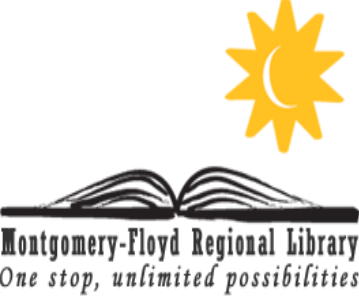


| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|---|--|---|---|
| <p>Calendar Codes Physical- ∞ Social- Λ Cognitive/Intellectual - Ω Productive- © Sensory- φ Reflective- • Outdoor- Δ Nature- ≈ Community- ≡</p> | <p>Calendar Codes SCLob – Showalter Lobby SCCR – Showalter Conference Room SCDR – Showalter Dining Room SC1st – ES - Elmwood Studio SC3rd - EN – Engleberry Nook SC 4th - TTL – Tree Top Lounge AC – Karr Activity Center VC – Village Center Events TOH - Tall Oaks Hall Carson Library – New River House</p> | <p>Activities are subject to change. Please check daily activity calendar for updates.</p> | <p>Movies and Cover to Cover Book Conversations Sponsored by</p>  <p>Montgomery-Floyd Regional Library One stop, unlimited possibilities</p> | | <p>¹ 10:00 – 10: 45 AM (SC 4th – TTL) Knitting and Chatting 11:00 – 11:30 AM (SC1st – ES) Seated Exercise DVD 1:15 – 2:15 AM (SC1st) BBC Call the Midwife 2:00 – 3:00 PM (AC) Gospel Sing-a-long with Robbie Vance 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 3:00 – 3:30 PM (SCDR) Λ Ω Wine and Cheese Happy Hour 4:00 – 5:00 PM (AC) 1st Friday Social Time/Village Birthday Social</p> | <p>² 9:30 – 10:15 AM (SC1st – ES) Λ Morning Social 10:00AM – 4:00 PM (AC) Festival and Craft Fair 11:00 – 11:30 AM (SC1st – ES) Λ ∞ Chair Stretches 2:00 – 4:00 PM (SC1st – ES) Λ Ω φ Afternoon Movie: - 15:17 to Paris, 1 hr 34 mins, (Biography, Drama) (2018) PG-13</p> |
| <p>³ 2:00-3:30 PM (SC3rd – EN) Λ Ω Scrabble 2:00 – 4:00 PM (SC1st – ES) φ Movie Sunday: - Brigadoon, 1 hr 48 mins, (Fantasy, Musical, Romance) (1954) Passed 6:45 -7:30 PM (SC1st – ES) Λ Ω Sunday Evening Worship:</p> | <p>⁴ 10:00 – 10:45 AM(SC1st – ES)Λ Wii Bowling 11:00 – 11:30 AM (SC1st – ES) ∞DVD Fitness Toning 1:00 – 4:00 PM (SC 4th – TTL)Λ Bridge 1:15 – 2:15 PM (SC1st – ES)∞ British Drama: Agatha Christie's Poirot, Series 1 2:30 – 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 6:45 – 8:30 PM (SC1st – ES) Λ Ω φ Monday Night Movie: Miracle Maker, 1 hr, 30 mins (Family) (2015) Not rated</p> | <p>⁵ 11:00 – 11:30 AM (SC1st – ES) ∞ DVD-Fitness: Seated Strength Training 1:30 – 2:30 PM(SCCR)\$ Λ Ω Bingo 3:30 – 4:15 PM (SC1st-ES) ∞ABC Fitness with Logan 4:00 – 5:15 (SCLob) Montgomery Regional Mobile Library brings books for you to check out. 6:00 – 7:30 PM (SC3rd)Λ Mini Manicures 6:30 – 7:15 PM (Sc1st ES) Λ Ω © Writers group 7:30 – 8:30 PM (SCConf) Λ AA Meeting for WHV</p> | <p>⁶ 10:00 – 10:30 AM (SC1st – ES) Λ Ω Catholic Communion 11:00 – 11:30 AM (SC1st – ES)∞ DVD Fitness: 1:00 – 2:00 PM (AC) Λ Ω Scrabble With Friends 2:30 - 3:00 PM (SCDR)∞Fitness w/ David: Seated Aerobic 3:00 – 3:30 PM (SCCR) Λ Helping Hands of Showalter 7:30pm-9:00pm (AC) New River Bird Club Meeting</p> | <p>⁷ 9:00 – 9:45 AM (SC4th – TTL) Beginning Bridge with Ted 10:00 AM – 12:00 PM (SC4th – TTL) Ω Refresher Bridge class with Anne and Ted 10:00 – 11:00 AM (VC) Headline News Discussion Group 11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training 1:30 - 2:30 PM (SC1st - ES)\$ Λ Ω Bingo 2:35 – 4:00 PM (SC1st-ES) Bible Study: 3:00 – 3:30 PM (SC Lob) Ω June Birthday Social/ Brain Aerobics 4:00 -5:15 PM (SCConf) Λ Ω • Cover to Cover Book Conversations 6:30 - 7:30 PM(SC1st - ES)Λ Ω © Game Time with Ruthie</p> | <p>⁸ 10:00 – 10: 45 AM (SC 4th – TTL) Knitting and Chatting 11:00 – 11:30 AM (SC1st – ES) Seated Exercise DVD 1:15 – 2:15 AM (SC1st) BBC Call the Midwife 2:30 – 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic</p> | <p>⁹ 9:30 – 10:15 AM (SC1st – ES) Λ Morning Social 11:00 – 11:30 AM (SC1st – ES) Λ ∞ Chair Stretches 2:00 – 4:00 PM (SC1st – ES) Λ Ω φ Afternoon Movie: Samson, 1 hr 50 mins (Action, Drama) (2018) PG-13</p> |

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| <p style="text-align: right;">10</p> <p>2:00-3:30 PM (SC3rd - EN) Λ Ω Scrabble</p> <p>2:00 - 4:00 PM (SC1st - ES) φ Movie Sunday: Annie Get Your Gun, 1 hr 47 mins. (Biography, Comedy, Musical) (1950) Passed</p> <p>6:45 -7:30 PM (SC1st - ES) Λ Ω Sunday Evening Worship:</p> | <p style="text-align: right;">11</p> <p>10:00 - 10:45 AM(SC1st - ES)Λ Wii Bowling 11:00 - 11:30 AM (SC1st - ES) ∞DVD Fitness Toning 1:00 - 4:00 PM (SC4th - TTL) Λ Bridge 1:15 - 2:15 PM (SC1st - ES)∞ British Drama: Agatha Christie's Poirot, Series 1 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 6:45 - 8:30 PM (SC1st - ES) Λ Ω φ Monday Night Movie: Served Like a Girl, 1 hr 43 mins (Documentary) (2017)</p> | <p style="text-align: right;">12</p> <p>11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training 1:00 - 2:30 PM (SC1st - ES) Cooking in the Kitchen with Kathy 1:30 - 2:30 PM(SC1st - Conference Room)\$ Λ Ω Bingo 3:00-3:30 PM (SC3rd)Λ Ω • Investigate the Bible 3:30 - 4:15 PM (SC1st-ES) ∞ ABC Fitness with Logan 6:00 - 7:30 PM (SC3rd)Λ Mini Manicures 6:30 - 7:15 PM (SC1st - ES) Λ Ω@ Writers group 7:30 - 8:30 PM (SCConf) Λ AA Meeting for WHV</p> | <p style="text-align: right;">13</p> <p>10:00 - 10:30 AM (SC1st - ES) Catholic Communion 11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness: 1:00 - 2:00 PM (AC) Λ Ω Scrabble With Friends 2:30 - 3:00 PM (SCDR)∞Fitness w/ David: Seated Aerobic 3:00 - 3:30 PM (SCDR) Resident Meeting</p> | <p style="text-align: right;">14</p> <p>9:00 - 9:45 AM (SC4th - TTL) Beginning Bridge with Ted 10:00 - 10:30 AM (SCConf) Episcopal Communion 10:00 AM - 12:00 PM (SC4th- TTL) Ω Beginning/Refresher Bridge class with Anne and Ted 11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training 1:30 - 2:30 PM(SC1st - ES)\$ Λ Ω Bingo 2:35 - 4:00 PM (SC1st - ES) Bible Study: 3:00 - 3:30 PM (4th - TTL) Brain Aerobics 4:00 -5:15 PM (SCConf) Λ Ω • Cover to Cover Book Conversations 6:30 - 7:30 PM(SC1st - ES)Λ Ω@ Game Time/ Ruthie 7:00 - 9:00 PM (AC) Mountain Jam</p> | <p style="text-align: right;">15</p> <p>10:00 - 10: 45 AM (SC 4th - TTL) Knitting and Chatting 11:00 - 11:30 AM (SC1st - ES) Seated Exercise DVD 1:15 - 2:15 AM (SC1st) BBC Call the Midwife 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 3:00 - 3:30 PM (SCDR) Λ Ω Wine and Cheese Happy Hour 4:00 - 5:00 PM (VC) Story Hour/Happy Hour</p> | <p style="text-align: right;">16</p> <p>9:30 - 10:15 AM (SC1st - ES) Λ Morning Social</p> <p>11:00 - 11:30 AM (SC1st - ES) Λ ∞ Chair Stretches</p> <p>2:00 - 4:00 PM (SC1st- ES)Λ Ω φ Afternoon Movie: The Journey, 1 hr 34 mins (Drama) (2016) PG-13</p> |
| <p style="text-align: right;">17</p> <p>2:00-3:30 PM (SC3rd - EN) Λ Ω Scrabble</p> <p>2:00 - 4:00 PM (SC1st- ES) φ Movie Sunday: Carousel, 2 hrs, 8 mins (Drama, Fantasy, Musical) (1956) Approved</p> <p>6:45 -7:30 PM (SC1st - ES) Λ Ω Sunday Evening Worship:</p> | <p style="text-align: right;">18</p> <p>9:30-Noon (SC Conf) ∞Podiatrist 11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness and Toning 1:00 - 4:00 PM (SC4 - TTL) Λ Bridge 1:00 - 2:00 PM (SCConf) Free Hearing Aid Clinic - Repair and Cleaning Free 1:15 - 2:15 PM (SC1st - ES)∞ British Drama: Agatha Christie's Poirot, Series 1 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 6:45 - 8:30 PM (SC1st - ES) Λ Ω φ Monday Night Movie: For Love & Honor, 1 hr 24 mins (Comedy, Drama, Romance) (2016) TV-G</p> | <p style="text-align: right;">19</p> <p>10:00 - 10:45 (SC1st - ES) Λ Christian Fellowship - Methodist 11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training 1:30 - 2:30 PM(SCCR) Λ Ω Bingo 3:30 - 4:15 PM (SC1st-ES) ∞ ABC Fitness with Logan 4:00 - 5:15 (SClob) Montgomery Regional Mobile Library brings books for you to check out. 6:00 - 7:30 PM (SC3rd)Λ Mini Manicures 6:30 - 7:15 PM (SC1st - ES) Λ Ω@ Writers group 7:30 - 8:30 PM (SCConf) Λ AA Meeting for WHV</p> | <p style="text-align: right;">20</p> <p>10:00 - 10:30 AM (SC1st - ES) Λ Ω Catholic Communion 11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness 1:00 - 2:00 PM (AC) Λ Ω Scrabble With Friends 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 3:00 - 3:30 PM (SC1st - ES) Tea Time with Nate</p> | <p style="text-align: right;">21</p> <p>9:00 - 9:45 AM (SC4th - TTL) Beginning Bridge with Ted 10:00 AM - 12:00 PM (SC4th - TTL) Ω Beginning/Refresher Bridge class with Anne and Ted 10:00 - 11:00 AM (VC) Headline News Discussion Group 11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training 1:30 - 2:30 PM(SC1st - ES)\$ Λ Ω Bingo 2:30 - 4:00 PM (SC1st-ES) Bible Study: 3:00 - 3:45 PM (SC4th-TTL) Sing-A- Long with Diane 4:00 -5:15 PM (SCConf) Λ Ω • Cover to Cover Book Conversations 6:30 - 7:30 PM(SC1st - ES)Λ Ω@ Game Time with Ruthie</p> | <p style="text-align: right;">22</p> <p>10:00 - 10: 45 AM (SC 4th - TTL) Knitting and Chatting 11:00 - 11:30 AM (SC1st - ES) Seated Exercise DVD 1:15 - 2:15 AM (SC1st) BBC Call the Midwife 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic</p> | <p style="text-align: right;">23</p> <p>9:30 - 10:15 AM (SC1st - ES) Λ Morning Social</p> <p>11:00 - 11:30 AM (SC1st - ES) Λ ∞ Chair Stretches</p> <p>2:00 - 4:00 PM (SC1st- ES)Λ Ω φ Afternoon Movie: The Darkest Hour, 2 hrs 5 mins (Biography, Drama, History) PG-13</p> |

| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
|--|---|--|--|--|--|---|
| <p>2:00-3:30 PM (SC3rd - EN) Λ Ω Scrabble</p> <p>2:00 - 4:00 PM (SC1st- ES) φ Movie Sunday: An American in Paris, 1 hr 54 mins (Drama, Musical, Romance) (1951) Not Rated</p> <p>6:45 -7:30 PM (SC1st - ES) Λ Ω Sunday Evening Worship:</p> | <p>10:00 - 10:45 AM(SC1st - ES)Λ Wii Bowling</p> <p>11:00 - 11:30 AM (SC1st - ES) ∞DVD Fitness Toning</p> <p>1:00 - 4:00 PM (SC4th - TTL) Λ Bridge</p> <p>1:15 - 2:15 PM (SC1st - ES)∞ British Drama: Agatha Christie's Poirot, Series 1</p> <p>2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic</p> <p>6:45 - 8:30 PM (SC1st - ES) Λ Ω φ Monday Night Movie: Have a Little Faith, 1 hr 22 mins (Biography, Drama) TV Movie</p> | <p>10:00 - 11:00 AM (SCCR) Λ Ω •Christian Fellowship - Presbyterian</p> <p>11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training</p> <p>1:30 - 2:30 PM(SC1st - Conference Room)\$ Λ Ω Bingo</p> <p>3:00-3:30 PM (SC3rd) Λ Ω • Investigate the Bible</p> <p>3:30 - 4:15 PM (SC1st-ES) ∞ ABC Fitness with Logan</p> <p>6:00 - 7:30 PM (SC3rd)Λ Mini Manicures with VT Students</p> <p>6:30 - 7:15 PM (SC1st - ES) Λ Ω© Writers group</p> <p>7:30 - 8:30 PM (SCConf) Λ AA Meeting for WHV</p> | <p>10:00 - 10:30 AM (SC1st - ES) Λ Ω Catholic Communion</p> <p>11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness</p> <p>1:00 - 2:00 PM (AC) Λ Ω Scrabble With Friends</p> <p>2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic</p> <p>3:30 - 4:15 (Sc1st - ES)∞ Wii Bowling</p> | <p>9:00 - 9:45 AM (SC4th - TTL) Beginning Bridge with Ted</p> <p>10:00 AM - 12:00 PM (SC4th - TTL) Ω Beginning/Refresher Bridge class with Anne and Ted</p> <p>11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training</p> <p>1:30 - 2:30 PM (SC1st - ES)\$ Λ Ω Bingo</p> <p>2:35 - 4:00 PM (SC1st-ES) Bible Study:</p> <p>3:00 - 3:30 PM (SC4th) Brain Aerobics</p> <p>4:00 -5:15 PM (SCConf) Λ Ω • Cover to Cover Book Conversations</p> <p>6:30 - 7:30 PM(SC1st - ES)Λ Ω© GameTime with Ruthie</p> | <p>10:00 - 10: 45 AM (SC 4th - TTL) Knitting and Chatting</p> <p>11:00 - 11:30 AM (SC1st - ES) Seated Exercise DVD</p> <p>1:15 - 2:15 AM (SC1st) BBC Call the Midwife</p> <p>2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic</p> | <p>9:30 - 10:15 AM (SC1st - ES) Λ Morning Social</p> <p>11:00 - 11:30 AM (SC1st - ES) Λ∞ Chair Stretches</p> <p>2:00 - 4:00 PM (SC1st- ES)Λ Ω φ Afternoon Movie: All I Wish, 1 hr 34 mins (Comedy, Drama) (2017) PG-13</p> |