



The Arbor at the Kroontje Health Care Center All activities are 30 - 60 minutes in length

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
C – Creative/Mental P – Physical Pr – Productive S – Social Sn – Sensory R – Reflective O - Outdoor					1 9:00 Morning Music (SN) 9:30 Arbor Café (S) 10:30 Manicure Day (SN) 2:00 What's that sound (C) 3:00 Bingo (S) 3:30 Afternoon Movie and Popcorn (S)	2 9:30 Arbor Café (S) 2:00 Balloon Toss (P) 4:00 Afternoon Movie and Popcorn (S)
3 4:00 Church Service (R) Blacksburg Christian Fellowship	4 9:00 Morning Music (SN) 9:30 Arbor Café (S) 10:30 Balloon Ball Exercise (P) 2:00 Finish The Line (C) 3:00 Bingo (S)	5 9:00 Morning Music (SN) 9:30 Arbor Café (S) 10:00 Catholic Communion (R) 10:30 Parachute Exercise (P) 2:00 Splash/Recipe Review with Jen (PR) 3:30 Exercise Group (P)	6 9:00 Morning Music (SN) 9:30 Arbor Café (S) 10:30 Balloon Ball (P) 2:00 Finish the Line (C) 3:00 Bingo (S) 4:30 Musical Performance (R) George on Clarinet	7 Chocolate Ice Cream Day 9:00 Morning Music (SN) 9:30 Arbor Café (S) 11:00 Music with Robbie (R) 1:30 Pet Visit with Alf (SN) 2:00 Chocolate Ice Cream Social (S) 3:30 Exercise Group (P) 4:00 Protestant Communion(R)	8 9:00 Morning Music (SN) 9:30 Arbor Café (S) 10:30 Hand Lotion Massage (SN) 2:00 Planting a Garden (P) 3:00 Bingo (S) 3:30 Afternoon Movie and Popcorn (S)	9 9:30 Arbor Café (S) 2:00 Bubbles on the Patio (P) 4:00 Afternoon Movie and Popcorn (S)
10 4:00 Church Service (R) Grace Covenant Presbyterian Church	11 9:00 Morning Music (SN) 9:30 Arbor Café (S) 10:30 Balloon Toss (P) 2:00 Game Time (C) 3:00 Bingo (S) 4:00 Movie Time (S)	12 9:00 Morning Music (SN) 9:30 Arbor Café (S) 10:00 Catholic Communion (R) 10:30 Adult Coloring (C) 1:30 Hymns with Lois (R) 3:30 Exercise Group (P) 4:15 Nail Treatment (SN)	13 9:00 Morning Music (SN) 9:30 Arbor Café (S) 10:30 Trivia (C) 2:00 Gardening Club (P) 3:00 Bingo 4:30 Musical Performance (R) George on Clarinet	14 9:00 Morning Music (SN) 9:30 Arbor Café (S) 11:00 Music with Robbie (R) 1:30 Pet Visit with Alf (S) 3:30 Exercise Group (P) 4:00 Protestant Communion with Jim (R)	15 9:00 Sing a-long with David (R) 9:30 Arbor Café (S) 10:30 Matching Game (C) 2:00 Sensory Time (SN) 3:00 Bingo (S) 3:30 Afternoon Movie and Popcorn (S)	16 9:30 Arbor Café (S) 2:00 Kick Ball (P) 4:00 Afternoon Movie and Popcorn (S)
17 Father's Day 12:00 Father's Day Luncheon (S) 4:00 Church Service (R) Blacksburg Christian Fellowship	18 9:00 Morning Music (SN) 9:30 Arbor Café (S) 10:30 Adult Coloring (C) 2:00 Balloon Toss (P) 3:00 Bingo (S) 4:15 Playing Cards (C)	19 9:00 Morning Music (SN) 9:30 Arbor Café (S) 10:00 Catholic Communion (R) 10:30 Arts and Crafts (C) 2:00 Task Boxes (C) 3:30 Exercise Group (P) 4:15 Nail Treatment (SN)	20 9:00 Morning Music (SN) 9:30 Arbor Café (S) 10:30 Puzzles (C) 12:00 Resident Lunch Outing (P) 3:00 Birthday Social (S) 4:30 Musical Performance (R) George on Clarinet	21 First Day of Summer 9:00 Morning Music (SN) 9:30 Arbor Café (S) 10:30 Cooking with Melissa (P) 1:30 Pet Visit with Alf (S) 3:30 Exercise Group (P) 4:00 Protestant Communion with Jim (R)	22 9:00 Morning Music (SN) 9:30 Arbor Café (S) 10:30 Trivia (C) 2:00 Gardening Club (P) 3:00 Derby Day (S) 3:30 Afternoon Movie and Popcorn (S)	23 9:30 Arbor Café (S) 2:30 Balloon Toss (P) 4:00 Afternoon Movie and Popcorn (S)
24 4:00 Church Service (R) Union Valley Pentecostal Church	25 9:00 Morning Music (SN) 9:30 Arbor Café (S) 10:30 Adult Coloring (C) 2:00 Balloon Toss (P) 3:00 Bingo (S) 4:15 Playing Cards (C)	26 9:00 Morning Music (SN) 9:30 Arbor Café (S) 10:00 Catholic Communion (R) 10:30 Arts and Crafts (C) 2:00 Splash/Recipe Review with Jen (PR) 3:30 Exercise Group (P) 4:15 Nail Treatment (SN)	27 9:00 Morning Music (SN) 9:30 Arbor Café (S) 10:30 Balloon Toss (P) 2:00 Bubbles on the Patio (P) 3:00 Bingo (S) 4:30 Musical Performance (R) George on Clarinet	28 9:00 Morning Music (SN) 9:30 Arbor Café (S) 10:30 Cooking with Melissa (P) 1:30 Scenic Ride (O) 1:30 Pet Visit with Alf (S) 3:30 Exercise Group (P) 4:00 Sunny Side Band Musical Performance (R)	29 9:00 Morning Music (SN) 9:30 Arbor Café (S) 10:30 Trivia (C) 2:00 Bean Bag Toss (P) 3:00 Wine and Cheese (S) 3:30 Afternoon Movie and Popcorn (S)	30 9:30 Arbor Café (S) 2:30 Sensory Time (SN) 4:00 Afternoon Movie and Popcorn (S)