</sup>) <b>4:00 - 6:00 PM (VC) Fourth Friday Karaoke at the VC</b></p>	<p style="text-align: right;"><b>25</b></p> <p>9:30 - 10:15 AM (SC1st - ES) Λ Morning Social (Cancelled) 11:00 - 11:30 AM (SC1st - ES) Λ∞ Chair Stretches <b>1:00 - 3:00 PM (AC) ΛΩ Bingo</b> 2:00 - 4:00 PM (SC1st-ES)Λ Ω φ Afternoon Movie: <b>Grumpy Old Men</b>, 1 hr 43 mins (1993) (Comedy, Drama, Romance) PG-13</p>
<p style="text-align: right;"><b>26</b></p> <p>2:00-3:30 PM (SC3rd - EN) Λ Ω Scrabble</p> <p>2:00 - 4:00 PM (SC1st- ES) Movie Sunday: <b>Grumpier Old Men</b>, 1 hr 41 mins (1995) (Comedy, Romance) PG-13</p> <p>6:45 -7:30 PM (SC1st - ES) Λ Ω Sunday Evening Worship:</p>	<p style="text-align: right;"><b>27</b></p> <p>9:30-Noon (SC Conf) ∞Podiatrist 10:00 - 10:45 AM(SC1st - ES)Λ Wii Bowling 11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness and Toning <b>1:00 - 4:00 PM (AC) Λ Bridge</b> 1:15 - 2:15 PM (SC1st - ES)∞ British Drama: Agatha Christie's Poirot, Series 1 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic <b>4:00 - 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</b> 6:45 - 8:30 PM (SC1st - ES) Λ Ωφ Monday Night Movie: <b>The Nutcracker</b> 1 hr 18 mins (1977) (Fantasy, Music, Romance) Not rated</p>	<p style="text-align: right;"><b>28</b></p> <p>9:15 - 10:45 (SC3rd) Λ Mini Manicures 10:00 - 10:30 AM (SC1st - ES) ABC Fitness with Logan 10:00 - 11:00 AM (SCCR) Λ Ω •Christian Fellowship - Presbyterian 11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training 12:30 - 1:30 (SC1st - ES) Cooking in the Kitchen with Kathy 1:30 - 2:30 PM(SC1st - ES)\$ Λ Ω Bingo 3:00-3:30 PM (SC3rd) Λ Ω • Investigate the Bible 3:30 - 5:00 PM (SCLOB) - Montgomery Regional Mobile Library brings books for you to check out 6:00 - 7:30 PM (SC3rd)Λ Mini Manicures with VT Students 6:30 - 7:15 PM (SC1st - ES) Λ Ω© Writers group 7:30 - 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p style="text-align: right;"><b>29</b></p> <p>10:00 - 10:30 AM Λ Ω Catholic Communion 11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness <b>1:00 - 2:00 PM (AC) Λ Ω Scrabble With Friends</b> 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 3:30 - 4:15 (Sc1st - ES) Wii Bowling with Melody <b>4:00 - 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</b></p>	<p style="text-align: right;"><b>30</b></p> <p>10:00 - 10:30 AM (SC1st-ES) ABC Fitness with Logan 10:00 AM - 12:00 PM (SC4th - TTL) Ω Beginning/Refresher Bridge class with Anne and Ted <b>10:00 - 11:00 AM (VC) Headline News Discussion Group</b> 11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training 1:30 - 2:30 PM (SC1st - ES)\$ Λ Ω Bingo 2:35 - 4:00 PM ( SC1st-ES) Bible Study: Daring Faith: 1<sup>st</sup> John 3:00 - 3:30 PM (SC4th) Brain Aerobics 6:30 - 7:30 PM(SC1st - ES)Λ Ω© Game Time with Ruthie</p>	<p><b>Activities are subject to change. Please check daily activity calendar for updates.</b></p>	<p><b>Calendar Codes</b> SCLOB - Showalter Lobby SCCR - Showalter Conference Room SCDR - Showalter Dining Room SC1st - ES - Elmwood Studio SC3rd - EN - Engleberry Nook SC 4<sup>th</sup> - TTL - Tree Top Lounge AC - Karr Activity Center VC - Village Center Events TOH - Tall Oaks Hall</p>