

The Willows at the Kroontje Health Care Center All activities are 30 – 45 minutes in length

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>C – Creative/Cognitive P – Physical PR – Productive S – Social SN – Sensory R – Reflective O – Outdoor</p>	J U L Y				<p>1 10:00 Puzzles in the Activities Room 2:30 Afternoon Movie and Popcorn (S)</p>
<p>2 2:30 Bingo (S) 4:00 Church Service (R) Blacksburg Christian Fellowship</p>	<p>3 10:00 Willows Café (S) 11:30 Bible Study with Robbie (R) 3:00 Bingo (S)</p>	<p>4 Independence Day 12:00 Independence Day Themed Luncheon (S) 3:30 Afternoon Movie and Popcorn (S)</p>	<p>5 10:00 Willows Café (S) 11:00 Gardening Club (P) 3:00 Bingo (S) 4:30 Music Performance (R) George on Clarinet</p>	<p>6 10:00 Willows Café (S) 11:00 Hand Lotion Massage (SN) 11:30 Exercise (P) 1:30 Spa Treatment (SN) 4:30 Todd the Dog Visits (SN)</p>	<p>7 9:00 Sing a-long with David (R) 10:00 Willows Café (S) 11:30 Trivia (C) 3:00 Bingo (S) 3:30 Afternoon Matinee and Popcorn (S)</p>	<p>8 11:00 Willows Café 2:30 Afternoon Movie and Popcorn (S)</p>
<p>9 2:30 Bingo (S) 4:00 Church Service (R) Grace Covenant Presbyterian Church</p>	<p>10 10:00 Willows Café (S) 11:00 Balloon Toss (P) 11:30 Adult Coloring Group (C) 1:30 Game Time (C) 3:00 Bingo (S)</p>	<p>11 10:00 Willows Café (S) 10:00 Catholic Communion (R) 11:00 Gardening Club (P) 1:30 Hymns with Lois (R) 3:30 Bean Bag Toss on the Patio (P)</p>	<p>12 10:00 Willows Café (S) 11:00 Hand Lotion Massage (SN) 1:30 Exercise Group (P) 3:00 Chef Stage Center (PR) 4:30 Music Performance (R) George on Clarinet</p>	<p>13 10:00 Willows Café (S) 11:00 Balloon Toss (P) 11:30 Baking with Jordan (P) 1:30 Scenic Van Rides (O) 4:30 Todd the Dog Visits (SN)</p>	<p>14 9:30 Willows Café (S) 10:00 Sing a-long with Kristi (R) 11:00 Trivia 3:00 Bingo (S) 3:30 Afternoon Matinee and Popcorn (S)</p>	<p>15 11:00 Willows Café 2:30 Afternoon Movie and Popcorn (S)</p>
<p>16 2:30 Bingo (S) 4:00 Church Service (R) Blacksburg Christian Fellowship</p>	<p>17 10:00 Willows Café (S) 11:00 Activity Planning Meeting (PR) 11:30 Gardening Club (P) 1:30 Game Time (C) 3:00 Bingo (S)</p>	<p>18 10:00 Willows Café (S) 10:00 Catholic Communion (R) 11:00 Painting Bird Houses (C) 3:30 Exercise Group (P)</p>	<p>19 10:00 Willows Café (S) 10:30 Pet Visit with Knobby (SN) 1:30 Spa Treatment (SN) 3:00 Birthday Social (S) 4:30 Music Performance (R) George on Clarinet</p>	<p>20 10:00 Willows Café (S) 11:00 Hand Massage (SN) 11:30 Musical Performance with Robbie Vance (R) 2:00 Visit with Rainbow Riders Children (PR) 4:00 Protestant Communion with Jim (R) 4:30 Todd the Dog Visits (SN)</p>	<p>21 10:00 Willows Café (S) 11:00 Trivia (C) 11:30 Adult Coloring (C) 1:30 Exercise Group (P) 3:00 Bingo (S) 4:00 Piano Musical Performance (R)</p>	<p>22 11:00 Willows Café 2:30 Afternoon Movie and Popcorn (S)</p>
<p>23 2:30 Bingo (S) 4:00 Church Service (R) Union Valley Pentecostal Church</p>	<p>24 10:00 Willows Café (S) 11:00 Trivia (C) 11:30 Gardening Club (P) 1:30 Game Time (C) 3:00 Bingo (S)</p>	<p>25 10:00 Willows Café (S) 10:00 Catholic Communion (R) 11:00 Painting Suncatchers (C) 1:30 Trivia (C) 2:00 Recipe/Splash Review with Jen (S) 3:30 Exercise Group (P)</p>	<p>26 10:00 Willows Café (S) 11:00 Hand Lotion Massage (SN) 1:30 Playing Wheel of Fortune (C) 3:00 Bingo (S) 4:30 Music Performance (R) George on Clarinet</p>	<p>27 10:00 Willows Café (S) 11:00 Summer Time Craft (C) 11:30 Trivia (C) 1:30 Scenic Van Rides (O) 4:00 Musical performance (R) Sunny Side Band 4:30 Todd the Dog Visits (SN)</p>	<p>28 9:00 Sing a-long with David (R) 10:00 Willows Café (S) 10:30 Resident Council with Amanda (PR) 3:00 Wine and Cheese Social (S) 6:15 Musical Performance (R) Apple Dumpling Gang</p>	<p>29 11:00 Willows Café 2:30 Afternoon Movie and Popcorn (S)</p>
<p>30 2:30 Bingo (S) 4:00 Church Service (R) Grace Light Baptist Church</p>	<p>31 10:00 Willows Café (S) 11:00 Trivia (C) 11:30 Gardening Club (P) 1:30 Game Time (C) 3:00 Bingo (S)</p>					