

The Cove at the Kroontje Health Care Center All activities are 30 – 45 minutes in length

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	AR – Activity Room DR – Dining Room FL – Front Lobby OS – Outside LY – Library BS – Beauty Shop NS-Nurses Station	JULY				1 4:00 Afternoon Movie and Popcorn (NS)
2 2:30 Bingo (DR) 4:00 Church Service (DR) Blacksburg Christian Fellowship	3 10:00 Cove Café (AR) 11:00 Bible Study with Robbie (AR) 1:30 Adult Coloring Group (AR) 3:00 Bingo (DR)	4 12:00 Independence Day Themed Luncheon (DR) 4:00 Afternoon Movie and Popcorn (NS)	5 10:00 Cove Café (AR) 11:00 Bible Study with Ruth and Ana (AR) 3:00 Bingo (DR) 4:00 Music Performance (NS) <b style="color: red;">George on Clarinet	6 10:00 Cove Café (S) 11:00 Gardening Club (O) 2:15 Nail Treatment (AR) 4:00 Todd the Dog Visits (NS)	7 9:15 Hymns with Lois (NS) 10:00 Cove Café (AR) 11:00 Trivia (AR) 3:00 Bingo (DR)	8 10:00 Cove Café (AR) 2:30 Aram and Gerry Musical Performance
9 2:30 Bingo (DR) 4:00 Church Service (DR) Grace Covenant Presbyterian Church	10 10:00 Cove Café (AR) 10:30 Hand Lotion Massage (AR) 11:00 Balloon Ball Exercise (AR) 3:00 Bingo (AR)	11 10:00 Cove Café (AR) 10:00 Catholic Communion (LR) 11:00 Nail Treatment (AR) 1:30 Scenic Van Rides (O) 4:00 Game Time (AR)	12 10:00 Cove Café (AR) 11:30 Balloon Ball (AR) 1:30 Exercise Group (AR) 3:00 Chef Stage Center (DR) 4:00 Music Performance (NS) <b style="color: red;">George on Clarinet	13 10:00 Cove Café (AR) 10:30 Gardening Club (O) 11:00 Painting Bird Houses (AR) 3:30 Bean Bag Toss in the Gardens (O) 4:00 Todd the Dog Visits (NS)	14 9:00 Sing a-long with David (AR) 10:00 Cove Café (AR) 11:00 Trivia (AR) 2:00 Balloon Ball (AR) 3:00 Bingo (DR)	15 10:00 Cove Café (AR) 4:00 Afternoon Movie and Popcorn (NS)
16 2:30 Bingo (DR) 4:00 Church Service (DR) Blacksburg Christian Fellowship	17 10:00 Cove Café (AR) 10:30 Hand Lotion Massage (AR) 11:00 Activity Planning Meeting (AR) 1:30 Gardening Club (O) 3:00 Bingo (DR)	18 10:00 Cove Café (AR) 10:00 Catholic Communion (LR) 11:00 Nail Treatment (AR) 1:30 Scenic Van Rides (O) 4:00 Game Time (AR)	19 10:00 Cove Café (AR) 10:30 Pet Visit with Knobby (NS) 11:00 Bible Study with Ruth and Ana (AR) 3:00 Birthday Social (DR) 4:00 Music Performance (NS) <b style="color: red;">George on Clarinet	20 10:00 Cove Café (AR) 11:00 Musical Performance with Robbie Vance (NS) 2:00 Visit with Rainbow Riders Children (AR) 4:00 Protestant Communion (AR) 4:00 Todd the Dog Visits (NS)	21 10:00 Sing a-long with Kristi (R) 10:30 Cove Café (S) 11:00 Cooking with Anna (P) 2:00 Cookies and Lemonade in the Gardens (S) 3:00 Bingo (S)	22 10:00 Cove Café (AR) 4:00 Afternoon Movie and Popcorn (NS)
23 2:30 Bingo (DR) 4:00 Church Service-R Union Valley Pentecostal Church (DR) ----- 30 2:30 Bingo-S 4:00 Church Service-R Grace Light Baptist Church (DR)	24 10:00 Cove Café (AR) 11:00 Hand Lotion Massage (AR) 1:30 Balloon Ball Exercise (AR) 3:00 Bingo (DR) ----- 31 10:00 Cove Café 11:00 Hand Lotion Massage 1:30 Guess that Song (C) 3:00 Bingo	25 10:00 Cove Café (AR) 10:00 Catholic Communion (LR) 11:00 Painting Suncatchers (AR) 2:00 Recipe/Splash Review with Jen (DR) 4:00 Game Time (AR)	26 10:00 Cove Café (AR) 11:00 Trivia in the Gardens (O) 11:30 Exercise with Anna (AR) 1:30 Nail Treatment (AR) 3:00 Bingo (DR) 4:00 Music Performance (NS) <b style="color: red;">George on Clarinet	27 10:00 Cove Café (AR) 10:30 Gardening Club (O) 11:00 Arts and Crafts with Anna (AR) 4:00 Musical performance (DR) <b style="color: red;">Sunny Side Band 4:00 Todd the Dog Visits (NS)	28 10:00 Cove Café (AR) 11:00 Resident Council with Patti (AR) 3:00 Wine and Cheese Social (DR) 6:15 Musical Performance (NS) <b style="color: red;">Apple Dumpling Gang	29 10:00 Cove Café (AR) 4:00 Afternoon Movie and Popcorn (NS)