



The Cove at the Kroontje Health Care Center All activities are 30 - 45 minutes in length

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR-Activity Room DR-Dining Room O-Outside NS-Nursing Station LR-Living Room					1 Nail Day 9:15 Hymns with Lois (NS) 10:00 Cove Café (AR) 1:30 Nail Spa Treatment (AR) 3:00 Bingo (DR)	2 10:00 Cove Café (AR) 3:00 Bingo (DR)
3 4:00 Church Service (R) Blacksburg Christian Fellowship	4 10:00 Cove Café (AR) 11:00 Father's Day Trivia (AR) 1:30 Horse Shoes (AR) 3:00 Bingo (DR)	5 10:00 Cove Café (S) 10:00 Catholic Communion (LR) 11:00 Balloon Toss (AR) 2:00 Recipe Review with Jen (DR) 3:30 Exercise Group (Willows)	6 10:00 Cove Café (AR) 11:00 Nail Treatment (AR) 1:30 Scenic Ride (O) 3:00 Bingo (DR) 4:00 Musical Performance (NS) George on Clarinet	7 Chocolate Ice Cream Day 10:00 Cove Café (AR) 11:00 Adult Coloring 1:00 Pet Visit with Alf (NS) 2:00 Chocolate Ice Cream Social (AR) 3:30 Exercise Group (Willow's) 4:00 Protestant Communion with Jim (AR)	8 9:00 Sing a-long with David (NS) 10:00 Cove Café (AR) 11:00 Parachute (P) 1:30 Playing Cards (AR) 3:00 Bingo (DR)	9 10:00 Cove Café (AR) 3:00 Bingo (DR)
10 4:00 Church Service (R) Grace Covenant Presbyterian Church	11 10:00 Cove Café (AR) 11:00 Activity Planning Meeting (PR) 1:30 Horseshoes (P) 3:00 Bingo (DR)	12 Peanut Butter Cookie Day 10:00 Cove Café (AR) 10:00 Catholic Communion (LR) 11:00 Making Peanut Butter Cookies (P) 3:30 Exercise Group (Willow's)	13 10:00 Cove Café (AR) 11:00 Arts and Crafts (AR) 1:30 Nail Treatment (AR) 3:00 Bingo (DR) 4:00 George on Clarinet (NS)	14 Flag Day 10:00 Cove Café (AR) 1:00 Pet Visit with Alf (NS) 1:30 Learning about the Flag (AR) 3:30 Exercise Group (Willow's)	15 10:00 Cove Café (AR) 10:30 Life Stories Game (AR) 1:30 Nail Treatment (AR) 3:00 Bingo (DR)	16 10:00 Cove Café (AR) 3:00 Bingo (DR)
17 Father's Day 12:00 Father's Day Luncheon 4:00 Church Service (R) Blacksburg Christian Fellowship	18 10:00 Cove Café (AR) 11:00 Balloon Ball (AR) 1:30 Game Time (AR) 3:00 Bingo (DR)	19 10:00 Cove Café (AR) 10:00 Catholic Communion (LR) 1:30 Gardening Club (O) 3:30 Exercise Group (Willow's)	20 Bald Eagle Day 10:00 Cove Café (AR) 10:30 Bald Eagle Trivia (AR) 11:00 Nail Treatment (AR) 3:00 Birthday Social (Willows) 4:00 Musical Performance (NS) George on Clarinet (NS)	21 First Day of Summer 10:00 Cove Café (AR) 11:00 Hand Massage (AR) 1:00 Pet Visit with Alf (NS) 1:30 Scenic Ride (O) 3:30 Exercise Group (Willow's) 4:00 Protestant Communion with Jim (AR)	22 Chocolate Eclair Day 10:00 Cove Café (AR) 10:30 Parachute Exercise (AR) 11:00 Resident Council (AR) 1:30 Chocolate Éclair Social (NS) 3:00 Derby Race (DR) 4:00 Afternoon Movie (NS)	23 10:00 Cove Café (AR) 3:00 Bingo (DR)
24 4:00 Church Service (R) Union Valley Pentecostal Church	25 10:00 Cove Café (AR) 11:00 Balloon Toss (AR) 1:30 Game Time (AR) 3:00 Bingo (DR)	26 10:00 Cove Café (AR) 10:00 Catholic Communion (LR) 2:00 Recipe Review with Jen (DR) 3:30 Exercise Group (Willow's)	27 9:00 Breakfast and Coffee with Anna (AR) 11:00 Balloon Ball (AR) 1:30 Nail Treatment (AR) 3:00 Bingo (DR) 4:00 Musical Performance (NS) George on Clarinet (NS)	28 10:00 Cove Café (AR) 11:00 Gardening Club (O) 1:00 Pet Visit with Alf (NS) 3:30 Exercise Group (Willow's) 4:00 Musical Performance (NS) Sunny Side Band (DR)	29 10:00 Cove Café (AR) 10:30 Parachute Exercise (AR) 1:30 Afternoon Movie (NS) 3:00 Wine and Cheese Social (DR)	30 10:00 Cove Café (AR) 3:00 Bingo (DR)