

The Arbor at the Kroontje Health Care Center All activities are 30 - 60 minutes in length

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Arbor Café (S) 10:00 Catholic Communion (R) 1:30 Scenic Ride (O) 3:30 Exercise Group (P) 4:15 Nail Treatment (SN)	2 9:30 Arbor Café (S) 10:30 Balloon Toss (P) 2:00 Flower Arranging (S) 3:00 Bingo (S) 4:30 Musical Performance (R) George on Clarinet	3 9:30 Arbor Café (S) 10:30 Hand Lotion Massage (SN) 2:00 Arts and Crafts (C) 3:30 Exercise Group (P) 4:00 Protestant Communion with Jim (R)	4 Derby Days 9:30 Arbor Café (S) 10:30 Derby Day (S) 2:00 Cinco De Mayo Social (S-Cove Dining Room) 3:00 Bingo (S) 3:30 Afternoon Movie and Popcorn (S)	5 9:30 Arbor Café (S) 2:30 Afternoon Movie and Popcorn (S)
6 4:00 Church Service (R) Blacksburg Christian Fellowship	7 9:30 Arbor Café (S) 10:30 Balloon Ball Exercise (P) 2:00 Finish The Line (C) 3:00 Bingo (S)	8 9:30 Arbor Café (S) 10:00 Catholic Communion (R) 10:30 Parachute Exercise (P) 1:30 Hymns with Lois (R) 3:30 Exercise Group (P)	9 9:30 Arbor Café (S) 10:30 Balloon Ball (P) 3:00 Chef Stage Center (S) 4:30 Musical Performance (R) George on Clarinet	10 9:30 Arbor Café (S) 10:30 Trivia (C) 3:30 Exercise Group (P) 4:15 Nail Treatment (S)	11 9:30 Arbor Café (S) 10:30 Hand Lotion Massage (SN) 2:00 Kickball (P) 3:00 Bingo (S) 3:30 Afternoon Movie and Popcorn (S)	12 2:30 Afternoon Movie and Popcorn (S)
13 Mother's Day 12:00 Mother's Day Luncheon (S) 4:00 Church Service (R) Grace Covenant Presbyterian Church	14 9:30 Arbor Café (S) 10:30 Balloon Toss (P) 2:00 Game Time (C) 3:00 Grab Bag Bingo (S) 4:00 Movie Time (S)	15 9:30 Arbor Café (S) 10:00 Catholic Communion (R) 10:30 Adult Coloring (C) 2:30 Matching (C) 3:30 Exercise Group (P) 4:15 Nail Treatment (SN)	16 9:30 Arbor Café (S) 10:30 Trivia (C) 2:00 Parachute Exercise (P) 4:30 Musical Performance (R) George on Clarinet	17 9:30 Arbor Café (S) 10:30 Sensory Time (SN) 11:00 Music with Robbie (R) 1:30 Fried Apple Pies 3:30 Exercise Group (P) 4:00 Protestant Communion with Jim (R)	18 9:00 Sing a-long with David (R) 9:30 Arbor Café (S) 10:30 Matching Game (C) 2:00 Sensory Time (SN) 3:00 Kenny Rogers Impersonator Performance (S) 3:30 Afternoon Movie and Popcorn (S)	19 9:30 Arbor Café (S) 2:30 Afternoon Movie and Popcorn (S)
20 4:00 Church Service (R) Blacksburg Christian Fellowship	21 9:30 Arbor Café (S) 10:30 Adult Coloring (C) 2:00 Balloon Toss (P) 3:00 Bingo (S) 4:15 Playing Cards (C)	22 9:30 Arbor Café (S) 10:00 Catholic Communion (R) 10:30 Arts and Crafts (C) 2:00 Task Boxes (C) 3:30 Exercise Group (P) 4:15 Nail Treatment (SN)	23 9:30 Arbor Café (S) 10:30 Puzzles (C) 3:00 Birthday Social (S) 4:30 Musical Performance (R) George on Clarinet	24 9:30 Arbor Café (S) 10:30 Matching (C) 2:00 Arts and Crafts (C) 3:30 Exercise Group (P) 4:00 Musical Performance (R) Sunny Side Band	25 Wine Day 9:30 Arbor Café (S) 10:30 Trivia (C) 2:00 Bean Bag Toss (P) 3:00 Wine and Cheese (S) 3:30 Afternoon Movie and Popcorn (S)	26 9:30 Arbor Café (S) 2:30 Afternoon Movie and Popcorn (S)
27 4:00 Church Service (R) Union Valley Pentecostal Church	28 Memorial Day 9:30 Arbor Café and Trivia (S) 2:00 Balloon Toss (P) 3:00 Bingo (S)	29 9:30 Arbor Café (S) 10:00 Catholic Communion (R) 10:30 Arts and Crafts (C) 2:00 Splash/Recipe Review with Jen (PR) 3:30 Exercise Group (P) 4:15 Nail Treatment (SN)	30 9:30 Arbor Café (S) 10:30 Balloon Toss (P) 2:00 Planting a Garden (P) 3:00 Bingo (S) 4:30 Musical Performance (R) George on Clarinet	31 9:30 Arbor Café (S) 10:30 Trivia (C) 1:30 Scenic Ride (O) 3:30 Exercise Group (P)	C – Creative/Mental P – Physical Pr – Productive S – Social Sn – Sensory R – Reflective O - Outdoor	