


The Willows at the Kroontje Health Care Center All activities are 30-60 minutes in length. Activities are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	C – Creative/Mental P – Physical Pr – Productive S – Social Sn – Sensory R – Reflective O – Outdoor I-Independent					1  10:30 Willows Café (S) 1:30 Game Time (C) 3:00 Bingo (S)
2 10:30 Willows Café (S) 11:00 Trivia (C) 4:00 Church Service (R) Blacksburg Christian Fellowship	3 10:00 Willows Café (S) 11:00 Adult Coloring (C) 1:30 Game Time (C) 3:00 Bingo (S)	4 10:00 Willows Café (S) 10:00 Catholic Communion (R) 11:00 Arts and Crafts (C) 1:30 Pet Visit with Alf (SN) 3:30 Sit and Be Fit Class (P)	5 10:00 Willows Café (S) 1:30 Activity Cart (I) 3:00 Bingo (S) 4:30 Musical Performance George on Clarinet (R) 5:00 Christmas Holiday Party (Willows Dining Room)	6 10:00 Willows Café (S) 11:00 Nail Treatment (SN) 1:30 Arts and Crafts (C) 3:30 Sit and Be Fit Class (P) 4:00 Protestant Communion (R)	7 Pearl Harbor Day 9:00 Sing a-long with David (R) 10:00 Willows Café (S) 10:30 Trivia (C) 3:00 Bingo (S) 4:00 Afternoon Movie and Popcorn (S)	8  10:30 Willows Café (S) 1:30 Game Time (C) 3:00 Bingo (S)
9 10:30 Willows Café (S) 11:00 Trivia (C) 4:00 Church Service (R) Grace Covenant Presbyterian Church	10 10:00 Willows Café (S) 11:00 Bean Bag Toss (P) 1:30 Game Time (C) 3:00 Bingo (S)	11 10:00 Willows Café (S) 10:00 Catholic Communion (R) 1:30 Pet Visit with Alf (SN) 1:30 Hymns with Lois (R) 3:30 Sit and Be Fit Class (P)	12 10:00 Willows Café (S) 1:30 Activity Cart (I) 2:00 Chef Stage Center (S) 3:00 Birthday Social (S) 4:30 Musical Performance George on Clarinet (R)	13 10:00 Willows Café (S) 11:00 Nail Treatment (SN) 1:30 Baking Sweet Treats (AR) 3:30 Sit and Be Fit Class (P)	14 10:00 Willows Café (S) 11:00 Trivia (C) 3:00 Bingo (S) 4:00 Afternoon Movie and Popcorn (S) 6:30 Christiansburg Holiday Parade	15  10:30 Willows Café (S) 1:30 Game Time (C) 3:00 Bingo (S)
16 10:30 Willows Café (S) 11:00 Trivia (C) 4:00 Church Service (R) Blacksburg Christian Fellowship	17 10:00 Willows Café (S) 11:00 Activity Planning Meeting (P) 1:30 Game Time (C) 3:00 Bingo (S)	18 10:00 Willows Café (S) 10:00 Catholic Communion (R) 1:30 Pet Visit with Alf (SN) 3:30 Sit and Be Fit Class (P) 6:00 Van Ride to Look at Christmas Lights	19 10:00 Willows Café (S) 11:00 Nail Treatment (SN) 2:30 Christmas Holiday Party (S) 4:30 Musical Performance George on Clarinet (R)	20 10:00 Willows Café (S) 3:30 Sit and Be Fit Class (P) 4:00 Protestant Communion (AR) 4:00 Musical performance (R) Sunny Side Band	21 10:00 Willows Café (S) 10:30 Adult Coloring (C) 1:30 Inn at VT Trip (O) 4:00 Afternoon Movie and Popcorn (S)	22  10:30 Willows Café (S) 1:30 Game Time (C) 2:00 Christmas Caroling (S) 3:00 Bingo (S)
23 10:30 Willows Café (S) 11:00 Trivia (C) 4:00 Church Service (R)  30 10:30 Willows Café (S) 11:00 Trivia (C) 4:00 Church Service (R)	24 Christmas Eve 10:30 Willows Café (S) 1:30 Christmas Trivia (C) 3:00 Bingo (S) 31 10:30 Willows Café (S) 1:30 “Noon” Year’s Eve Celebration (DR) 3:00 Bingo (S)	25 Christmas Day  12:00 Christmas Day Luncheon (S) 2:00 Afternoon Matinee and Popcorn (S)	26 10:00 Willows Café (S) 11:00 Bean Bag Toss (P) 1:30 Activity Cart (I) 3:00 Bingo (S) 4:30 Musical Performance George on Clarinet (R)	27 10:00 Willows Café (S) 11:00 Adult Coloring (C) 1:30 Nail Treatment (SN) 3:30 Sit and Be Fit Class (P)	28 9:00 Sing a-long with David (R) 10:00 Willows Café (S) 10:30 Resident Council (P) 3:00 Wine and Cheese Social (S) 4:00 Afternoon Movie and Popcorn (S)	29  10:30 Willows Café (S) 1:30 Game Time (C) 3:00 Bingo (S)



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