

The Willows at the Kroontje Health Care Center

All activities are 30 - 45 minutes in length

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	PR – Productive SN – Sensory R – Reflective P – Physical C – Creative/Mental S – Social O – Outside Activities in blue are food based Activities in pink are national days Activities in red are new/different	1 10:00 Willows Café (S) 10:00 Catholic Communion (R) 11:00 Trivia (C) 1:30 Nail Treatment (SN) 3:45 Exercise Group (P)	2 Ice Cream Sandwich Day 10:00 Willows Café (S) 11:00 Adult Coloring Group (C) 1:30 Ice Cream Sandwich Social (S) 3:00 Bingo (S) 4:30 Musical Performance (R) George on Clarinet	3 Watermelon Day 10:00 Willows Café (S) 11:00 Hand Lotion Massage (SN) 3:00 Rainbow Riders Visit (S) 4:00 Protestant Communion with Jim (R) 4:30 Pet Visit with Todd the Dog (SN)	4 9:00 Sing a-long with David (R) 10:00 Willows Café (S) 10:30 Trivia (C) 3:00 Bingo (S) 3:30 Afternoon Movie and Popcorn (S)	5 10:30 Willows Café (S) 2:30 Afternoon Movie and Popcorn (S)	
	6 2:30 Bingo (S) 4:00 Church Service (R) Blacksburg Christian Fellowship	7 Light House Day 10:00 Willows Café (S) 11:30 Bible Study with Robbie (R) 2:00 Light House Craft (C) 3:00 Bingo (S) 4:15 Game Time (C)	8 10:00 Willows Café (S) 10:00 Catholic Communion (R) 11:00 Baking with Jordan (P) 1:30 Hymns with Lois (R) 3:45 Exercise Group (P)	9 10:00 Willows Café (S) 11:00 Adult Coloring Group (C) 1:30 Nail Treatment (SN) 3:00 Chef Stage Center (PR) 4:30 Musical Performance (R) George on Clarinet	10 Relaxation Day 10:00 Willows Café (S) 11:00 Spa Treatment (SN) 1:30 Scenic Van Ride (O) 4:30 Pet Visit with Todd the Dog (SN)	11 10:00 Sing a-long with Kristi (R) 10:00 Willows Café (S) 10:30 Trivia (C) 3:00 Bingo (S) 3:30 Afternoon Movie and Popcorn (S)	12 10:30 Willows Café (S) 2:30 Afternoon Movie and Popcorn (S)
	13 2:30 Bingo (S) 4:00 Church Service (R) Grace Covenant Presbyterian Church	14 10:00 Willows Café (S) 10:30 Gardening Club (P) 11:00 Activity Planning Meeting with Jordan (PR) 1:30 Game Time (C) 3:00 Bingo (S) 4:15 Bean Bag Toss (P)	15 10:00 Willows Café (S) 10:00 Catholic Communion (R) 11:00 Balloon Ball Exercise 1:30 Nail Treatment (SN) 3:45 Exercise Group (P)	16 10:00 Willows Café (S) 10:30 Pet Visit with Knobby (SN) 11:00 Adult Coloring Group (C) 1:30 Wheel of Fortune (C) 3:00 BirthDay Social (S) 4:30 Musical Performance (R) George on Clarinet	17 10:00 Willows Café (S) 11:00 Hand Lotion Massage (SN) 11:30 Music with Robbie (R) 1:30 Adult Coloring Group (PR) 4:00 Protestant Communion with Jim (R) 4:30 Pet Visit with Todd (SN)	18 Honeybee Day 10:00 Willows Café (S) 10:30 Trivia (C) 1:30 Honeybee Craft (C) 3:00 Bingo (S) 3:30 Afternoon Movie and Popcorn (S)	19 10:30 Willows Café (S) 2:30 Afternoon Movie and Popcorn (S)
	20 2:30 Bingo (S) 4:00 Church Service (R) Blacksburg Christian Fellowship	21 10:00 Willows Café (S) 10:30 Gardening Club (P) 11:00 Balloon Ball Exercise (P) 1:30 Game Time (C) 3:00 Bingo (S) 4:15 Bean Bag Toss (P)	22 10:00 Willows Café (S) 10:00 Catholic Communion (R) 11:00 Baking with Jordan (P) 1:30 Nail Treatment (SN) 3:45 Exercise Group (P)	23 10:00 Willows Café (S) 11:00 Hand Lotion Massage (SN) 1:30 Bean Bag Toss (P) 3:00 Bingo (S) 4:30 Musical Performance (R) George on Clarinet	24 10:00 Willows Café (S) 11:00 Trivia (C) 1:30 Scenic Van Ride (O) 4:00 Musical Performance (R) Sunny Side Band 4:30 Pet Visit with Todd the Dog (SN)	25 9:00 Sing a-long with David (R) 10:00 Willows Café (S) 10:30 Resident Council with Amanda (PR) 3:00 Wine and Cheese Social (S) 3:30 Afternoon Movie and Popcorn (S)	26 10:30 Willows Café (S) 2:30 Afternoon Movie and Popcorn (S)
	27 2:30 Bingo (S) 4:00 Church Service (R) Union Valley Pentecostal Church	28 10:00 Willows Café (S) 10:30 Gardening Club (P) 11:00 Balloon Ball Exercise (P) 1:30 Game Time (C) 3:00 Bingo (S) 4:15 Bean Bag Toss (P)	29 10:00 Willows Café (S) 10:00 Catholic Communion (R) 1:30 Nail Treatment (SN) 2:00 Recipe/Splash Review with Jen (PR) 3:45 Exercise Group (P)	30 10:00 Willows Café (S) 11:00 Adult Coloring Group (C) 1:30 Wheel of Fortune (C) 3:00 Bingo (S) 4:30 Musical Performance (R) George on Clarinet	31 Trail mix day 10:00 Willows Café (S) 10:30 Fixing Homemade Trail Mix 11:00 Hand Lotion Massage 1:30 Bean Bag Toss (P) 4:30 Pet Visit with Todd (SN)		