

The Willows at the Kroontje Health Care Center All activities are 30 - 45 minutes in length

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-size: 4em; margin: 0;">November</h1> 						
			1 All Saint's Day 10:00 Willows Café (S) 11:00 Balloon Ball Exercise (P) 1:30 Trivia (C) 3:00 Bingo (S) 4:30 Musical Performance (R) George on Clarinet	2 All Soul's Day 10:00 Willows Café (S) 11:00 Hand Lotion Massage (SN) 1:30 Bean Bag Toss 4:00 Protestant Communion with Jim (R) 4:30 Pet Visit with Todd the Dog (SN)	3 9:00 Sing a-long with David (R) 10:00 Willows Café (S) 2:00 Splash/Recipe Review with Jen 3:00 Bingo (S) 3:30 Afternoon Movie and Popcorn (S)	4 10:30 Willows Café (S) 2:30 Afternoon Movie and Popcorn (S)
5 2:30 Bingo (S) 4:00 Church Service (R) Blacksburg Christian Fellowship	6 10:00 Willows Café (S) 11:00 Adult Coloring Group (C) 1:30 Game Time (C) 3:00 Bingo (S) 4:30 Exercises with Logan (P)	7 Election Day 10:00 Willows Café (S) 10:00 Catholic Communion (R) 11:00 Bean Bag Toss (P) 1:30 Golfing (P) 3:45 Exercise Group (P)	8 10:00 Willows Café (S) 11:00 Cooking Group 1:30 Nail Treatment (SN) 3:00 Chef Stage Center (PR) 4:30 Musical Performance (R) George on Clarinet	9 10:00 Willows Café (S) 10:30 Hand Lotion Massage (SN) 1:30 Scenic Van Ride (O) 4:30 Pet Visit with Todd the Dog (SN)	10 9:00 Veteran's Parade in Christiansburg (S) 10:00 Sing a-long with Kristi (R) 10:30 Willows Café (S) 3:00 Bingo (S) 3:30 Afternoon Movie and Popcorn (S)	11 Veteran's Day 10:30 Willows Café (S) 12:30 Veteran's Day Luncheon (S) 2:30 Afternoon Movie and Popcorn (S)
12 2:30 Bingo (S) 4:00 Church Service (R) Grace Covenant Presbyterian Church	13 10:00 Veteran's Memorial with Knights of Columbus (R) 11:00 Activity Planning Meeting (PR) 1:30 Game Time (C) 3:00 Bingo (S) 4:30 Exercises with Logan (P)	14 10:00 Willows Café (S) 10:00 Catholic Communion (R) 11:00 Cooking Group (P) 1:30 Hymns with Lois (R) 3:45 Exercise Group (P)	15 10:00 Willows Café (S) 11:00 Thanksgiving Arts and Crafts (C) 1:30 Bean Bag Toss (P) 3:00 Birthday Social (S) 4:30 Musical Performance (R) George on Clarinet	16 10:00 Willows Café (S) 11:30 Music with Robbie (R) 1:30 Hand Lotion Massage (SN) 4:00 Protestant Communion with Jim (R) 4:30 Pet Visit with Todd the Dog (SN)	17 10:00 Willows Café (S) 10:30 Trivia (C) 1:30 Adult Coloring Group (C) 3:00 Wine & Cheese Social (S) 3:30 Afternoon Movie and Popcorn (S)	18 10:30 Willows Café (S) 2:30 Afternoon Movie and Popcorn (S)
19 2:30 Bingo (S) 4:00 Church Service (R) Blacksburg Christian Fellowship	20 10:00 Willows Café (S) 11:00 Discussion Group: Thanksgiving Traditions (R) 1:30 Game Time (C) 3:00 Bingo (S) 4:30 Exercises with Logan (P)	21 French Toast Day 10:00 Willows Café (S) 10:00 Catholic Communion (R) 11:00 Renovation Meeting with Kristi (PR) 1:30 Nail Treatment (SN) 3:45 Exercise Group (P)	22 10:00 Willows Café (S) 10:30 Resident Council with Amanda (PR) 1:30 Fall Arts and Crafts (C) 3:00 Bingo (S) 4:30 Musical Performance (R) George on Clarinet	23 Thanksgiving Day 9:00 Thanksgiving Macy's Day Parade (S) 12:30 Thanksgiving Luncheon (S)	24 Black Friday 9:00 Sing a-long with David (R) 11:00 Willows Café (S) 3:00 Bingo (S)	25 10:30 Willows Café (S) 2:30 Afternoon Movie and Popcorn (S)
26 2:30 Bingo (S) 4:00 Church Service (R) Union Valley Pentecostal Church	27 10:00 Willows Café (S) 11:00 Adult Coloring Group (C) 1:30 Game Time (C) 3:00 Bingo (S) 4:30 Exercises with Logan (P)	28 9:00 Willows Café (S) 10:00 Catholic Communion (R) 10:30 Joy Singers Holiday Concert (R) 1:30 Nail Treatment (SN) 2:00 Recipe/Splash Review with Jen (PR)	29 10:00 Willows Café (S) 10:30 Pet Visit with Knobby (SN) 1:30 Wheel of Fortune (C) 3:00 Bingo 4:30 Musical Performance (R) George on Clarinet	30 10:00 Willows Café (S) 11:00 Hand Lotion Massage (SN) 1:30 Bean Bag Toss (P) 4:30 Pet Visit with Todd the Dog (SN)	C – Creative/Mental P – Physical PR – Productive S – Social SN – Sensory R – Reflective O - Outdoor	 Warm Hearth Village Caring, Sharing and Growing