


Sunday	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Movies and Short Talk and Sponsored by:</p> 	<p>Activities are subject to change. Please check daily activity calendar.</p>	<p><b>Calendar Codes</b>  <i>Physical-</i> ∞  <i>Social-</i> Λ  <i>Cognitive/Intellectual-</i> Ω  <i>Productive-</i> ©  <i>Sensory-</i> φ  <i>Reflective-</i> •  <i>Outdoor-</i> ◻  <i>Nature-</i> ≈  <i>Community-</i> ≡</p>	<p><b>Calendar Codes</b>  <i>SC</i>Lob – Showalter Lobby  <i>SC</i>CR – Showalter Conference Room  <i>SC</i>DR – Showalter Dining Room  <i>SC</i>1st – ES - Elmwood Studio  <i>SC</i>3rd - EN – Engleberry Nook  <i>SC</i> 4<sup>th</sup> - TTL – Tree Top Lounge  <i>AC</i> – Karr Activity Center  <i>VC</i> – Village Center Events TOH - Tall Oaks Hall</p>	<p><sup>1</sup>            9:45 - 10:45 AM (SC3rd - EN) Λ Ω • Investigate the Bible            10:00 – 10:45 (SC4<sup>th</sup> – TTL) Ω Beginning/Refresher Bridge class with Anne and Ted  <b>10:00 – 11:00 AM (VC) Headline News Discussion Group</b>            11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training            1:30 - 2:30 PM (SC1st - ES)\$ Λ Ω Bingo            2:35 – 4:00 PM ( SC1st-ES) Bible Study: Daring Faith: Meeting Jesus in the Book of John            3:00 – 3:30 PM (SC Lob) Ω June Birthday Social            6:30 - 7:30 PM(SC1st - ES)Λ Ω© Game Time with Ruthie</p>	<p><sup>2</sup>            10:00 – 10: 45 AM (SC 4<sup>th</sup> – TTL) Knitting and Chatting            11:00 – 11:30 AM (SC1st – ES) Seated Exercise DVD            1:15 – 2:15 AM (SC1st) BBC Call the Midwife            1:30 – 2:30 PM (SC4<sup>th</sup> - TTL)Canasta  <b>2:00 – 3:00 PM (AC) Gospel Sing-a-long with Robbie Vance</b>            2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic            3:00 – 3:30 PM (SCDR) Λ Ω Wine and Cheese Happy Hour            3:30 – 5:00 PM (SCLOB) – Montgomery Regional Mobile Library brings books for you to check out.  <b>4:00 – 5:00 PM (AC) Village Birthday Celebration</b></p>	<p><sup>3</sup>            9:30 – 9:45 AM (SC1st – ES) Λ Morning Social            11:00 – 11:30 AM (SC1st – ES) Λ ∞ Chair Stretches  <b>11:00 AM – 12:00 PM (AC) Crafts with Randy</b>  <b>1:00 – 3:00 PM (AC) ΛΩ Bingo</b>            2:00 – 4:00 PM (SC1st – ES) Λ Ω φ Afternoon Movie: <b>My All American</b>, 1 hour 58 mins (2015) (Biography, Drama, Sport) Rated PG</p>
<p><sup>4</sup>            2:00-3:30 PM (SC3rd – EN) Λ Ω Scrabble             2:00 – 4:00 PM (SC1st – ES) Classic Movie Sunday: <b>Woman of the Year</b>, 1 hour 54 mins (1942) (Comedy, Drama, Romance) Rated Passed             6:45 -7:30 PM (SC1st – ES) Λ Ω Sunday Evening Worship:</p>	<p><sup>5</sup>            9:00 – 9:30 AM (SC1st – ES) Λ Women's Bible Study            10:00 – 10:45 AM(SC1st – ES)Λ Wii Bowling            11:00 – 11:30 AM (SC1st – ES)∞ DVD Fitness and Toning  <b>1:00 – 4:00 PM (AC) Λ Ω Bridge</b>            1:15 – 2:15 PM (SC1st – ES)∞ British Drama: Upstairs, Downstairs DVD            2:30 – 3:00 PM (SCDR)∞Fitness w/ David: Seated Aerobic  <b>4:00 – 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</b>            6:45 – 8:30 PM (SC1st – ES) Λ Ω φ Monday Night Movie: <b>The BFG</b>, 1 hour 57 mins (2016) (Adventure, Family, Fantasy) Rated PG</p>	<p><sup>6</sup>            9:15 - 10:45 (SC3rd) Λ Mini Manicures            11:00 – 11:30 AM (SC1st – ES) ∞ DVD-Fitness: Seated Strength Training  <b>11:00 AM – 12:00 PM (AC) Rejuvenation Movement</b>  <b>12:00 – 1:00 PM (VC) Ferne's Brown Bag Lunch</b>  <b>1:00 – 2:00 PM (VC)Changes in Recycling in the NRV</b>            1:30 – 2:30 PM(SC1st – ES)\$ Λ Ω Bingo            3:00–3:30 PM (SC1st – ES) Short Talk Program sponsored by Montgomery Regional Library:            6:00 – 7:30 PM (SC3rd)Λ Mini Manicures            6:30 – 7:15 PM (SC1st – ES) Λ Ω© Writers group            7:30 – 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p><sup>7</sup>            9:00 – 9:30 AM (SC3rd -EN) Λ Brain Aerobics            10:00 – 10:45 AM (SC4<sup>th</sup> – TTL) Jewelry making with Mardy Radar            11:00 – 11:30 AM (SC1st – ES)∞ DVD Fitness:  <b>1:00 – 2:00 PM (AC) Λ Ω Scrabble With Friends</b>            2:30 - 3:00 PM (SCDR)∞Fitness w/ David: Seated Aerobic            4:00 – 4:45 (SC1st – ES) Gabbing with Cheryl  <b>7:30 – 9:00 PM (AC) NRV Bird Club Meeting</b></p>	<p><sup>8</sup>            10:00 – 10:45 (SC4<sup>th</sup>– TTL) Ω Beginning/Refresher Bridge class with Anne and Ted            10:00 – 10:45 AM (SC1st – ES) Λ Ω Men's Group            11:00 – 11:30 AM (SC1st – ES) ∞ DVD-Fitness: Seated Strength Training            1:30 – 2:30 PM(SC1st – ES)\$ Λ Ω Bingo            2:35 – 4:00 PM (SC1st - ES) Bible Study: Daring Faith: Meeting Jesus in the Book of John            6:30 – 7:30 PM(SC1st – ES)Λ Ω© Game Time/ Ruthie  <b>7:00 – 9:00 PM (AC) Mountain Jam</b></p>	<p><sup>9</sup>            10:00 – 10: 45 AM (SC 4<sup>th</sup> – TTL) Knitting and Chatting            11:00 – 11:30 AM (SC1st – ES) Seated Exercise DVD            1:15 – 2:15 AM (SC1st) BBC Call the Midwife  <b>1:00 – 2:00 PM (AC) Active Body, Relaxed Mind</b>            2:30 – 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic  <b>4:00 – 5:00 PM (AC) Friday Fun at Four</b></p>	<p><sup>10</sup>            9:30 – 9:45 AM (SC1st – ES) Λ Morning Social  <b>10:00 – 11:00 AM (VC)∞ Ai Chi</b>            11:00 – 11:30 AM (SC1st – ES) Λ ∞ Chair Stretches  <b>1:00 – 3:00 PM (AC) ΛΩ Bingo</b>            2:00 – 4:00 PM (SC1st – ES) Λ Ω φ Afternoon Movie: <b>Hidden Figures</b>, 2 hrs. 7 mins (2016) (Biography, Drama, History) Rated PG</p>

<p style="text-align: right;"><b>11</b></p> <p>2:00-3:30 PM (SC3rd - EN) Λ Ω Scrabble</p> <p>2:00 - 4:00 PM (SC1st - ES) Classic Movie Sunday: <b>Anything for Love</b>, 1 hour 24 mins (2016) (Comedy, Romance)</p> <p>6:45 -7:30 PM (SC1st - ES) Λ Ω Sunday Evening Worship:</p>	<p style="text-align: right;"><b>12</b></p> <p>9:00 - 9:30 AM (SC1st - ES) Λ Women's Bible Study 10:00 - 10:45 AM(SC1st - ES)Λ Wii Bowling 11:00 - 11:30 AM (SC1st - ES) ∞DVD Fitness Toning <b>1:00 - 4:00 PM (AC) Λ Bridge</b> 1:15 - 2:15 PM (SC1st - ES)∞ British Drama: Upstairs, Downstairs DVD 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic <b>4:00 - 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</b> 6:45 - 8:30 PM (SC1st - ES) Λ Ω φ Monday Night Movie: <b>Lion 1</b> hour 58 mins (2016) (Biography, Drama) PG-13</p>	<p style="text-align: right;"><b>13</b></p> <p>9:15 - 10:45 (SC3rd) Λ Mini Manicures 11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training <b>11:00 AM - 12:00 PM (AC) Rejuvenation Movement</b> 1:30 - 2:30 PM(SC1st - ES)\$ Λ Ω Bingo 6:00 - 7:30 PM (SC3rd)Λ Mini Manicures 6:30 - 7:15 PM (SC1st - ES) Λ Ω© Writers group <b>7:00 - 9:00 PM (VC) Native Plant Society Meeting</b> 7:30 - 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p style="text-align: right;"><b>14</b></p> <p>9:00 - 9:30 AM (SC3rd -EN) Λ Brain Aerobics 10:00 - 10:45 AM (SC4th - TTL) Jewelry making with Mardy Radar 10:00 - 10:30 AM Λ Ω Catholic Communion 11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness <b>1:00 - 2:00 PM (AC) Λ Ω Scrabble With Friends</b> 2:30 - 3:00 PM (SCDR)∞Fitness w/ David: Seated Aerobic 3:00 - 3:30 PM (SCDR) Resident Meeting 4:00 - 4:45 (SC1st - ES) Gabbing with Cheryl <b>4:00 - 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</b></p>	<p style="text-align: right;"><b>15</b></p> <p>10:00 - 10:30 AM (SCConf) Episcopal Communion 9:45 - 10:45 AM (SC3rd - EN) Λ Ω • Investigate the Bible 10:00 - 10:45 (SC4th - TTL) Ω Beginning/Refresher Bridge class with Anne and Ted <b>10:00 - 11:00 AM (VC) Headline News Discussion Group</b> 11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training <b>1:00 - 2:00 PM (AC) Green Committee Bag Reuse Pick Up</b> 1:30 - 2:30 PM(SC1st - ES)\$ Λ Ω Bingo 2:30 - 4:00 PM (SC1st-ES) Bible Study: Daring Faith: Meeting Jesus in the Book of John 3:00 - 3:45 PM (SC4th-TTL) Sing-A- Long with Diane 6:30 - 7:30 PM(SC1st - ES)Λ Ω© Game Time with Ruthie</p>	<p style="text-align: right;"><b>16</b></p> <p>10:00 - 10: 45 AM (SC 4<sup>th</sup> - TTL) Knitting and Chatting 11:00 - 11:30 AM (SC1st - ES) Seated Exercise DVD 1:15 - 2:15 AM (SC1st) BBC Call the Midwife 1:30 - 2:30 PM (SC4th-TTL)Canasta <b>2:00 - 3:00 PM (AC) EXPERIENCING AMERICA: A Smithsonian Tour of American History - DVD Lecture Series</b> 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 3:00 - 3:30 PM (SCDR) Λ Ω Wine and Cheese Happy Hour 3:30 - 5:00 PM (SCLOB) - Montgomery Regional Mobile Library brings books for you to check out. <b>4:00 - 5:00 PM (VC) Story Hour/Happy Hour</b></p>	<p style="text-align: right;"><b>17</b></p> <p>9:30 - 9:45 AM (SC1st - ES) Λ Morning Social <b>10:00 - 11:00 AM (VC)∞ Ai Chi</b> 11:00 - 11:30 AM (SC1st - ES) Λ∞ Chair Stretches <b>11:00 AM - 12:00 P) (AC) Play With Your Food</b> <b>1:00 - 3:00 PM (AC) ΛΩ Bingo</b> 2:00 - 4:00 PM (SC1st-ES)Λ Ω φ Afternoon Movie: <b>The Founder</b>, 1 hour 55 mins (2016) (Biography, Drama, History) Rated PG-13</p>
<p style="text-align: right;"><b>18</b></p> <p>2:00-3:30 PM (SC3rd - EN) Λ Ω Scrabble</p> <p>2:00 - 4:00 PM (SC1st - ES) Classic Movie Sunday: <b>Esther and the King</b>, 1 hr 49 mins (1960) (Biography, Drama, History)</p> <p>6:45 -7:30 PM (SC1st - ES) Λ Ω Sunday Evening Worship:</p>	<p style="text-align: right;"><b>19</b></p> <p>9:30-Noon (SC Conf) ∞Podiatrist 11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness and Toning <b>1:00 - 4:00 PM (AC) Λ Bridge</b> 1:15 - 2:15 PM (SC1st - ES)∞ British Drama: Upstairs, Downstairs DVD 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic <b>4:00 - 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</b> 6:45 - 8:30 PM (SC1st - ES) Λ Ω φ Monday Night Movie: <b>Pele' : Birth of a Legend</b> 1 hr 47 mins (2016) (Biography, Drama, Sport) PG</p>	<p style="text-align: right;"><b>20</b></p> <p>9:15 - 10:45 (SC3rd) Λ Mini Manicures 10:00 - 10:45 (SC1st - ES) Λ Christian Fellowship - Methodist 11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training <b>11:00 AM - 12:00 PM (AC) Rejuvenation Movement</b> 12:30 PM (SC1st - ES) In The Kitchen With Kathy. What's cooking today? 1:30 - 2:30 PM(SC4th-TTL)Λ Ω Bingo 6:00 - 7:30 PM (SC3rd)Λ Mini Manicures 6:30 - 7:15 PM (SC1st - ES) Λ Ω© Writers group 7:30 - 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p style="text-align: right;"><b>21</b></p> <p>9:00 - 9:30 AM (SC3rd -EN) Λ Brain Aerobics 10:00 - 10:45 AM (SC4th - TTL) Jewelry making with Mardy Radar 11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness <b>1:00 - 2:00 PM (AC) Λ Ω Scrabble With Friends</b> 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 3:00 - 3:45 PM (SC1st - EM)© The Helping Hands of Showalter <b>4:00 - 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</b> 4:00 - 4:45 (SC1st - ES) Gabbing with Cheryl</p>	<p style="text-align: right;"><b>22</b></p> <p>9:45 - 10:45 AM (SC3rd - EN) Λ Ω • Investigate the Bible 10:00 - 10:45 (SC4th - TTL) Ω Beginning/Refresher Bridge class with Anne and Ted <b>10:00 - 11:00 AM (VC) Great Discussion group</b> 11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training 1:30 - 2:30 PM(SC1st - ES)\$ Λ Ω Bingo 2:35 - 4:00 PM (SC1st-ES) Bible Study: Daring Faith: Meeting Jesus in the Book of John 4:00 - 4:4PM (SC3rd) Reminisce with Sarah <b>5:30 - 6:30 PM (VC) Carilion Lecture: AFIB Presentation</b> 6:30 - 7:30 PM(SC1st - ES)Λ Ω© Game Time w/Ruthie <b>7:00 - 9:00 PM (AC) Mountain Jam</b></p>	<p style="text-align: right;"><b>23</b></p> <p>10:00 - 10: 45 AM (SC 4<sup>th</sup> - TTL) Knitting and Chatting 11:00 - 11:30 AM (SC1st - ES) Seated Exercise DVD <b>1:00 - 2:00 PM (AC) Active Body, Relaxed Mind</b> 1:15 - 2:15 AM (SC1st) BBC Call the Midwife 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic <b>4:00 - 6:00 PM (VC) Fourth Friday at the VC</b></p>	<p style="text-align: right;"><b>24</b></p> <p>9:30 - 9:45 AM (SC1st - ES) Λ Morning Social <b>10:00 - 11:00 AM (VC)∞ Ai Chi</b> 11:00 - 11:30 AM (SC1st - ES) Λ∞ Chair Stretches <b>1:00 - 3:00 PM (AC) ΛΩ Bingo</b> 2:00 - 4:00 PM (SC1st-ES)Λ Ω φ Afternoon Movie: <b>Forces of Nature</b>, 1 hr 45 mins (Comedy, Romance) (1999) PG-13</p> <p><b>4:00 - 5:00 PM (AC) The Early Family Gospel Performers</b></p>
<p style="text-align: right;"><b>25</b></p> <p>2:00-3:30 PM (SC3rd - EN) Λ Ω Scrabble</p> <p>2:00 - 4:00 PM (SC4th - TTL) NOTE LOCATION CHANGE Classic Movie Sunday: <b>The Grass Is Greener</b>, 1 hr 44 mins (Comedy, Drama, Romance) (1960) Rated Approved</p> <p>6:45 -7:30 PM (SC1st - ES) Λ Ω Sunday Evening Worship:</p>	<p style="text-align: right;"><b>26</b></p> <p>9:00 - 9:30 AM (SC1st - ES) Λ Real Coffee - Real Trivia 10:00 - 10:45 AM(SC1st - ES)Λ Wii Bowling 11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness and Toning <b>1:00 - 4:00 PM (AC) Λ Bridge</b> 1:15 - 2:15 PM (SC1st - ES)∞ British Drama: Upstairs, Downstairs DVD 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 6:45 - 8:30 PM (SC1st - ES) Λ Ωφ Monday Night Movie: <b>Her Alibi</b> - 1 hr, 34 mins (Comedy, Crime, Mystery) (1989) Rated PG</p>	<p style="text-align: right;"><b>27</b></p> <p>9:15 - 10:45 (SC3rd) Λ Mini Manicures 10:00 - 11:00 AM (SCCR) Λ Ω •Christian Fellowship - Presbyterian 11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training <b>11:00 AM - 12:00 PM (AC) Rejuvenation Movement</b> 1:30 - 2:30 PM(SC4th - ES)\$ Λ Ω Bingo 6:00 - 7:30 PM (SC3rd)Λ Mini Manicures with VT Students 6:30 - 7:15 PM (SC1st - ES) Λ Ω© Writers group 7:30 - 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p style="text-align: right;"><b>28</b></p> <p>9:00 - 9:30 AM (SC3rd -EN) Λ Brain Aerobics 10:00 - 10:45 AM (SC4th - TTL) Jewelry making with Mardy Radar 10:00 - 10:30 AM Λ Ω Catholic Communion 11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness <b>1:00 - 2:00 PM (AC) Λ Ω Scrabble With Friends</b> 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic <b>4:00 - 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</b> 4:00 - 4:45 (SC1st - ES) Gabbing with Cheryl <b>7:00 - 9:00 PM (AC) Movie and TV Night:</b></p>	<p style="text-align: right;"><b>29</b></p> <p>9:45 - 10:45 AM (SC3rd - EN) Λ Ω • Investigate the Bible 10:00 - 10:45 (SC4th - TTL) Ω Beginning/Refresher Bridge class with Anne and Ted <b>10:00 - 11:00 AM (VC) Headline News Discussion Group</b> 11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training 1:30 - 2:30 PM (SC1st - ES)\$ Λ Ω Bingo 2:35 - 4:00 PM ( SC1st-ES) Bible Study: Daring Faith: Meeting Jesus in the Book of John 3:00 - 3:30 PM (SC Lob) Ω June Birthday Social 6:30 - 7:30 PM(SC1st - ES)Λ Ω© Game Time with Ruthie</p>	<p style="text-align: right;"><b>30</b></p> <p>10:00 - 10: 45 AM (SC 4<sup>th</sup> - TTL) Knitting and Chatting 11:00 - 11:30 AM (SC1st - ES) Seated Exercise DVD <b>1:00 - 2:00 PM (AC) Active Body, Relaxed Mind</b> 1:15 - 2:15 AM (SC1st) BBC Call the Midwife 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic</p>	<p><b>Calendar Codes</b> SCLOB - Showalter Lobby SCCR - Showalter Conference Room SCDR - Showalter Dining Room SC1st - ES - Elmwood Studio SC3rd - EN - Engleberry Nook SC 4<sup>th</sup> - TTL - Tree Top Lounge <b>AC - Karr Activity Center</b> <b>VC - Village Center</b> <b>Events TOH - Tall Oaks Hall</b></p>