




The Arbor at the Kroontje Health Care Center Activities are 30 - 60 minutes in length

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30 Arbor Café (S) 10:30 Hand Lotion Massage (SN) 2:00 Ring Toss (P) 4:00 Protestant Communion (R)	2 9:30 Arbor Café (S) 10:30 Bowling (P) 2:00 Pre Super Bowl Tailgate (S) 3:00 Bingo (S)	3 9:00 Arbor Café (S) 1:30 Balloon Ball Exercise (P) 3:00 Bingo (S)
4 4:00 Church Service (R) Blacksburg Christian Fellowship	5 9:30 Arbor Café (S) 10:30 Table Balloon Tennis (P) 11:00 Finish the Line (C) 2:00 Valentine's Day Arts and Crafts (C) 3:00 Bingo (S)	6 Frozen Yogurt Day 9:30 Arbor Café (S) 10:30 Games on the iN2L 11:00 Hand Lotion Massage (SN) 2:30 Frozen Yogurt Social (S) 4:15 Nail Treatment (SN)	7 9:30 Arbor Café (S) 11:00 Bowling (P) 2:00 Matching Game (C) 3:00 Bingo (S) 4:30 Music Performance (LR) George on Clarinet	8 9:30 Arbor Café (S) 10:30 Valentine's Day Arts and Crafts (C) 2:00 5 Second Rule Game (C) 4:00 Kick Ball (P)	9 Pizza Day 9:30 Arbor Café (S) 10:30 Making Pizzas with Melissa (P) 2:00 Sensory Time (SN) 3:00 Bingo (S)	10 9:00 Arbor Café (S) 1:30 Balloon Ball Exercise (P) 3:00 Bingo (S)
11 4:00 Church Service (R) Grace Covenant Presbyterian Church	12 9:30 Arbor Café (S) 10:30 Hand Lotion Massage (SN) 11:00 Exercise Group (P) 2:00 Arts and Crafts (C) 3:00 Bingo (S)	13 Fat Tuesday 9:30 Arbor Café (S) 10:00 Catholic Communion (R) 11:00 Trivia (C) 1:30 Hymns with Lois (R) 2:30 Fat Tuesday Social (S) 4:15 Nail Treatment (SN)	14 Valentine's Day 9:30 Arbor Café (S) 10:30 Games on the iN2L 2:00 Parachute Exercise 4:00 Valentine's Day Party with Dayspring Christen Academy (S) 4:30 Music Performance (LR) George on Clarinet	15 9:30 Arbor Café (S) 10:30 Ring Toss (P) 11:30 Musical Performance (R) Robbie Vance 4:00 Protestant Communion (R)	16 9:30 Arbor Café (S) 10:30 Finish the Line (C) 2:00 Sensory time (SN) 3:00 Bingo (S)	17 9:00 Arbor Café (S) 1:30 Balloon Ball Exercise (P) 3:00 Bingo (S)
18 4:00 Church Service (R) Blacksburg Christian Fellowship	19 9:30 Arbor Café (S) 10:30 Making Edible Play-Doh (C) 11:00 Ring Toss (P) 2:00 Arts and Crafts (C) 3:00 Bingo (S)	20 9:30 Arbor Café (S) 10:00 Catholic Communion (R) 11:00 Cooking with Melissa 2:00 Bowling (P) 4:15 Nail Treatment (SN)	21 Cinnamon Bun Day 9:30 Arbor Café (S) 10:30 Pet Visit with Knobby (SN) 11:00 Cinnamon Bun Social (S) 3:00 Birthday Social (S) 4:30 Music Performance (LR) George on Clarinet	22 9:30 Arbor Café (S) 10:30 Games on the iN2L (C) 2:00 Task Box (PR) 4:00 Sensory Time 4:00 Musical Performance (R) The Sunnyside Band	23 9:30 Arbor Café (S) 10:30 Hand Lotion Massage (SN) 2:00 Exercise Group (P) 3:00 Bingo (S)	24 9:00 Arbor Café (S) 1:30 Balloon Ball Exercise (P) 3:00 Bingo (S)
25 4:00 Church Service (R) Union Valley Pentecostal Church	26 9:30 Arbor Café (S) 10:30 Table Balloon Tennis (P) 11:00 Kick Ball (P) 2:00 Sensory time (SN) 3:00 Bingo (S)	27 9:00 Arbor Café (S) 10:00 Catholic Communion (R) 2:00 Recipe/Splash Review with Jen (S) 4:15 Nail Treatment (SN)	28 9:30 Arbor Café (S) 2:00 Games on the iN2L (C) 3:00 Bingo (S) 4:30 Music Performance (LR) George on Clarinet			C – Creative/Mental P – Physical PR – Productive S – Social SN – Sensory R – Reflective O - Outdoor

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