
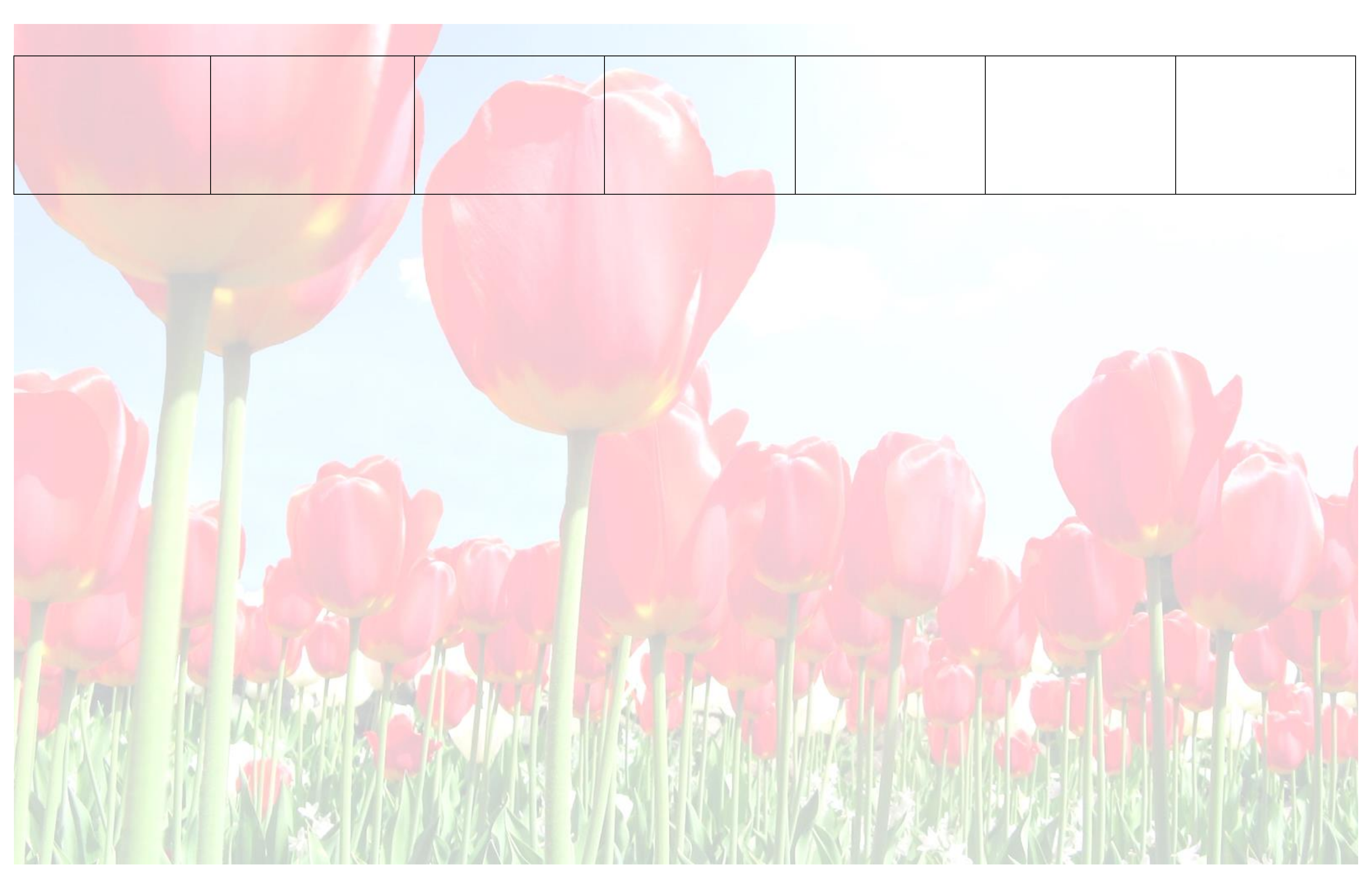


The Arbor at the Kroontje Health Care Center All activities are 30 - 45 minutes in length

JUNE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30 Arbor Café (S) 10:00 Gardening Time (P) 3:00 Music and Movement (SN) 4:00 Protestant Communion (R) 4:00 Todd the Dog Visits (SN)	2 Doughnut Day 9:30 Arbor Café (S) 10:00 Balloon Ball Exercise (P) 2:30 Doughnut Social (S) 3:00 Bingo (S)	3 9:00 Reminiscing with Cheryl (C) 1:30 Balloon Ball Exercise (P)
4 2:30 Bingo (DR) 4:00 Church Service (AR) Blacksburg Christian Fellowship	5 9:30 Arbor Café (S) 10:30 Arbor Artisans (PR) 11:00 Exercise (P) 11:30 Bible Study with Robbie (R) 2:00 Music and Movement (SN) 3:00 Bingo (S)	6 9:30 Arbor Café (S) 10:00 Cooking with Melodie (P) 11:00 Trivia (C) 2:30 Arts and Crafts (PR) 3:30 Spa Treatment (SN)	7 Chocolate Ice Cream Day 9:30 Arbor Café (S) 11:00 Exercise (P) 2:30 Ice Cream Social (S) 3:00 Bingo (S) 4:30 Music Performance (LR) George on Clarinet	8 9:30 Arbor Café (S) 10:00 Gardening Time (P) 1:30 Game Time (C) 4:00 Todd the Dog Visits (SN)	9 9:30 Arbor Café (S) 10:00 Balloon Ball Exercise (P) 2:00 Hand Lotion Massage (SN) 3:00 Bingo (S)	10 9:00 Reminiscing with Cheryl (C) 1:30 Balloon Ball Exercise (P)
11 2:30 Bingo (DR) 4:00 Church Service (AR) Grace Covenant Presbyterian Church	12 9:30 Arbor Café (S) 10:30 Arbor Artisans (PR) 11:00 Exercise (P) 2:00 Sensory Time (SN) 3:00 Bingo (S)	13 9:30 Arbor Café (S) 10:00 Catholic Communion 10:00 Cooking with Melodie (P) 11:00 Trivia (C) 1:30 Hymns with Lois (R) 2:00 Sights and Sounds (SN)	14 9:30 Arbor Café (S) 10:30 Knobby (SN) 11:00 Exercise (P) 2:00 Hand Lotion Massage (SN) 3:00 Chef Stage Center (S) 4:30 Music Performance (LR) George on Clarinet	15 9:30 Arbor Café (S) 10:00 Gardening Time (P) 11:30 Musical Performance Robbie Vance 4:00 Protestant Communion (R) 4:00 Todd the Dog Visits (SN)	16 9:30 Arbor Café (S) 10:00 Balloon Ball Exercise (P) 2:00 Game Time (C) 3:00 Bingo (S)	17 9:00 Reminiscing with Cheryl (C) 1:30 Balloon Ball Exercise (P)
18 2:30 Bingo (DR) 4:00 Church Service (AR) Blacksburg Christian Fellowship	19 9:30 Arbor Café (S) 10:30 Arbor Artisans (PR) 11:00 Exercise (P) 2:00 Hand Lotion Massage (SN) 3:00 Bingo (S)	20 9:30 Arbor Café (S) 10:00 Cooking with Melodie (P) 10:00 Catholic Communion (R) 11:00 Trivia (C) 3:30 Root Beer Float Social (S)	21 9:30 Arbor Café (S) 11:00 Exercise (P) 3:00 Bingo (S) 4:30 Music Performance (LR) George on Clarinet	22 9:30 Arbor Café (S) 10:00 Gardening Time (P) 1:30 Van Rides (O) 4:00 Todd the Dog Visits (SN) 4:00 Musical Performance (R) The Sunnyside Band	23 9:30 Arbor Café (S) 10:00 Balloon Ball Exercise (P) 2:00 Spa Treatment (SN) 3:00 Bingo (S)	24 9:00 Reminiscing with Cheryl (C) 1:30 Balloon Ball Exercise (P)
25 2:30 Bingo (DR) 4:00 Church Service (AR) Union Valley Pentecostal Church	26 9:30 Arbor Café (S) 10:30 Arbor Artisans (PR) 11:00 Exercise (P) 2:00 Sights and Sounds (SN) 3:00 Bingo (S)	27 9:00 Arbor Café (S) 10:00 Catholic Communion (R) 2:00 Recipe/Splash Review with Jen (S) 3:00 Trivia (C)	28 9:30 Arbor Café (S) 2:00 Hand Lotion Massage (SN) 3:00 Birthday Social (S) 4:30 Music Performance (LR) George on Clarinet	29 9:30 Arbor Café (S) 10:00 Trivia (C)	30 9:30 Arbor Café (S) 10:00 Balloon Ball Exercise (P) 3:00 Wine and Cheese Social (S) 6:30 Apple Dumpling Gang (R)	C – Creative/Mental P – Physical PR – Productive S – Social Sn – Sensory R – Reflective O - Outdoor



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