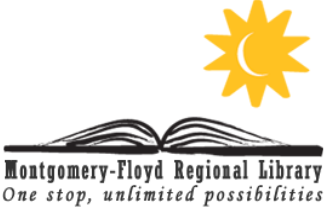



Sunday	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Calendar Codes</b>                      Physical- ∞                      Social- Λ                      Cognitive/Intellectual- Ω                      Productive- ©                      Sensory- φ                      Reflective- •                      Outdoor- Δ                      Nature- ≈                      Community- ≡</p>	<p><b>Calendar Codes</b>                      SCLob – Showalter Lobby                      SCCR – Showalter Conference Room                      SCDR – Showalter Dining Room                      SC1st – ES - Elmwood Studio                      SC3rd - EN – Engleberry Nook                      SC 4<sup>th</sup> - TTL – Tree Top Lounge                      AC – Karr Activity Center                      VC – Village Center Events                      TOH - Tall Oaks Hall</p>	<p>Movies Sponsored by:</p>  <p>Montgomery-Floyd Regional Library                      One stop, unlimited possibilities</p>	<p>Activities are subject to change. Please check daily activity calendar for updates.</p>			
	<p style="text-align: right;"><b>1</b></p> 	<p style="text-align: right;"><b>2</b></p> <p>9:15 - 10:45 AM (SC3rd) Λ Mini Manicures                      11:00 – 11:30 AM (SC1st – ES) ∞ DVD-Fitness: Seated Strength Training                      1:30 – 2:30 PM(SC1st – ES)\$ Λ Ω Bingo                      3:30 – 4:15 PM (SC1st-ES) ∞ABC Fitness with Logan                      6:00 – 7:30 PM (SC3rd)Λ Mini Manicures                      6:30 – 7:15 PM (SC1st – ES) Λ Ω© Writers group                      7:30 – 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p style="text-align: right;"><b>3</b></p> <p>10:00 – 10:30 AM Λ Ω Catholic Communion                      11:00 – 11:30 AM (SC1st – ES)∞ DVD Fitness:                      1:00 – 2:00 PM (AC) Λ Ω Scrabble With Friends                      2:30 - 3:00 PM (SCDR)∞Fitness w/ David: Seated Aerobic                      3:00 – 3:30 PM (SCCR) Λ Helping Hands of Showalter                      3:30 - 4:15 (Sc1st – ES)∞ Wii Bowling                      7:30pm-9:00pm (AC) New River Bird Club Meeting</p>	<p style="text-align: right;"><b>4</b></p> <p>10:00 – 10:30 AM (SC1st-ES) ∞ABC Fitness with Logan                      10:00 AM – 12:00 PM (SC4th – TTL) Ω Beginning/Refresher Bridge class with Anne and Ted                      10:00 – 11:00 AM (VC) Headline News Discussion Group                      11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training                      1:30 - 2:30 PM (SC1st - ES)\$ Λ Ω Bingo                      2:35 – 4:00 PM ( SC1st-ES) Bible Study: Daring Faith: 1<sup>st</sup> John                      3:00 – 3:30 PM (SC Lob) Ω January Birthday Social/ Brain Aerobics                      6:30 - 7:30 PM(SC1st - ES)Λ Ω© Game Time with Ruthie</p>	<p style="text-align: right;"><b>5</b></p> <p>10:00 – 10: 45 AM (SC 4<sup>th</sup> – TTL) Knitting and Chatting                      11:00 – 11:30 AM (SC1st – ES) Seated Exercise DVD                      1:15 – 2:15 AM (SC1st) BBC Call the Midwife                      2:00 – 3:00 PM (AC) Gospel Sing-a-long with Robbie Vance                      2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic                      3:00 – 3:30 PM (SCDR) Λ Ω Wine and Cheese Happy Hour                      4:00 – 5:00 PM (AC) Village Birthday Celebration</p>	<p style="text-align: right;"><b>6</b></p> <p>9:30 – 10:15 AM (SC1st – ES) Λ Morning Social                      11:00 AM – 12:00 PM (AC) Crafts with Randy                      11:00 – 11:30 AM (SC1st – ES) Λ∞ Chair Stretches                      1:00 – 3:00 PM (AC) ΛΩ Bingo                      2:00 – 4:00 PM (SC1st – ES)ΛΩφ Afternoon Movie: <b>The Trip to Spain</b> 1 hr 38 mins (2017) (Comedy, Drama) Not Rated</p>
<p style="text-align: right;"><b>7</b></p> <p>2:00-3:30 PM (SC3rd – EN) Λ Ω Scrabble                       2:00 – 4:00 PM (SC1st – ES) φ Movie Sunday: <b>Mully</b> 1 hr 21 mins (2015) (Documentary, Adventure, Biography) TV-PG                       6:45 -7:30 PM (SC1st – ES) Λ Ω Sunday Evening Worship:</p>	<p style="text-align: right;"><b>8</b></p> <p>10:00 – 10:45 AM(SC1st – ES)Λ Wii Bowling                      11:00 – 11:30 AM (SC1st – ES) ∞DVD Fitness Toning                      1:00 – 4:00 PM (AC) Λ Bridge                      1:15 – 2:15 PM (SC1st – ES)∞ British Drama: Agatha Christie's Poirot, Series 1                      2:30 – 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic                      6:45 – 8:30 PM (SC1st – ES) Λ Ω φ Monday Night Movie: <b>Maudie</b> 1 hr 55 mins (2016) (Biography, Drama, Romance) PG-13</p>	<p style="text-align: right;"><b>9</b></p> <p>9:15 - 10:45 (SC3rd) Λ Mini Manicures                      11:00 – 11:30 AM (SC1st – ES) ∞ DVD-Fitness: Seated Strength Training                      1:30 – 2:30 PM(SC1st – ES)\$ Λ Ω Bingo                      3:00–3:30 PM (SC3rd)Λ Ω • Investigate the Bible                      3:30 – 4:15 PM (SC1st-ES) ∞ ABC Fitness with Logan                      4:00 – 5:15 (SCLob) Montgomery Regional Mobile Library brings books for you to check out.                      6:00 – 7:30 PM (SC3rd)Λ Mini Manicures                      6:30 – 7:15 PM (SC1st – ES) Λ Ω© Writers group                      7:30 – 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p style="text-align: right;"><b>10</b></p> <p>10:00 – 10:30 AM Λ Ω Catholic Communion                      11:00 – 11:30 AM (SC1st – ES)∞ DVD Fitness                      1:00 – 2:00 PM (AC) Λ Ω Scrabble With Friends                      2:30 – 3:00 PM (SCDR)∞Fitness w/ David: Seated Aerobic                      3:00 – 3:45 PM (SCDR)© Residents Meeting                      3:30 - 4:15 (Sc1st – ES)∞ Wii Bowling</p>	<p style="text-align: right;"><b>11</b></p> <p>10:00 – 10:30 AM (SC1st-ES) ∞ ABC Fitness with Logan                      10:00 – 10:30 AM (SCConf) Episcopal Communion                      10:00 AM – 12:00 PM (SC4th- TTL) Ω Beginning/Refresher Bridge class with Anne and Ted                      11:00 – 11:30 AM (SC1st – ES) ∞ DVD-Fitness: Seated Strength Training                      1:30 – 2:30 PM(SC1st – ES)\$ Λ Ω Bingo                      2:35 – 4:00 PM (SC1st - ES) Bible Study: Daring Faith: 1<sup>st</sup> John                      3:00 – 3:30 PM (4<sup>th</sup> – TTL) Brain Aerobics                      6:30 – 7:30 PM(SC1st – ES)Λ Ω© Game Time/ Ruthie                      7:00 – 9:00 PM (AC) Mountain Jam</p>	<p style="text-align: right;"><b>12</b></p> <p>10:00 – 10: 45 AM (SC 4<sup>th</sup> – TTL) Knitting and Chatting                      11:00 – 11:30 AM (SC1st – ES) Seated Exercise DVD                      1:15 – 2:15 AM (SC1st) BBC Call the Midwife                      2:30 – 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic                      4:00 – 5:00 PM (AC) Friday Fun at Four</p>	<p style="text-align: right;"><b>13</b></p> <p>9:30 – 10:15 AM (SC1st – ES) Λ Morning Social                      11:00 – 11:30 AM (SC1st – ES) Λ∞ Chair Stretches                      1:00 – 3:00 PM (AC) ΛΩ Bingo                      2:00 – 4:00 PM (SC1st – ES) Λ Ω φ Afternoon Movie: <b>The Space Between Us</b> 2 hrs (2017) PG-13</p>

<p style="text-align: right;"><b>14</b></p> <p>2:00-3:30 PM (SC3rd - EN) Λ Ω Scrabble</p> <p>2:00 - 4:00 PM (SC1st - ES) φ Classic Movie Sunday: <b>The Glass Castle</b> 2 hrs 7 mins (2017) PG-13</p> <p>6:45 -7:30 PM (SC1st - ES) Λ Ω Sunday Evening Worship:</p>	<p style="text-align: right;"><b>15</b></p> <p>9:30-Noon (SC Conf) ∞Podiatrist 11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness and Toning <b>1:00 - 4:00 PM (AC) Λ Bridge</b> 1:00 - 2:00 PM (SCConf) Free Hearing Aid Clinic - Repair and Cleaning Free 1:15 - 2:15 PM (SC1st - ES)∞ British Drama: Agatha Christie's Poirot, Series 1 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic <b>4:00 - 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</b> 6:45 - 8:30 PM (SC1st - ES) Λ Ω φ Monday Night Movie: <b>The Bounce Back</b> 1 hr. 44 mins (Comedy, Romance) (2016)</p>	<p style="text-align: right;"><b>16</b></p> <p>9:15 - 10:45 (SC3rd) Λ Mini Manicures 10:00 - 10:45 (SC1st - ES) Λ Christian Fellowship - Methodist 11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training 1:30 - 2:30 PM(SC3rd- ES)Λ Ω Bingo 3:30 - 4:15 PM (SC1st-ES) ∞ ABC Fitness with Logan 6:00 - 7:30 PM (SC3rd)Λ Mini Manicures 6:30 - 7:15 PM (SC1st - ES) Λ Ω© Writers group 7:30 - 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p style="text-align: right;"><b>17</b></p> <p>10:00 - 10:30 AM Λ Ω Catholic Communion 11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness <b>1:00 - 2:00 PM (AC) Λ Ω Scrabble With Friends</b> 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 3:00 - 3:30 PM (SC1st - ES) What's Cooking with Nate 3:30 - 4:15 (Sc1st - ES)∞ Wii Bowling <b>4:00 - 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</b> <b>7:00 - 8:00 PM (VC) Dan Leary/Brown Bowler Productions One Man Show</b></p>	<p style="text-align: right;"><b>18</b></p> <p>10:00 - 10:30 AM (SC1st-ES) ∞ ABC Fitness with Logan 10:00 AM - 12:00 PM (SC4th - TTL) Ω Beginning/Refresher Bridge class with Anne and Ted <b>10:00 - 11:00 AM (VC) Headline News Discussion Group</b> 11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training 1:30 - 2:30 PM(SC1st - ES)\$ Λ Ω Bingo 2:30 - 4:00 PM (SC1st-ES) Bible Study: 1<sup>st</sup> John 3:00 - 3:45 PM (SC4th-TTL) Sing-A- Long with Diane 6:30 - 7:30 PM(SC1st - ES)Λ Ω© Game Time with Ruthie</p>	<p style="text-align: right;"><b>19</b></p> <p>10:00 - 10: 45 AM (SC 4<sup>th</sup> - TTL) Knitting and Chatting 10:00 - 10:30 AM (SC4th) Helping Hands of Showalter - Christmas Card Addressing Help 11:00 - 11:30 AM (SC1st - ES) Seated Exercise DVD 1:15 - 2:15 AM (SC1st) BBC Call the Midwife 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 3:00 - 3:30 PM (SCDR) Λ Ω Wine and Cheese Happy Hour <b>4:00 - 5:00 PM (VC) Story Hour/Happy Hour</b></p>	<p style="text-align: right;"><b>20</b></p> <p>9:30 - 10:15 AM (SC1st - ES) Λ Morning Social 11:00 - 11:30 AM (SC1st - ES) Λ∞ Chair Stretches <b>1:00 - 3:00 PM (AC) ΛΩ Bingo</b> 2:00 - 4:00 PM (SC1st-ES)Λ Ω φ Afternoon Movie: <b>Home Again</b> 1 hr 37 mins (Comedy, Drama, Romance) (2017) PG-13 <b>4:00 - 5:00 PM (AC) Blacksburg Ukulele Situation</b></p>
<p style="text-align: right;"><b>21</b></p> <p>2:00-3:30 PM (SC3rd - EN) Λ Ω Scrabble</p> <p>2:00 - 4:00 PM (SC1st - ES) φ Movie Sunday: <b>Grand Hotel</b> 1 hr 52 min (1932) (Drama, Romance) Rated Passed.</p> <p>6:45 -7:30 PM (SC1st - ES) Λ Ω Sunday Evening Worship:</p>	<p style="text-align: right;"><b>22</b></p> <p>10:00 - 10:45 AM(SC1st - ES)Λ Wii Bowling 11:00 - 11:30 AM (SC1st - ES) ∞DVD Fitness Toning <b>1:00 - 4:00 PM (AC) Λ Bridge</b> 1:15 - 2:15 PM (SC1st - ES)∞ British Drama: Agatha Christie's Poirot, Series 1 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic <b>4:00 - 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</b> 6:45 - 8:30 PM (SC1st - ES) Λ Ω φ Monday Night Movie: <b>Visions: The Great Cities of Europe</b> 1 hr. (Documentary - travel) Not Rated.</p>	<p style="text-align: right;"><b>23</b></p> <p>9:15 - 10:45 (SC3rd) Λ Mini Manicures 10:00 - 11:00 AM (SCCR) Λ Ω •Christian Fellowship - Presbyterian 11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training 1:30 - 2:30 PM(SC1st - ES)\$ Λ Ω Bingo 3:00-3:30 PM (SC3rd) Λ Ω • Investigate the Bible 3:30 - 4:15 PM (SC1st-ES) ∞ ABC Fitness with Logan 4:00 - 5:15 (SClob) Montgomery Regional Mobile Library brings books for you to check out. 6:00 - 7:30 PM (SC3rd)Λ Mini Manicures with VT Students 6:30 - 7:15 PM (SC1st - ES) Λ Ω© Writers group 7:30 - 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p style="text-align: right;"><b>24</b></p> <p>10:00 - 10:30 AM Λ Ω Catholic Communion 11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness <b>1:00 - 2:00 PM (AC) Λ Ω Scrabble With Friends</b> 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 3:30 - 4:15 (Sc1st - ES)∞ Wii Bowling <b>4:00 - 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</b></p>	<p style="text-align: right;"><b>25</b></p> <p>10:00 - 10:30 AM (SC1st-ES) ∞ ABC Fitness with Logan 10:00 AM - 12:00 PM (SC4th - TTL) Ω Beginning/Refresher Bridge class with Anne and Ted 11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training 1:30 - 2:30 PM (SC1st - ES)\$ Λ Ω Bingo 2:35 - 4:00 PM ( SC1st-ES) Bible Study: Daring Faith: 1<sup>st</sup> John 3:00 - 3:30 PM (SC4th) Brain Aerobics 6:30 - 7:30 PM(SC1st - ES)Λ Ω© GameTime with Ruthie</p>	<p style="text-align: right;"><b>26</b></p> <p>10:00 - 10: 45 AM (SC 4<sup>th</sup> - TTL) Knitting and Chatting 11:00 - 11:30 AM (SC1st - ES) Seated Exercise DVD 1:15 - 2:15 AM (SC1st) BBC Call the Midwife 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic</p>	<p style="text-align: right;"><b>27</b></p> <p>9:30 - 10:15 AM (SC1st - ES) Λ Morning Social 11:00 - 11:30 AM (SC1st - ES) Λ∞ Chair Stretches <b>1:00 - 3:00 PM (AC) ΛΩ Bingo</b> 2:00 - 4:00 PM (SC1st-ES)Λ Ω φ Afternoon Movie: <b>Visions: The Great Cities of Europe</b> 1 hr. (Documentary - travel) Not Rated.</p>
<p style="text-align: right;"><b>28</b></p> <p>2:00-3:30 PM (SC3rd - EN) Λ Ω Scrabble</p> <p>2:00 - 4:00 PM (SC1st- ES) φ Movie Sunday: <b>Bing Crosby Rediscovered</b> 1 hr 30 mins (Documentary, Biography) (2014) Not Rated</p> <p>6:45 -7:30 PM (SC1st - ES) Λ Ω Sunday Evening Worship:</p>	<p style="text-align: right;"><b>29</b></p> <p>10:00 - 10:45 AM(SC1st - ES)Λ Wii Bowling 11:00 - 11:30 AM (SC1st - ES) ∞DVD Fitness Toning <b>1:00 - 4:00 PM (AC) Λ Bridge</b> 1:15 - 2:15 PM (SC1st - ES)∞ British Drama: Agatha Christie's Poirot, Series 1 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic <b>4:00 - 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</b> 6:45 - 8:30 PM (SC1st - ES) Λ Ω φ Monday Night Movie: <b>To Walk Invisible</b> 2 hrs. (Biography, Drama) (2016) TV-PG</p>	<p style="text-align: right;"><b>30</b></p> <p>9:15 - 10:45 (SC3rd) Λ Mini Manicures 11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training 1:30 - 2:30 PM(SC1st - ES)\$ Λ Ω Bingo 3:00-3:30 PM (SC3rd)Λ Ω • Investigate the Bible 3:30 - 4:15 PM (SC1st-ES) ∞ ABC Fitness with Logan 6:00 - 7:30 PM (SC3rd)Λ Mini Manicures 6:30 - 7:15 PM (SC1st - ES) Λ Ω© Writers group 7:30 - 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p style="text-align: right;"><b>31</b></p> <p>10:00 - 10:30 AM Λ Ω Catholic Communion 11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness <b>1:00 - 2:00 PM (AC) Λ Ω Scrabble With Friends</b> 2:30 - 3:00 PM (SCDR)∞Fitness w/ David: Seated Aerobic 3:30 - 4:15 (Sc1st - ES) ∞Wii Bowling <b>4:00 - 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</b></p>			