


The Willows at the Kroontje Health Care Center All activities are 30 - 45 minutes in length

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
		1 10:00 Willows Café (S) 10:00 Catholic Communion (R) 1:30 Pet Visit with Alf the Dog (SN) 3:30 Sit and Be Fit Class (P)	2 10:00 Willows Café (S) 11:00 Nail Treatment (SN) 1:30 Activity Cart (I) 3:00 Bingo (S) 4:30 Musical Performance (R) George on Clarinet	3 10:00 Willows Café (S) 11:00 Hand Lotion Massage (SN) 1:30 Education about the Squirrel (C) 3:30 Sit and Be Fit Class (P) 4:00 Protestant Communion with Jim (R)	4 9:00 Sing a-long with David (R) 10:00 Willows Café (S) 10:30 Game Time (C) 3:00 Bingo (S) 3:30 Afternoon Movie and Popcorn (S)	5 10:30 Willows Café (S) 1:30 Game Time (C) 3:00 Bingo (S)		
		6 10:30 Willows Café (S) 11:00 Trivia (C) 4:00 Church Service (R) Blacksburg Christian Fellowship	7 10:00 Willows Café (S) 11:00 Adult Coloring (C) 1:30 Game Time (C) 3:00 Bingo (S)	8 Elvis' Birthday 10:00 Willows Café (S) 10:00 Catholic Communion (R) 11:00 Elvis Trivia and Fun Facts (C) 1:30 Pet Visit with Alf (SN) 1:30 Hymns with Lois (R) 3:30 Sit and Be Fit Class (P)	9 10:00 Willows Café (S) 11:00 Game Time (C) 1:30 Activity Cart (I) 3:00 Bingo (S) 4:30 Musical Performance (R) George on Clarinet	10 10:00 Willows Café (S) 11:00 Nail Treatment (SN) 1:30 Education about the Penguin (C) 3:30 Sit and Be Fit Class (P)	11 10:00 Willows Café (S) 11:00 Poetry Reading (C) 3:00 Bingo (S) 3:30 Afternoon Movie and Popcorn (S)	12 10:30 Willows Café (S) 1:30 Game Time (C) 3:00 Bingo (S)
		13 10:30 Willows Café (S) 11:00 Trivia (C) 4:00 Church Service (R) Grace Covenant Presbyterian Church	14 10:00 Willows Café (S) 11:00 Adult Coloring (C) 1:30 Game Time (C) 3:00 Bingo (S)	15 10:00 Willows Café (S) 10:00 Catholic Communion (R) 11:00 Nail Treatment (SN) 1:30 Pet Visit with Alf the Dog (SN) 3:30 Sit and Be Fit Class (P)	16 10:00 Willows Café (S) 11:00 Ring Toss (P) 2:00 Chef Stage Center (S) 3:00 Birthday Social (S) 4:30 Musical Performance (R) George on Clarinet	17 10:00 Willows Café (S) 11:00 Hand Lotion Massage (SN) 1:30 Education about the Bald Eagle (C) 3:30 Sit and Be Fit Class (P) 4:00 Protestant Communion with Jim (R)	18 10:00 Willows Café (S) 11:00 Trivia (C) 3:00 Bingo (S) 3:30 Afternoon Movie and Popcorn (S)	19 10:30 Willows Café (S) 1:30 Game Time (C) 3:00 Bingo (S)
		20 10:30 Willows Café (S) 11:00 Trivia (C) 4:00 Church Service (R) Blacksburg Christian Fellowship	21 10:00 Willows Café (S) 11:00 Activity Planning (PR) 1:30 Game Time (C) 3:00 Bingo (S)	22 10:00 Willows Café (S) 10:00 Catholic Communion (R) 11:00 Nail Treatment (SN) 1:30 Pet Visit with Alf the Dog (SN) 3:30 Sit and Be Fit Class (P)	23 10:00 Willows Café (S) 11:00 Bowling (P) 1:30 Activity Cart (I) 3:00 Bingo (S) 4:30 Musical Performance (R) George on Clarinet	24 10:00 Willows Café (S) 11:00 Trivia (C) 3:30 Sit and Be Fit Class (P) 4:00 Musical Performance (R) Sunny Side Band	25 9:00 Sing a-long with David (R) 10:00 Willows Café (S) 10:30 Resident Council (AR) 3:00 Wine & Cheese Social (S) 3:30 Afternoon Movie and Popcorn (S)	26 10:30 Willows Café (S) 1:30 Game Time (C) 3:00 Bingo (S)
		27 10:30 Willows Café (S) 11:00 Trivia (C) 4:00 Church Service (R) Union Valley Pentecostal Church	28 10:00 Willows Café (S) 11:00 Adult Coloring (C) 1:30 Game Time (C) 3:00 Bingo (S)	29 10:00 Willows Café (S) 10:00 Catholic Communion (R) 11:00 Adult Color (S) 1:30 Pet Visit with Alf the Dog (SN) 3:30 Sit and Be Fit Class (P)	30 10:00 Willows Café (S) 11:00 Nail Treatment (SN) 1:30 Activity Cart (I) 3:00 Bingo (S) 4:30 Musical Performance (R) George on Clarinet	31 10:00 Willows Café (S) 11:00 Game Time (C) 1:30 Education about the Zebra (C) 3:30 Sit and Be Fit Class (P)	C – Creative/Mental P – Physical Pr – Productive S – Social Sn – Sensory R – Reflective O – Outdoor I – Independent	