




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p>For information regarding Activities, please contact Jonathan Tate, ADC at jtate@warmhearth.org or 540-443-0407</p> <p>Activities are subject to change. Please check daily activity calendar for updates.</p>	<p>Calendar Codes <i>Physical – P</i> <i>Social – S</i> <i>Cognitive/Intellectual – C</i> <i>Productive – PR</i> <i>Sensory – SN</i> <i>Reflective – R</i> <i>Outdoor – O</i> <i>Nature – N</i> <i>Community – CM</i></p>	<p>Calendar Codes <i>SClob – Showalter Lobby</i> <i>SCCR – Showalter Conference Room</i> <i>SCDR – Showalter Dining Room</i> <i>SC1st – ES - Elmwood Studio</i> <i>SC3rd – EN – Elderberry Nook</i> <i>SC 4th – TTL – Tree Top Lounge</i> <i>AC – Karr Activity Center</i> <i>VC – Village Center Events</i> <i>TOH – Tall Oaks Hall</i></p>	<p>1 9:30 – 10:15 AM Morning Social (ES – S) 11:00 – 11:30 AM Chair Stretches (ES – P) 2:00 – 4:00 PM Afternoon Movie (ES – SN) <i>Grumpier Old Men</i></p>
<p>2 Hanukkah Begins 10:30 – 11:30 AM Hope Chapel Service (AC – R) 2:00 – 3:30 PM Scrabble (EN – C) 2:00 – 4:00 PM Afternoon Movie (ES – SN) <i>Miracle on 34th Street</i> 6:45 – 7:30 PM Evening Worship (ES – R)</p> 	<p>3 11:00 – 11:30 AM DVD Fitness (ES – P) 1:00 – 4:00 PM Bridge (AC – C) 1:30 – 2:15 PM Once Upon A Time Series (ES – SN) 2:30 – 3:00 PM Seated Aerobics (SCDR – P) 6:45 – 8:30 PM Evening Movie (ES – SN) <i>Four Christmases and a Wedding</i></p>	<p>4 11:00 – 11:30 AM DVD Fitness (ES – P) 1:30 – 2:30 Bingo (ES – C) 3:00 – 3:45 PM Monthly Birthday Social (ES – S) 6:00 – 7:15 PM Mini Manicures (EN – S) 6:30 – 7:15 PM Writers Group (ES – PR) 7:30 – 8:30 PM AA Meeting for WHV (SCCR – S)</p>	<p>5 10:00 – 10:30 AM Catholic Communion (ES – R) <i>St. Mary's Catholic Church</i> 11:00 AM – 3:00 PM Holiday Tea at the Palisades (CM – S) 3:00 – 3:30 PM Helping Hands of Showalter (SCCR – S) 7:30 – 9:00 PM New River Bird Club Meeting (AC – PR)</p>	<p>6 10:00 AM – 12:00 PM Refresher Bridge with Ted & Anne (TTL – C) 11:00 – 11:30 AM DVD Fitness (ES – P) 1:30 – 2:30 PM Bingo (ES – C) 2:35 – 4:00 PM Bible Study (ES – R) 6:30 – 7:30 Games with Ruthie (ES – C)</p>	<p>7 Pearl Harbor Remembrance Day 10:00 – 10:45 AM Knitting & Chatting (TTL – PR) 11:00 – 11:30 AM DVD Fitness (ES – P) 2:00 – 3:00 PM Singing with Robbie Vance (AC – R) 3:00 – 4:00 PM 1st Friday Social (AC)</p>	<p>8 11:00 AM – 3:00 PM Showalter Holiday Brunch (SCDR – S) 2:00 – 4:00 PM Afternoon Movie (ES – SN) <i>The Least of These</i></p>
<p>9 10:30 – 11:30 AM Hope Chapel Service (AC – R) 2:00 – 3:30 PM Scrabble (EN – C) 2:00 – 4:00 PM Afternoon Movie (ES – SN) <i>The Nutcracker Ballet at the Bolshoi</i> 6:45 – 7:30 PM Evening Worship (ES – R)</p>	<p>10 11:00 – 11:30 AM DVD Fitness (ES – P) 1:00 – 4:00 PM Bridge (AC – C) 1:30 – 2:15 PM Once Upon A Time Series (ES – SN) 4:00 – 4:45 Warm Hearth Singers (AC – PR) 6:45 – 8:30 PM Evening Movie (ES – SN) <i>Wrapped up in Christmas</i></p>	<p>11 11:00 – 11:30 AM DVD Fitness (ES – P) 1:30 – 2:30 Bingo (ES – C) 3:00 – 3:30 PM Investigate the Bible (EN – R) 4:00 – 5:15 Mobile Library (SClob – C) 6:00 – 7:15 PM Mini Manicures (EN – S) 6:30 – 7:15 PM Writers Group (ES – PR) 7:30 – 8:30 PM AA Meeting for WHV (SCCR – S)</p>	<p>12 10:00 – 10:30 AM Catholic Communion (ES – R) <i>St. Mary's Catholic Church</i> 11:00 – 11:30 AM DVD Fitness (ES – P) 2:30 – 3:00 PM Seated Aerobics (SCDR – P) 3:00 – 3:30 PM Resident Meeting (SCDR – PR) 4:00 – 4:45 PM Warm Hearth Singers (AC – PR)</p>	<p>13 10:00 – 10:30 Episcopal Communion (SCCR – R) <i>Christ Episcopal Church</i> 10:00 AM – 12:00 PM Refresher Bridge with Ted & Anne (TTL – C) 11:00 – 11:30 AM DVD Fitness (ES – P) 12:00 – 1:15 PM Mobile Library (SClob – C) 1:30 – 2:30 PM Bingo (ES – C) 2:35 – 4:00 PM Bible Study (ES – R) 6:30 – 7:30 Games with Ruthie (ES – C)</p>	<p>14 10:00 – 10:45 AM Knitting & Chatting (TTL – PR) 11:00 – 11:30 AM DVD Fitness (ES – P) 1:30 – 2:15 PM Healthy Holiday Eating (ES – PR) 2:30 – 3:00 PM Seated Aerobics (SCDR – P) 3:00 – 3:30 PM Happy Hour (ES – S) 4:00 – 4:30 PM Beginning Violin Music (ES – SN) 5:00 – 5:45 PM Dinner & Music (SCDR – SN)</p>	<p>15 9:30 – 10:15 AM Morning Social (ES – S) 11:00 – 11:30 AM Chair Stretches (ES – P) 2:00 – 4:00 PM Afternoon Movie (ES – SN) <i>The Man who Invented Christmas</i></p>

<p>16 10:30 – 11:30 AM Hope Chapel Service (AC – R) 2:00 – 3:30 PM Scrabble (EN – C) 2:00 – 4:00 PM Afternoon Movie (ES – SN) <i>Holiday Inn</i> 6:45 – 7:30 PM Evening Worship (ES – R)</p>	<p>17 9:00 AM – 12:00 PM Podiatrist Clinic (SCCR) 11:00 – 11:30 AM DVD Fitness (ES – P) 1:00 – 2:00 PM Hearing Aid Clinic (SCCR) 1:00 – 4:00 PM Bridge (AC – C) 1:30 – 2:15 PM Once Upon A Time Series (ES – SN) 2:30 – 3:00 PM Seated Aerobics (SCDR – P) 4:00 – 4:45 Warm Hearth Singers (AC – PR) 6:45 – 8:30 PM Evening Movie (ES – SN) <i>Snowed in for Christmas</i></p>	<p>18 10:00 – 10:45 AM Christian Fellowship (ES – R) <i>Blacksburg Methodist Church</i> 11:00 – 11:30 AM DVD Fitness (ES – P) 1:30 – 2:30 Bingo (ES – C) 6:00 – 7:15 PM Mini Manicures (EN – S) 6:30 – 7:15 PM Writers Group (ES – PR) 7:30 – 8:30 PM AA Meeting for WHV (SCCR – S)</p>	<p>19 10:00 – 10:30 AM Catholic Communion (ES – R) <i>St. Mary's Catholic Church</i> 11:00 – 11:30 AM DVD Fitness (ES – P) 1:00 – 1:45 PM Music Matters (ES – S) 2:30 – 3:00 PM Seated Aerobics (SCDR – P) 3:00 – 3:30 PM Tea Time with Nate (ES – S) 4:00 – 4:45 PM Warm Hearth Singers (AC – PR)</p>	<p>20 10:00 AM – 12:00 PM Refresher Bridge with Ted & Anne (TTL – C) 10:00 – 11:00 AM New Discussion Group (VC – C) 11:00 – 11:30 AM DVD Fitness (ES – P) 1:30 – 2:30 PM Bingo (ES – C) 2:35 – 4:00 PM Bible Study (ES – R) 3:00 – 3:45 PM Sing A-Long with Diane (TTL – R) 6:30 – 7:30 Games with Ruthie (ES – C)</p>	<p>21 <i>First Day of Winter</i> 10:00 – 10:45 AM Knitting & Chatting (TTL – PR) 11:00 – 11:30 AM DVD Fitness (ES – P) 12:00 – 4:00 PM Bus Trip to Virginia Tech Inn (CM)</p>	<p>22 <i>Full Moon</i> 9:30 – 10:15 AM Morning Social (ES – S) 11:00 – 11:30 AM Chair Stretches (ES – P) 2:00 – 4:00 PM Afternoon Movie (ES – SN) <i>Christmas in Norway</i></p>
<p>23 10:30 – 11:30 AM Hope Chapel Service (AC – R) 2:00 – 3:30 PM Scrabble (EN – C) 2:00 – 4:00 PM Afternoon Movie (ES – SN) <i>The Nativity Story</i> 6:45 – 7:30 PM Evening Worship (ES – R)</p>	<p>24 <i>Christmas Eve</i> 11:00 – 11:30 AM DVD Fitness (ES – P) 1:00 – 4:00 PM Bridge (AC – C) 1:30 – 2:15 PM Once Upon A Time Series (ES – SN) 2:30 – 3:00 PM Seated Aerobics (SCDR – P)</p>	<p>25 <i>Christmas Day</i> 12:00 Christmas Day Luncheon (Dining Room)</p> 	<p>26 <i>Kwanzaa Begins</i> 10:00 – 10:30 AM Catholic Communion (ES – R) <i>St. Mary's Catholic Church</i> 11:00 – 11:30 AM DVD Fitness (ES – P) 2:30 – 3:00 PM Seated Aerobics (SCDR – P)</p> 	<p>27 10:00 AM – 12:00 PM Refresher Bridge with Ted & Anne (TTL – C) 11:00 – 11:30 AM DVD Fitness (ES – P) 12:00 – 1:15 PM Mobile Library (SCLob – C) 1:30 – 2:30 PM Bingo (ES – C) 6:30 – 7:30 Games with Ruthie (ES – C)</p>	<p>28 10:00 – 10:45 AM Knitting & Chatting (TTL – PR) 11:00 – 11:30 AM DVD Fitness (ES – P) 2:30 – 3:00 PM Seated Aerobics (SCDR – P) 3:00 – 3:30 PM Happy Hour (ES – S) <i>Egg Nog</i></p>	<p>29 9:30 – 10:15 AM Morning Social (ES – S) 11:00 – 11:30 AM Chair Stretches (ES – P) 2:00 – 4:00 PM Afternoon Movie (ES – SN) <i>When Harry Met Sally</i></p>
<p>30 10:30 – 11:30 AM Hope Chapel Service (AC – R) 2:00 – 3:30 PM Scrabble (EN – C) 2:00 – 4:00 PM Afternoon Movie (ES – SN) <i>Ocean's Eleven</i> 6:45 – 7:30 PM Evening Worship (ES – R)</p>	<p>31 <i>New Year's Eve</i> 11:00 – 11:30 AM DVD Fitness (ES – P) 1:00 – 4:00 PM Bridge (AC – C) 1:30 – 2:15 PM Once Upon A Time Series (ES – SN) 2:30 – 3:00 PM Seated Aerobics (SCDR – P) 3:00 – 4:00 New Year's Eve Celebration (ES – S) 6:45 – 8:30 PM Evening Movie (ES – SN) <i>Sleepless in Seattle</i></p>		<p>Holiday Tea at the Palisades Wednesday, December 5th 11:00 AM</p> <p>Blacksburg Town Parade Friday, November 7th 6:00 PM</p>	<p>Saturday, December 8th 11:00 AM – 3:00 PM Showalter Holiday Brunch</p> <p>Blacksburg Community Band-Holiday Concert Wednesday, December 12th 7:00 PM at the Village Center</p>	<p>Make Your Own Gingerbread House Karr Activity Center 12:30 – 2:30 PM</p> 	