

The Willows at the Kroontje Health Care Center All activities are 30-45 minutes in length

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Year's Day 12:00 New Year's Day Luncheon Enjoy music and movies throughout the day	2 10:00 Willows Café (S) 10:00 Catholic Communion (R) 1:30 Nail Treatment (SN) 3:30 Exercise (P)	3 10:00 Willows Café (S) 11:00 Horseshoes (P) 3:00 Bingo (S) 4:30 Music Performance (R) George on Clarinet	4 10:00 Willows Café (S) 11:00 Hand Lotion Massage (SN) 1:30 Adult Coloring (C) 4:00 Protestant Communion (R)	5 9:00 Sing a-long with David (R) 10:00 Willows Café (S) 11:00 Trivia (C) 3:00 Bingo (S) 3:30 Afternoon Movie (S)	6 2:30 Afternoon Movie and Popcorn (S): An American in Paris: Not Rated
7 4:00 Church Service (R) Blacksburg Christian Fellowship	8 Happy Birthday Elvis 10:00 Willows Café (S) 11:00 Elvis Trivia (C) 1:30 Game Time (C) 3:00 Bingo (S)	9 10:00 Willows Café (S) 10:00 Catholic Communion (R) 11:00 Baking Treats (P) 1:30 Hymns with Lois (R) 3:30 Exercise (P)	10 10:00 Willows Café (S) 11:00 Adult Coloring (C) 1:30 Nail Treatment (SN) 3:00 Bingo (S) 4:30 Music Performance (R) George on Clarinet	11 National Milk Day 10:00 Willows Café (S) 11:00 Hand Lotion Massage (SN) 1:30 Milkshake Social (S) 3:30 Game Time (C)	12 10:00 Sing a-long with Kristi (R) 10:30 Willows Café (S) 11:00 Trivia (C) 3:00 Bingo (S) 3:30 Afternoon Movie (S)	13 2:30 Afternoon Movie and Popcorn (S): Dances with Wolves: Rated PG-13
14 4:00 Church Service (R) Grace Covenant Presbyterian Church	15 10:00 Willows Café (S) 11:00 Activity Planning Meeting (PR) 1:30 Game Time (C) 3:00 Bingo (S)	16 10:00 Willows Café (S) 10:00 Catholic Communion (R) 10:30 Arts and Crafts (C) 1:30 Nail Treatment (SN) 3:30 Exercise (P)	17 10:00 Willows Café (S) 11:00 Wheel of Fortune (C) 1:30 Hot Cocoa Social (S) 3:00 Birthday Social (S) 4:30 George on Clarinet	18 10:00 Willows Café (S) 11:00 Hand Lotion Massage (SN) 1:30 Bean Bag Toss (P) 4:00 Protestant Communion (R)	19 National Popcorn Day 10:00 Willows Café (S) 11:00 Trivia (C) 1:30 Popcorn Party (S) 3:00 Bingo (DR) 3:30 Afternoon Movie (S)	20 11:00 Willows Café (S) 3:00 Bingo (S)
21 4:00 Church Service (R) Blacksburg Christian Fellowship	22 10:00 Willows Café (S) 11:00 Table Balloon Ball (P) 1:30 Game Time (C) 3:00 Bingo (S)	23 National Pie Day 10:00 Willows Café (S) 10:00 Catholic Communion (R) 11:00 Baking Treats (P) 1:30 Nail Treatment (SN) 3:30 Exercise (P)	24 10:00 Willows Café (S) 11:00 Adult Coloring (C) 1:30 Bean Bag Toss (P) 3:00 Bingo (S) 4:30 Music Performance George on Clarinet	25 National Irish Coffee Day 10:00 Willows Café (S) 11:00 Hand Massage(SN) 1:30 Irish Coffee Social (S) 4:00 Sunny Side Band	26 9:00 Sing a-long with David (R) 10:00 Willows Café (S) 10:30 Resident Council (PR) 3:00 Wine & Cheese (S) 3:30 Afternoon Movie	27 11:00 Willows Café (S) 3:00 Bingo (S)
28 4:00 Church Service (R) Union Valley Pentecostal Church	29 National Puzzle Day 10:00 Willows Café (S) 11:00 Jumbo Crossword Puzzles (C) 1:30 Game Time (C) 3:00 Bingo (S)	30 10:00 Willows Café (S) 10:00 Communion (R) 11:00 Baking Treats (P) 1:30 Nail Treatment (SN) 2:00 Recipes with Jen (PR)	31 10:00 Willows Café (S) 11:00 Arts and Crafts (C) 1:30 Wheel of Fortune (C) 3:00 Bingo (S) 4:30 Music Performance	C – Creative/Mental P – Physical PR – Productive S – Social SN – Sensory R – Reflective O - Outdoor		

