The Willows at the Kroontje Health Care Center All activities are 30 - 45 minutes in length

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Warm Hearth Village Caring, Sharing and Growing				1 10:00 Willows Café (S) 11:00 Trivia (C) 1:30 Exercise (P) 4:00 Protestant Communion (R) 4:00 Todd the Dog Visits (SN)	2 Doughnut Day 9:00 Sing a-long with David (R) 10:00 Willows Café (S) 11:00 Exercise (P) 2:00 Doughnut Social (S) 3:00 Bingo (S) 4:00 Afternoon Movie (S)	3 10:00 Willows Café (S) 2:30 Game Time (C)
4 2:30 Bingo (DR) 4:00 Church Service (AR) Blacksburg Christian Fellowship	5 10:00 Willows Café (S) 11:00 Hand Lotion Massage (SN) 11:30 Bible Study with Robbie (R) 1:30 Game Time (C) 3:00 Bingo (S)	6 10:00 Willows Café (S) 10:00 Catholic Communion (R) 11:00 Gardening Time (P) 1:30 Spa Treatment (SN) 3:30 Music and Movement (SN)	7 Chocolate Ice Cream Day 10:00 Willows Café (S) 11:00 Balloon Ball Exercise (P) 2:00 Ice Cream Social (S) 3:00 Bingo (S) 4:30 Music Performance (LR) George on Clarinet	8 10:00 Willows Café (S) 11:00 Gardening Time (P) 2:30 Visit with Children from Rainbow Riders (S) 4:00 Todd the Dog Visits (SN)	9 10:00 Sing a-long with Kristi (R) 10:30 Willows Café (S) 11:00 Exercise (P) 1:30 Trivia (C) 3:00 Bingo (S) 4:00 Afternoon Movie (S)	10 10:00 Willows Café (S) 2:30 Game Time (C)
11 2:30 Bingo (DR) 4:00 Church Service (AR) Grace Covenant Presbyterian Church	12 10:00 Willows Café (S) 11:00 Hand Lotion Massage (SN) 11:30 Trivia (C) 1:30 Game Time (C) 3:00 Bingo (S)	13 10:00 Willows Café (S) 10:00 Catholic Communion (R) 11:00 Balloon Toss Exercise (P) 1:30 Hymns with Lois (R) 3:00 Baking Fried Apple Pies with Cheryl (S)	14 10:00 Willows Café (S) 10:30 Pet Visit with Knobby (SN) 11:00 Balloon Ball Exercise (P) 1:30 Car Talk with Ron (R) 3:00 Chef Stage Center (S) 4:30 Music Performance (LR) George on Clarinet	15 10:00 Willows Café (S) 11:30 Musical Performance Robbie Vance 2:30 Visit with Children from Rainbow Riders (S) 4:00 Protestant Communion (R) 4:00 Todd the Dog Visits (SN)	16 10:00 Willows Café (S) 11:00 Exercise (P) 1:30 Trivia (C) 3:00 Bingo (S) 4:00 Afternoon Movie (S)	17 10:00 Willows Café (S) 2:30 Game Time (C)
18 2:30 Bingo (DR) 4:00 Church Service (AR) Blacksburg Christian Fellowship	19 10:00 Willows Café (S) 11:00 Hand Lotion Massage (SN) 11:30 Trivia (C) 1:30 Game Time (C) 3:00 Bingo (S)	20 10:00 Willows Café (S) 10:00 Catholic Communion (R) 11:00 Exercise (P) 3:30 Root Beer Float Social (S)	21 10:00 Willows Café (S) 1:30 Balloon Ball Exercise (P) 3:00 Bingo (S) 4:30 Music Performance (LR) George on Clarinet	22 10:00 Willows Café (S) 11:00 Gardening Time (P) 1:30 Van Rides (O) 4:00 Todd the Dog Visits (SN) 4:00 Musical Performance (R) The Sunnyside Band	9:00 Sing a-long with David (R) 10:00 Willows Café (S) 10:30 Resident Council (P) 3:00 Bingo (S) 4:00 Afternoon Movie (S)	24 10:00 Willows Café (S) 2:30 Game Time (C)
25 2:30 Bingo (DR) 4:00 Church Service (AR) Union Valley Pentecostal Church	26 10:00 Willows Café (S) 11:00 Hand Lotion Massage (SN) 11:30 Trivia (C) 1:30 Game Time (C) 3:00 Bingo (S)	27 10:00 Willows Café (S) 10:00 Catholic Communion (R) 2:00 Recipe/Splash Review with Jen (S)	28 10:00 Willows Café (S) 11:00 Balloon Ball Exercise (P) 1:30 Spa Treatment (SN) 3:00 Birthday Social (S) 4:30 Music Performance (LR) George on Clarinet	29 9:30 Willows Café (S) 10:00 Trivia (C)	30 9:30 Willows Café (S) 10:00 Sing a-long with Kristi (R) 3:00 Wine & Cheese Social (S) 4:00 Afternoon Movie (S) 6:30 Apple Dumpling Gang	C – Creative/Mental P – Physical Pr – Productive S – Social Sn – Sensory R – Reflective O - Outdoor

