

# The Cove at the Kroontje Health Care Center All activities are 30 - 45 minutes in length

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1 All Saint's Day</b> 10:00 Cove Café (AR) 11:00 Balloon Toss (AR) 1:30 Nail Treatment (AR) <b>3:00 Bingo (DR)</b> <b>4:00 Musical Performance</b> George on Clarinet (NS)	<b>2 All Soul's Day</b> 10:00 Cove Café (AR) <b>11:00 Thanksgiving Talk: Traditions (AR)</b> <b>1:30 Turkey Clay Pot Craft (AR)</b> 3:00 Game Time (AR) 4:00 Pet Visit with Todd the Dog (AR)	<b>3</b> 9:15 Hymns with Lois (NS) 10:00 Cove Café (AR) 11:00 Playing Horse Shoes (AR) 2:00 Splash/Recipe Review with Jen (DR) <b>3:00 Bingo with APO of VT (DR)</b>	<b>4</b> 10:00 Cove Café (AR) 4:00 Afternoon Movie and Popcorn (NS)
<b>5</b> 2:30 Bingo (DR) 4:00 Church Service (DR) Blacksburg Christian Fellowship	<b>6</b> 10:00 Cove Café (AR) 11:00 Balloon Toss (AR) <b>1:30 Turkey Pine Cone Craft (AR)</b> <b>3:00 Bingo (DR)</b> 4:00 Exercise Group with Logan (AR)	<b>7</b> 10:00 Cove Café (AR) 10:00 Catholic Communion (L) <b>11:00 Cooking with Anna (AR)</b> <b>1:30 Scenic Ride (O)</b> 4:15 Hand Lotion Massage (AR)	<b>8</b> 10:00 Cove Café (AR) 11:00 Trivia (AR) 1:30 Nail Treatment (AR) 3:00 Chef Stage Center (DR) <b>4:00 Musical Performance</b> George on Clarinet (NS)	<b>9</b> 10:00 Cove Café (AR) 11:00 Balloon Toss (AR) 1:30 Wheel of Fortune (AR) 4:00 Pet Visit with Todd the Dog (AR)	<b>10</b> <b>9:00 Veteran's Parade in Christiansburg (O)</b> 10:00 Cove Café (AR) 11:00 Riddles (AR) 1:30 Paint on Canvas (AR) <b>3:00 Bingo with APO of VT (DR)</b>	<b>11</b> 10:00 Cove Café (AR) 4:00 Afternoon Movie and Popcorn (NS)
<b>12</b> 2:30 Bingo (DR) 4:00 Church Service (DR) Grace Covenant Presbyterian Church	<b>13</b> <b>10:00 Veteran's Memorial with Knights of Columbus (DR)</b> 1:30 Tree of Thanks Craft (AR) <b>3:00 Bingo (DR)</b> 4:00 Exercise Group with Logan (AR)	<b>14</b> 10:00 Cove Café (AR) 10:00 Catholic Communion (L) 11:00 Playing Horse Shoes (AR) <b>1:30 Making your own Turkey (AR)</b> 4:15 Game Time (AR)	<b>15</b> 10:00 Cove Café (AR) 11:00 Jenga (AR) 1:30 Nail Treatment (AR) <b>3:00 Birthday Social (Willows)</b> <b>4:00 Musical Performance</b> George on Clarinet (NS)	<b>16</b> 10:00 Cove Café (AR) 11:00 Balloon Toss (AR) <b>1:30 Making Turkey Coasters (AR)</b> 4:00 Protestant Communion with Jim (AR) 4:00 Pet Visit with Todd the Dog (AR)	<b>17</b> 10:00 Cove Café (AR) 11:00 Resident Council with Patti (AR) 1:30 Bowling (AR) <b>3:00 Wine and Cheese Social (DR)</b>	<b>18</b> 10:00 Cove Café (AR) 4:00 Afternoon Movie and Popcorn (NS)
<b>19</b> 2:30 Bingo (DR) 4:00 Church Service (DR) Blacksburg Christian Fellowship	<b>20</b> 10:00 Cove Café (AR) 11:00 Activity Planning Meeting with Anna (AR) <b>1:30 Making a Thanksgiving Wreath (AR)</b> <b>3:00 Bingo (DR)</b> 4:00 Exercise Group with Logan (AR)	<b>21 French Toast Day</b> 9:00 Breakfast with Anna (S) 10:00 Cove Café (AR) 10:00 Catholic Communion (L) <b>11:00 Cooking with Anna (AR)</b> 1:30 Painting Ceramics (AR) 4:15 Game Time (AR)	<b>22</b> 10:00 Cove Café (AR) 11:00 Balloon Toss (AR) 1:30 Nail Treatment (AR) <b>3:00 Bingo with APO of VT (DR)</b> <b>4:00 Musical Performance</b> George on Clarinet (NS)	<b>23 Thanksgiving Day</b>  <b>9:00 Thanksgiving Macy's Day Parade (S)</b> <b>12:30 Thanksgiving Luncheon (S)</b>	<b>24 Black Friday</b>  10:00 Cove Café (AR) 1:30 Balloon Toss (AR) 3:00 Bingo (DR)	<b>25</b> 10:00 Cove Café (AR) 4:00 Afternoon Movie and Popcorn (NS)
<b>26</b> 2:30 Bingo (DR) 4:00 Church Service (DR) Union Valley Pentecostal Church	<b>27</b> 10:00 Cove Café (AR) 11:00 Balloon Toss (AR) 1:30 Adult Coloring (AR) <b>3:00 Bingo (DR)</b> 4:00 Exercise Group with Logan (AR)	<b>28 French Toast Day</b> 10:00 Cove Café (AR) 10:00 Catholic Communion (L) <b>10:30 Joy Singers Holiday Concert (Willows)</b> <b>2:00 Splash/Recipe Review with Jen (DR)</b>	<b>29</b> 10:00 Cove Café (AR) 10:30 Pet Visit with Knobby (AR) 1:30 Nail Treatment (AR) <b>3:00 Bingo with APO of VT (DR)</b> <b>4:00 Musical Performance</b> George on Clarinet (NS)	<b>30</b> 10:00 Cove Café (AR) <b>11:00 Painting Wooden Décor (AR)</b> 1:30 Crossword Puzzle (AR) 4:00 Pet Visit with Todd the Dog (AR)	AR – Activity Room LR – Living Room NS – Nursing Station O – Outside LY – Library DR – Dining Room	