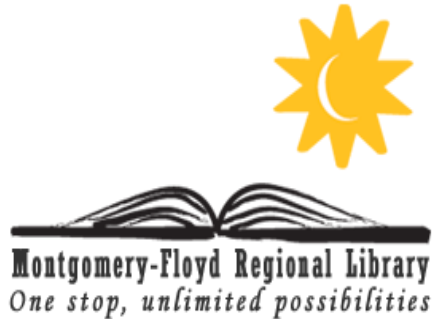
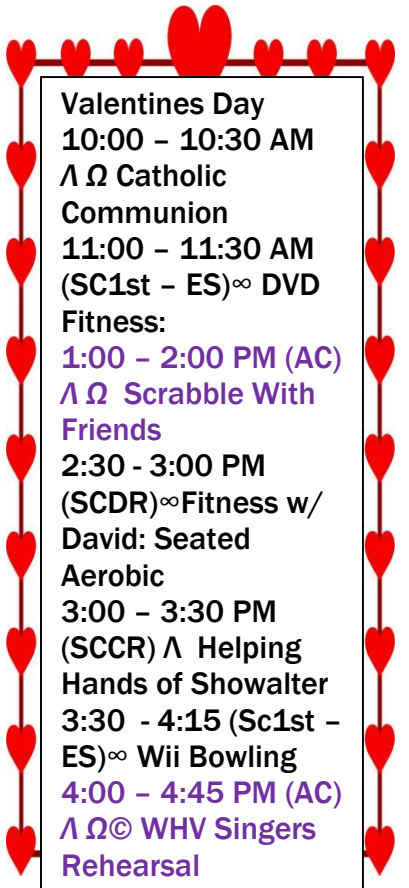


Sunday	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Calendar Codes Physical- ∞ Social- Λ Cognitive/Intellectual- Ω Productive- © Sensory- φ Reflective- • Outdoor- △ Nature- ≈ Community- ≡</p>	<p>Calendar Codes SClob – Showalter Lobby SCCR – Showalter Conference Room SCDR – Showalter Dining Room SC1st – ES - Elmwood Studio SC3rd - EN – Engleberry Nook SC 4th - TTL – Tree Top Lounge AC – Karr Activity Center VC – Village Center Events TOH - Tall Oaks Hall Carson Library – New River House</p>	<p>Movies Sponsored by:</p>  <p>Montgomery-Floyd Regional Library One stop, unlimited possibilities</p>	<p>Activities are subject to change. Please check daily activity calendar for updates.</p>	<p>¹ 10:00 – 10:30 AM (SC1st-ES) ∞ABC Fitness with Logan 10:00 AM – 12:00 PM (SC4th – TTL) Ω Beginning/Refresher Bridge class with Anne and Ted 10:00 – 11:00 AM (VC) Headline News Discussion Group 11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training 1:30 - 2:30 PM (SC1st - ES)\$ Λ Ω Bingo 2:35 – 4:00 PM (SC1st-ES) Bible Study: Gospel of Matthew (cancelled) 3:00 – 3:30 PM (SC Lob) Ω January-February Birthday Social/ Brain Aerobics 6:30 - 7:30 PM(SC1st - ES)Λ Ω© Game Time with Ruthie</p>	<p>² 10:00 – 10: 45 AM (SC 4th – TTL) Knitting and Chatting 11:00 – 11:30 AM (SC1st – ES) Seated Exercise DVD 1:15 – 2:15 AM (SC1st) BBC Call the Midwife 2:00 – 3:00 PM (AC) Gospel Sing-a-long with Robbie Vance 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 3:00 – 3:30 PM (SCDR) Λ Ω Wine and Cheese Happy Hour 4:00 – 5:00 PM (AC) 1st Friday Social Time/Village Birthday Social</p>	<p>³ 9:30 – 10:15 AM (SC1st – ES) Λ Morning Social 11:00 – 11:30 AM (SC1st – ES) Λ∞ Chair Stretches 2:00 – 4:00 PM (SC1st – ES)ΛΩφ Afternoon Movie: Mully 1 hr 21 mins (2015) (Documentary, Adventure, Biography) TV-PG</p>
<p>⁴ 2:00-3:30 PM (SC3rd – EN) Λ Ω Scrabble 2:00 – 4:00 PM (SC1st – ES) φ Movie Sunday: 6:45 -7:30 PM (SC1st – ES) Λ Ω Sunday Evening Worship: She Done Him Wrong 1 hr 5 mins (1933) (*comedy, Drama, History) Not Rated</p>	<p>⁵ 10:00 – 10:45 AM(SC1st – ES)Λ Wii Bowling 11:00 – 11:30 AM (SC1st – ES) ∞DVD Fitness Toning 1:00 – 4:00 PM (AC) Λ Bridge 1:15 – 2:15 PM (SC1st – ES)∞ British Drama: Agatha Christie's Poirot, Series 1 2:30 – 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 4:00 – 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal 6:45 – 8:30 PM (SC1st – ES) Λ Ω φ Monday Night Movie: The Music of Strangers 1 hr 36 mins (2015) (Documentary, Music) PG-13</p>	<p>⁶ 9:15 - 10:45 AM (SC3rd) Λ Mini Manicures 11:00 – 11:30 AM (SC1st – ES) ∞ DVD-Fitness: Seated Strength Training 12:30 – 1:30 PM (SC1st – ES) Cooking in the Kitchen with Kathy 1:30 – 2:30 PM(SCCR)\$ Λ Ω Bingo 3:30 – 4:15 PM (SC1st-ES) ∞ABC Fitness with Logan 6:00 – 7:30 PM (SC3rd)Λ Mini Manicures 6:30 – 7:15 PM (Carson Library-NRH) Λ Ω© Writers group 7:30 – 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p>⁷ 10:00 – 10:30 AM Λ Ω Catholic Communion 11:00 – 11:30 AM (SC1st – ES)∞ DVD Fitness: 1:00 – 2:00 PM (AC) Λ Ω Scrabble With Friends 2:30 - 3:00 PM (SCDR)∞Fitness w/ David: Seated Aerobic 3:00 – 3:30 PM (SCCR) Λ Helping Hands of Showalter 3:30 - 4:15 (Sc1st – ES)∞ Wii Bowling 4:00 – 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal 7:30pm-9:00pm (AC) New River Bird Club Meeting</p>	<p>⁸ 10:00 – 10:30 AM (SC1st-ES) ∞ ABC Fitness with Logan 10:00 – 10:30 AM (SCConf) Episcopal Communion 10:00 AM – 12:00 PM (SC4th- TTL) Ω Beginning/Refresher Bridge class with Anne and Ted 11:00 – 11:30 AM (SC1st – ES) ∞ DVD-Fitness: Seated Strength Training 1:30 – 2:30 PM(SC1st – ES)\$ Λ Ω Bingo 2:35 – 4:00 PM (SC1st - ES) Bible Study: Gospel of Matthew 3:00 – 3:30 PM (4th – TTL) Brain Aerobics 6:30 – 7:30 PM(SC1st – ES)Λ Ω© Game Time/ Ruthie 7:00 – 9:00 PM (AC) Mountain Jam</p>	<p>⁹ 10:00 – 10: 45 AM (SC 4th – TTL) Knitting and Chatting 11:00 – 11:30 AM (SC1st – ES) Seated Exercise DVD 1:15 – 2:15 AM (SC1st) BBC Call the Midwife 2:30 – 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic</p>	<p>¹⁰ 9:30 – 10:15 AM (SC1st – ES) Λ Morning Social 11:00 – 11:30 AM (SC1st – ES) Λ∞ Chair Stretches 11:00AM – 12:00 PM (AC) All About Chocolate 2:00 – 4:00 PM (SC1st – ES) Λ Ω φ Afternoon Movie: Dear John, 1 hr 48 mins (2010) (Drama, Romance, War) PG</p>

<p style="text-align: right;">11</p> <p>2:00-3:30 PM (SC3rd - EN) Λ Ω Scrabble</p> <p>2:00 - 4:00 PM (SC1st - ES) φ Movie Sunday:</p> <p>6:45 -7:30 PM (SC1st - ES) Λ Ω Sunday Evening Worship: To Have and Have Not 1 hr 40 mins (1944) Not Rated</p>	<p style="text-align: right;">12</p> <p>10:00 - 10:45 AM(SC1st - ES)Λ Wii Bowling</p> <p>11:00 - 11:30 AM (SC1st - ES) ∞DVD Fitness</p> <p>Toning</p> <p>1:00 - 4:00 PM (AC) Λ Bridge</p> <p>1:15 - 2:15 PM (SC1st - ES)∞ British Drama: Agatha Christie's Poirot, Series 1</p> <p>2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic</p> <p>4:00 - 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</p> <p>6:45 - 8:30 PM (SC1st - ES) Λ Ω φ Monday Night Movie: Return to Me, 1 hr 55 mins (2000) (Comedy, Drama, Romance) PG</p>	<p style="text-align: right;">13</p> <p>9:15 - 10:45 (SC3rd) Λ Mini Manicures</p> <p>11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training</p> <p>1:30 - 2:30 PM(SC1st - ES)\$ Λ Ω Bingo</p> <p>3:00-3:30 PM (SC3rd)Λ Ω • Investigate the Bible</p> <p>3:30 - 4:15 PM (SC1st-ES) ∞ ABC Fitness with Logan</p> <p>4:00 - 5:15 (SCLob) Montgomery Regional Mobile Library brings books for you to check out.</p> <p>6:00 - 7:30 PM (SC3rd)Λ Mini Manicures</p> <p>6:30 - 7:15 PM (Carson Library - NRH) Λ Ω© Writers group</p> <p>7:30 - 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p style="text-align: right;">14</p> <div style="border: 1px solid black; padding: 5px; text-align: center;">  <p>Valentines Day</p> <p>10:00 - 10:30 AM Λ Ω Catholic Communion</p> <p>11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness:</p> <p>1:00 - 2:00 PM (AC) Λ Ω Scrabble With Friends</p> <p>2:30 - 3:00 PM (SCDR)∞Fitness w/ David: Seated Aerobic</p> <p>3:00 - 3:30 PM (SCCR) Λ Helping Hands of Showalter</p> <p>3:30 - 4:15 (Sc1st - ES)∞ Wii Bowling</p> <p>4:00 - 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</p> </div>	<p style="text-align: right;">15</p> <p>10:00 - 10:30 AM (SC1st-ES) ∞ ABC Fitness with Logan</p> <p>10:00 AM - 12:00 PM (SC4th - TTL) Ω Beginning/Refresher Bridge class with Anne and Ted</p> <p>10:00 - 11:00 AM (VC) Headline News Discussion Group</p> <p>11:00 - 11:30 AM (SC1st - ES) ∞</p> <p>DVD-Fitness: Seated Strength Training</p> <p>1:30 - 2:30 PM(SC1st - ES)\$ Λ Ω Bingo</p> <p>2:30 - 4:00 PM (SC1st-ES) Bible Study: Gospel of Matthew</p> <p>3:00 - 3:45 PM (SC4th-TTL) Sing-A- Long with Diane</p> <p>6:30 - 7:30 PM(SC1st - ES)Λ Ω©</p> <p>Game Time with Ruthie</p>	<p style="text-align: right;">16</p> <p>10:00 - 10: 45 AM (SC 4th - TTL) Knitting and Chatting</p> <p>11:00 - 11:30 AM (SC1st - ES) Seated Exercise DVD</p> <p>1:15 - 2:15 AM (SC1st) BBC Call the Midwife</p> <p>2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic</p> <p>3:00 - 3:30 PM (SCDR) Λ Ω Wine and Cheese Happy Hour</p> <p>4:00 - 5:00 PM (VC) Story Hour/Happy Hour</p>	<p style="text-align: right;">17</p> <p>9:30 - 10:15 AM (SC1st - ES) Λ Morning Social</p> <p>11:00 - 11:30 AM (SC1st - ES) Λ ∞ Chair Stretches</p> <p>2:00 - 4:00 PM (SC1st- ES)Λ Ω φ Afternoon Movie: The Notebook, 2 hrs 3 mins (2004) (Drama, Romance) PG-13</p>
<p style="text-align: right;">18</p> <p>2:00-3:30 PM (SC3rd - EN) Λ Ω Scrabble</p> <p>2:00 - 4:00 PM (SC1st - ES) φ Movie Sunday: The Last Song 1 hr 47 mins (2010) (Drama, Music, Romance) PG</p> <p>6:45 -7:30 PM (SC1st - ES) Λ Ω Sunday Evening Worship:</p>	<p style="text-align: right;">19</p> <p>9:30-Noon (SC Conf) ∞Podiatrist</p> <p>11:00 - 11:30 AM (SC1st - ES)∞ DVD Fitness and Toning</p> <p>1:00 - 4:00 PM (AC) Λ Bridge</p> <p>1:00 - 2:00 PM (SCConf) Free Hearing Aid Clinic - Repair and Cleaning Free</p> <p>1:15 - 2:15 PM (SC1st - ES)∞ British Drama: Agatha Christie's Poirot, Series 1</p> <p>2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic</p> <p>4:00 - 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</p> <p>6:45 - 8:30 PM (SC1st - ES) Λ Ω φ Monday Night Movie: In Their Own Words: Queen Elizabeth II 56 mins (Documentary) Not Rated</p>	<p style="text-align: right;">20</p> <p>9:15 - 10:45 (SC3rd) Λ Mini Manicures</p> <p>10:00 - 10:45 (SC1st - ES) Λ Christian Fellowship - Methodist</p> <p>11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training</p> <p>12:30 - 1:30 PM (SC1st - ES) Cooking in the Kitchen with Kathy</p> <p>1:30 - 2:30 PM(SCCR) Λ Ω Bingo</p> <p>3:30 - 4:15 PM (SC1st-ES) ∞ ABC Fitness with Logan</p> <p>6:00 - 7:30 PM (SC3rd)Λ Mini Manicures</p> <p>6:30 - 7:15 PM (Carson Library - NRH) Λ Ω© Writers group</p> <p>7:30 - 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p style="text-align: right;">21</p> <p>10:00 - 10:30 AM Λ Ω Catholic Communion</p> <p>11:00 - 11:30 AM (SC1st - ES)∞</p> <p>DVD Fitness</p> <p>1:00 - 2:00 PM (AC) Λ Ω Scrabble With Friends</p> <p>2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic</p> <p>3:00 - 3:30 PM (SC1st - ES) What's Cooking with Nate</p> <p>3:30 - 4:15 (Sc1st - ES)∞ Wii Bowling</p> <p>4:00 - 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</p>	<p style="text-align: right;">22</p> <p>10:00 - 10:30 AM (SC1st-ES) ∞ ABC Fitness with Logan</p> <p>10:00 AM - 12:00 PM (SC4th - TTL) Ω Beginning/Refresher Bridge class with Anne and Ted</p> <p>11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training</p> <p>1:30 - 2:30 PM (SC1st - ES)\$ Λ Ω Bingo</p> <p>2:35 - 4:00 PM (SC1st-ES) Bible Study: Gospel of Matthew</p> <p>3:00 - 3:30 PM (SC4th) Brain Aerobics</p> <p>6:30 - 7:30 PM(SC1st - ES)Λ Ω© GameTime with Ruthie</p>	<p style="text-align: right;">23</p> <p>10:00 - 10: 45 AM (SC 4th - TTL) Knitting and Chatting</p> <p>11:00 - 11:30 AM (SC1st - ES) Seated Exercise DVD</p> <p>1:15 - 2:15 AM (SC1st) BBC Call the Midwife</p> <p>2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic</p>	<p style="text-align: right;">24</p> <p>9:30 - 10:15 AM (SC1st - ES) Λ Morning Social</p> <p>11:00 - 11:30 AM (SC1st - ES) Λ ∞ Chair Stretches</p> <p>2:00 - 4:00 PM (SC1st- ES)Λ Ω φ Afternoon Movie: The Vow 1 hr 44 mins (2012) (Drama, Romance) PG-13</p>

<p style="text-align: right;">25</p> <p>2:00-3:30 PM (SC3rd – EN) Λ Ω Scrabble</p> <p>2:00 – 4:00 PM (SC1st- ES) φ Movie Sunday: 500 Days of Summer (2009) (Comedy, Drama, Romance) PG-13</p> <p>6:45 -7:30 PM (SC1st – ES) Λ Ω Sunday Evening Worship:</p>	<p style="text-align: right;">26</p> <p>10:00 – 10:45 AM(SC1st – ES)Λ Wii Bowling</p> <p>11:00 – 11:30 AM (SC1st – ES) ∞DVD Fitness Toning</p> <p>1:00 – 4:00 PM (AC) Λ Bridge</p> <p>1:15 – 2:15 PM (SC1st – ES)∞ British Drama: Agatha Christie's Poirot, Series 1</p> <p>2:30 – 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic</p> <p>4:00 – 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</p> <p>6:45 – 8:30 PM (SC1st – ES) Λ Ω φ Monday Night Movie: Dirty Dancing (1987) (Drama, Music, Romance) PG-13</p>	<p style="text-align: right;">27</p> <p>9:15 - 10:45 (SC3rd) Λ Mini Manicures</p> <p>10:00 – 11:00 AM (SCCR) Λ Ω • Christian Fellowship – Presbyterian</p> <p>11:00 – 11:30 AM (SC1st – ES) ∞ DVD-Fitness: Seated Strength Training</p> <p>1:30 – 2:30 PM(SC1st – ES)\$ Λ Ω Bingo</p> <p>3:00–3:30 PM (SC3rd) Λ Ω • Investigate the Bible</p> <p>3:30 – 4:15 PM (SC1st-ES) ∞ ABC Fitness with Logan</p> <p>4:00 – 5:15 (SCLob) Montgomery Regional Mobile Library brings books for you to check out.</p> <p>6:00 – 7:30 PM (SC3rd)Λ Mini Manicures with VT Students</p> <p>6:30 – 7:15 PM (Carson Library - NRH) Λ Ω© Writers group</p> <p>7:30 – 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p style="text-align: right;">28</p> <p>10:00 – 10:30 AM Λ Ω Catholic Communion</p> <p>11:00 – 11:30 AM (SC1st – ES)∞ DVD Fitness</p> <p>1:00 – 2:00 PM (AC) Λ Ω Scrabble With Friends</p> <p>2:30 – 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic</p> <p>3:30 - 4:15 (Sc1st – ES)∞ Wii Bowling</p> <p>4:00 – 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</p>			
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