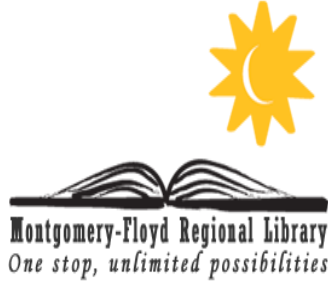


Sunday	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Movies and Short Talk and Sponsored by:</p> 	<p>Activities are subject to change. Please check daily activity calendar.</p>	<p>Calendar Codes <i>Physical-</i> ∞ <i>Social-</i> Λ <i>Cognitive/Intellectual-</i> Ω <i>Productive-</i> © <i>Sensory-</i> φ <i>Reflective-</i> • <i>Outdoor-</i> ◻ <i>Nature-</i> ≈ <i>Community-</i> ≡</p>	<p>Calendar Codes <i>SC</i>Lob – Showalter Lobby <i>SC</i>CR – Showalter Conference Room <i>SC</i>DR – Showalter Dining Room <i>SC</i>1st – ES - Elmwood Studio <i>SC</i>3rd - EN – Engleberry Nook <i>SC</i> 4th - TTL – Tree Top Lounge <i>AC</i> – Karr Activity Center <i>VC</i> – Village Center Events TOH - Tall Oaks Hall</p>			<p>¹ 9:30 – 9:45 AM (SC1st – ES) Λ Morning Social 11:00 – 11:30 AM (SC1st – ES) Λ ∞ Chair Stretches 11:00 AM – 12:00 PM (AC) Crafts with Randy 1:00 – 3:00 PM (AC) Λ Ω Bingo 2:00 – 4:00 PM (SC1st – ES) Λ Ω φ Afternoon Movie:</p>
<p>² 2:00-3:30 PM (SC3rd – EN) Λ Ω Scrabble 2:00 – 4:00 PM (SC1st – ES) Classic Movie Sunday: 6:45 -7:30 PM (SC1st – ES) Λ Ω Sunday Evening Worship:</p>	<p>³ 10:00 – 10:45 AM(SC1st – ES)Λ Wii Bowling 11:00 – 11:30 AM (SC1st – ES) ∞ DVD Fitness and Toning 1:00 – 4:00 PM (AC) Λ Ω Bridge 1:15 – 2:15 PM (SC1st – ES) ∞ British Drama: Upstairs, Downstairs DVD 2:30 – 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 6:45 – 8:30 PM (SC1st – ES) Λ Ω φ Monday Night Movie:</p>	<p>⁴ 9:15 - 10:45 (SC3rd) Λ Mini Manicures 11:00 – 11:30 AM (SC1st – ES) ∞ DVD-Fitness: Seated Strength Training 11:00 AM – 12:00 PM (AC) Rejuvenation Movement 12:00 – 1:00 PM (VC) Ferne's Brown Bag Lunch 1:30 – 2:30 PM(SC1st – ES)\$ Λ Ω Bingo 3:00–3:30 PM (SC1st – ES) Short Talk Program sponsored by Montgomery Regional Library: 6:00 – 7:30 PM (SC3rd)Λ Mini Manicures 6:30 – 7:15 PM (SC1st – ES) Λ Ω © Writers group 7:30 – 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p>⁵ 9:00 – 9:30 AM (SC3rd -EN) Λ Brain Aerobics 10:00 – 10:45 AM (SC4th – TTL) Jewelry making with Mardy Radar 10:00 – 10:30 AM Λ Ω Catholic Communion 11:00 – 11:30 AM (SC1st – ES) ∞ DVD Fitness: 1:00 – 2:00 PM (AC) Λ Ω Scrabble With Friends 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 7:30 – 9:00 PM (AC) NRV Bird Club Meeting</p>	<p>⁶ 9:45 - 10:45 AM (SC3rd - EN) Λ Ω • Investigate the Bible 10:00 – 10:45 (SC4th – TTL) Ω Beginning/Refresher Bridge class with Anne and Ted 10:00 – 11:00 AM (VC) Headline News Discussion Group 11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training 1:30 - 2:30 PM (SC1st - ES)\$ Λ Ω Bingo 3:00 – 3:30 PM (SC Lob) Ω July Birthday Social 6:30 - 7:30 PM(SC1st - ES)Λ Ω © Game Time with Ruthie</p>	<p>⁷ 10:00 – 10: 45 AM (SC 4th – TTL) Knitting and Chatting 11:00 – 11:30 AM (SC1st – ES) Seated Exercise DVD 1:15 – 2:15 AM (SC1st) BBC Call the Midwife 1:30 – 2:30 PM (SC4th - TTL)Canasta 2:00 – 3:00 PM (AC) Gospel Sing-a-long with Robbie Vance 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 3:00 – 3:30 PM (SCDR) Λ Ω Wine and Cheese Happy Hour 3:30 – 5:00 PM (SCLOB) – Montgomery Regional Mobile Library brings books for you to check out. 4:00 – 5:00 PM (AC) Village Birthday Celebration</p>	<p>⁸ 9:30 – 9:45 AM (SC1st – ES) Λ Morning Social 10:00 – 11:00 AM (VC) ∞ Ai Chi 11:00 – 11:30 AM (SC1st – ES) Λ ∞ Chair Stretches 1:00 – 3:00 PM (AC) Λ Ω Bingo 2:00 – 4:00 PM (SC1st – ES) Λ Ω φ Afternoon Movie:</p>
<p>⁹ 2:00-3:30 PM (SC3rd – EN) Λ Ω Scrabble 2:00 – 4:00 PM (SC1st – ES) Classic Movie Sunday: Anything for Love, 1 hour 24 mins (2016) (Comedy, Romance) 6:45 -7:30 PM (SC1st – ES) Λ Ω Sunday Evening Worship:</p>	<p>¹⁰ 10:00 – 10:45 AM(SC1st – ES)Λ Wii Bowling 11:00 – 11:30 AM (SC1st – ES) ∞ DVD Fitness Toning 1:00 – 4:00 PM (AC) Λ Bridge 1:15 – 2:15 PM (SC1st – ES) ∞ British Drama: Upstairs, Downstairs DVD 2:30 – 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 4:00 – 4:45 PM (AC) Λ Ω © WHV Singers Rehearsal 6:45 – 8:30 PM (SC1st – ES) Λ Ω φ Monday Night Movie:</p>	<p>¹¹ 9:15 - 10:45 (SC3rd) Λ Mini Manicures 11:00 – 11:30 AM (SC1st – ES) ∞ DVD-Fitness: Seated Strength Training 11:00 AM – 12:00 PM (AC) Rejuvenation Movement 1:30 – 2:30 PM(SC1st – ES)\$ Λ Ω Bingo 6:00 – 7:30 PM (SC3rd)Λ Mini Manicures 6:30 – 7:15 PM (SC1st – ES) Λ Ω © Writers group 7:00 – 9:00 PM (VC) Native Plant Society Meeting 7:30 – 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p>¹² 9:00 – 9:30 AM (SC3rd -EN) Λ Brain Aerobics 10:00 – 10:45 AM (SC4th – TTL) Jewelry making with Mardy Radar 10:00 – 10:30 AM Λ Ω Catholic Communion 11:00 – 11:30 AM (SC1st – ES) ∞ DVD Fitness 1:00 – 2:00 PM (AC) Λ Ω Scrabble With Friends 2:30 – 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 3:00 – 3:30 PM (SCDR) Resident Meeting 4:00 – 4:45 PM (AC) Λ Ω © WHV Singers Rehearsal</p>	<p>¹³ 10:00 – 10:45 (SC4th– TTL) Ω Beginning/Refresher Bridge class with Anne and Ted 10:00 – 10:45 AM (SC1st – ES) Λ Ω Men's Group 11:00 – 11:30 AM (SC1st – ES) ∞ DVD-Fitness: Seated Strength Training 1:30 – 2:30 PM(SC1st – ES)\$ Λ Ω Bingo 2:35 – 4:00 PM (SC1st - ES) Bible Study: Daring Faith: The Book of I John 6:30 – 7:30 PM(SC1st – ES)Λ Ω © Game Time/ Ruthie</p>	<p>¹⁴ 10:00 – 10: 45 AM (SC 4th – TTL) Knitting and Chatting 11:00 – 11:30 AM (SC1st – ES) Seated Exercise DVD 1:15 – 2:15 AM (SC1st) BBC Call the Midwife 1:00 – 2:00 PM (AC) Active Body, Relaxed Mind 2:30 – 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 4:00 – 5:00 PM (AC) Friday Fun at Four</p>	<p>¹⁵ 9:30 – 9:45 AM (SC1st – ES) Λ Morning Social 10:00 – 11:00 AM (VC) ∞ Ai Chi 11:00 – 11:30 AM (SC1st – ES) Λ ∞ Chair Stretches 11:00 AM – 12:00 P) (AC) Play With Your Food 1:00 – 3:00 PM (AC) Λ Ω Bingo 2:00 – 4:00 PM (SC1st– ES)Λ Ω φ Afternoon Movie:</p>

<p>16</p> <p>2:00-3:30 PM (SC3rd - EN) Λ Ω Scrabble</p> <p>2:00 - 4:00 PM (SC1st - ES) Classic Movie Sunday:</p> <p>6:45 -7:30 PM (SC1st - ES) Λ Ω Sunday Evening Worship:</p>	<p>17</p> <p>9:30-Noon (SC Conf) ∞Podiatrist</p> <p>11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness and Toning</p> <p>1:00 - 4:00 PM (AC) Λ Bridge</p> <p>1:15 - 2:15 PM (SC1st - ES)∞ British Drama: Upstairs, Downstairs DVD</p> <p>2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic</p> <p>4:00 - 4:45 PM (AC) Λ Ω@ WHV Singers Rehearsal</p> <p>6:45 - 8:30 PM (SC1st - ES) Λ Ω φ Monday Night Movie:</p>	<p>18</p> <p>9:15 - 10:45 (SC3rd) Λ Mini Manicures</p> <p>10:00 - 10:45 (SC1st - ES) Λ Christian Fellowship - Methodist</p> <p>11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training</p> <p>11:00 AM - 12:00 PM (AC) Rejuvenation Movement</p> <p>12:30 PM (SC1st - ES) In The Kitchen With Kathy. What's cooking today?</p> <p>1:30 - 2:30 PM(SC4th-TTL)Λ Ω Bingo</p> <p>6:00 - 7:30 PM (SC3rd)Λ Mini Manicures</p> <p>6:30 - 7:15 PM (SC1st - ES) Λ Ω@ Writers group</p> <p>7:30 - 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p>19</p> <p>9:00 - 9:30 AM (SC3rd -EN) Λ Brain Aerobics</p> <p>10:00 - 10:45 AM (SC4th - TTL) Jewelry making with Mardy Radar</p> <p>10:00 - 10:30 AM Λ Ω Catholic Communion</p> <p>11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness</p> <p>1:00 - 2:00 PM (AC) Λ Ω Scrabble With Friends</p> <p>2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic</p> <p>3:00 - 3:45 PM (SC1st - EM)@ The Helping Hands of Showalter</p> <p>4:00 - 4:45 PM (AC) Λ Ω@ WHV Singers Rehearsal</p>	<p>20</p> <p>10:00 - 10:30 AM (SCConf) Episcopal Communion</p> <p>9:45 - 10:45 AM (SC3rd - EN) Λ Ω • Investigate the Bible</p> <p>10:00 - 10:45 (SC4th - TTL) Ω Beginning/Refresher Bridge class with Anne and Ted</p> <p>10:00 - 11:00 AM (VC) Headline News Discussion Group</p> <p>11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training</p> <p>1:00 - 2:00 PM (AC) Green Committee Bag Reuse Pick Up</p> <p>1:30 - 2:30 PM(SC1st - ES)\$ Λ Ω Bingo</p> <p>2:30 - 4:00 PM (SC1st-ES) Bible Study: Daring Faith: The Book of I John</p> <p>3:00 - 3:45 PM (SC4th-TTL) Sing-A- Long with Diane</p> <p>6:30 - 7:30 PM(SC1st - ES)Λ Ω@ Game Time with Ruthie</p> <p>7:00 PM (AC) Summer on the Patio with Music and S'mores</p>	<p>21</p> <p>10:00 - 10: 45 AM (SC 4th - TTL) Knitting and Chatting</p> <p>11:00 - 11:30 AM (SC1st - ES) Seated Exercise DVD</p> <p>1:15 - 2:15 AM (SC1st) BBC Call the Midwife</p> <p>1:30 - 2:30 PM (SC4th-TTL)Canasta</p> <p>2:00 - 3:00 PM (AC) EXPERIENCING AMERICA: A Smithsonian Tour of American History - DVD Lecture Series</p> <p>2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic</p> <p>3:00 - 3:30 PM (SCDR) Λ Ω Wine and Cheese Happy Hour</p> <p>3:30 - 5:00 PM (SCLOB) - Montgomery Regional Mobile Library brings books for you to check out.</p> <p>4:00 - 5:00 PM (VC) Story Hour/Happy Hour</p>	<p>22</p> <p>9:30 - 9:45 AM (SC1st - ES) Λ Morning Social</p> <p>10:00 - 11:00 AM (VC)∞ Ai Chi</p> <p>11:00 - 11:30 AM (SC1st - ES) Λ∞ Chair Stretches</p> <p>1:00 - 3:00 PM (AC) ΛΩ Bingo</p> <p>2:00 - 4:00 PM (SC1st- ES)Λ Ω φ Afternoon Movie:</p>
<p>23</p> <p>2:00-3:30 PM (SC3rd - EN) Λ Ω Scrabble</p> <p>2:00 - 4:00 PM (SC4th - TTL) NOTE LOCATION CHANGE Classic Movie Sunday:</p> <p>6:45 -7:30 PM (SC1st - ES) Λ Ω Sunday Evening Worship:</p>	<p>24</p> <p>10:00 - 10:45 AM(SC1st - ES)Λ Wii Bowling</p> <p>11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness and Toning</p> <p>1:00 - 4:00 PM (AC) Λ Bridge</p> <p>1:15 - 2:15 PM (SC1st - ES)∞ British Drama: Upstairs, Downstairs DVD</p> <p>2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic</p> <p>6:45 - 8:30 PM (SC1st - ES) Λ Ωφ Monday Night Movie:</p>	<p>25</p> <p>9:15 - 10:45 (SC3rd) Λ Mini Manicures</p> <p>10:00 - 11:00 AM (SCCR) Λ Ω •Christian Fellowship - Presbyterian</p> <p>11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training</p> <p>11:00 AM - 12:00 PM (AC) Rejuvenation Movement</p> <p>1:30 - 2:30 PM(SC4th - ES)\$ Λ Ω Bingo</p> <p>6:00 - 7:30 PM (SC3rd)Λ Mini Manicures with VT Students</p> <p>6:30 - 7:15 PM (SC1st - ES) Λ Ω@ Writers group</p> <p>7:30 - 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p>26</p> <p>9:00 - 9:30 AM (SC3rd -EN) Λ Brain Aerobics</p> <p>10:00 - 10:45 AM (SC4th - TTL) Jewelry making with Mardy Radar</p> <p>10:00 - 10:30 AM Λ Ω Catholic Communion</p> <p>11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness</p> <p>1:00 - 2:00 PM (AC) Λ Ω Scrabble With Friends</p> <p>2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic</p> <p>4:00 - 4:45 PM (AC) Λ Ω@ WHV Singers Rehearsal</p> <p>4:00 - 4:45 (SC1st - ES) Gabbng with Cheryl</p> <p>7:00 - 9:00 PM (AC) Movie and TV Night:</p>	<p>27</p> <p>9:45 - 10:45 AM (SC3rd - EN) Λ Ω • Investigate the Bible</p> <p>10:00 - 10:45 (SC4th - TTL) Ω Beginning/Refresher Bridge class with Anne and Ted</p> <p>10:00 - 11:00 AM (VC) Great Discussion group</p> <p>11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training</p> <p>1:30 - 2:30 PM(SC1st - ES)\$ Λ Ω Bingo</p> <p>4:00 - 4:4PM (SC3rd) Reminisce with Sarah</p> <p>6:30 - 7:30 PM(SC1st - ES)Λ Ω@ Game Time w/Ruthie</p>	<p>28</p> <p>10:00 - 10: 45 AM (SC 4th - TTL) Knitting and Chatting</p> <p>11:00 - 11:30 AM (SC1st - ES) Seated Exercise DVD</p> <p>1:00 - 2:00 PM (AC) Active Body, Relaxed Mind</p> <p>1:15 - 2:15 AM (SC1st) BBC Call the Midwife</p> <p>2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic</p> <p>4:00 - 6:00 PM (VC) Fourth Friday Karaoke at the VC</p>	<p>29</p> <p>9:30 - 9:45 AM (SC1st - ES) Λ Morning Social</p> <p>10:00 - 11:00 AM (VC)∞ Ai Chi</p> <p>11:00 - 11:30 AM (SC1st - ES) Λ∞ Chair Stretches</p> <p>1:00 - 3:00 PM (AC) ΛΩ Bingo</p> <p>2:00 - 4:00 PM (SC1st- ES)Λ Ω φ Afternoon Movie: 7:00 - 8:00 PM (VC) The Unofficial History of Bellydance: w/ Ziah Ali</p>
<p>30</p> <p>2:00-3:30 PM (SC3rd - EN) Λ Ω Scrabble</p> <p>2:00 - 4:00 PM (SC4th - TTL) NOTE LOCATION CHANGE Classic Movie Sunday:</p> <p>6:45 -7:30 PM (SC1st - ES) Λ Ω Sunday Evening Worship:</p>	<p>31</p> <p>2:00-3:30 PM (SC3rd - EN) Λ Ω Scrabble</p> <p>2:00 - 4:00 PM (SC4th - TTL) NOTE LOCATION CHANGE Classic Movie Sunday:</p> <p>6:45 -7:30 PM (SC1st - ES) Λ Ω Sunday Evening Worship:</p>					