


**The Arbor at the Kroontje Health Care Center** All activities are 30-45 minutes in length

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 9:30-10:00 Arbor Café (S) 10:30-11:00 Puzzles (C) 2:00-2:30 Adult Coloring (C) 3:00-4:00 Bingo (S) 4:45-5:15 Trivia (C)	<b>2</b> 9:30-10:00 Arbor Café (S) 10:30-11:00 Ring Toss (P) 1:45-2:00 Pet Visit (SN) 2:15-2:45 Playing Uno (C) 3:30-4:00 Sit and Be Fit Class (P) 4:15-4:45 Nail Treatment (SN)	<b>3</b> 9:30-10:00 Arbor Café (S) 10:30-11:00 Finish Line (C) 2:00-2:30 <b>Painting Ceramics (C)</b> 3:00-4:00 Bingo (S) 4:45-5:15 George on Clarinet (R)	<b>4</b> 9:30-10:00 Arbor Café (S) 10:30-11:00 Sensory Time (SN) 1:15-3:00 <b>Scenic Ride (O)</b> 3:30-4:00 Sit and Be Fit (P) 4:00-4:45 Protestant Communion (R)	<b>5</b> 9:30-10:00 Arbor Café (S) 10:30-11:00 Ring Toss (P) 2:00-2:30 Arts and Crafts (C) 3:00-4:00 Bingo (S) 4:00-5:30 Afternoon Movie and Popcorn (S)	<b>6</b> 9:00-9:30 Morning Music (R) 9:30-10:00 Arbor Café (S) 11:15-12:00 Balloon Ball (P) 2:30-4:00 Afternoon Movie and Popcorn (S)
<b>7</b> 9:30-10:00 Arbor Café (S) 1:00-1:45 Trivia (C) 4:00-4:45 Church Service (R) Blacksburg Christian Fellowship	<b>8</b> 9:30-10:00 Arbor Café (S) 10:30-11:00 Ring Toss (P) 2:00-2:45 Reading with Anna (R) 3:00-4:00 Bingo (S) 4:45-5:15 Trivia (C)	<b>9</b> 9:30-10:00 Arbor Café (S) 10:30-11:00 Matching Game (C) 1:30-2:00 <b>Hymns with Lois (R)</b> 1:45-2:00 Pet Visit (SN) 2:15-2:45 <b>Dying Easter Eggs (C)</b> 3:30-4:00 Sit and Be Fit (P) 4:15-4:45 Nail Treatment (SN)	<b>10</b> 9:30-10:00 Arbor Café (S) 10:30-11:00 Adult Coloring (C) 2:00-2:30 Trivia (C) 4:45-5:15 Music Performance George on Clarinet (R) 6:30-7:30 <b>Prom Dance (DR)</b>	<b>11</b> 9:30-10:00 Arbor Café (S) 10:30-11:00 Game Time (C) 2:00-2:45 Playing Uno (C) 3:30-4:00 Sit and Be Fit Class (P) 5:00-5:30 <b>Sing a-long with Mason (R)</b>	<b>12</b> 9:30-10:00 Arbor Café (S) 10:30-11:00 Puzzles (C) 2:00-2:30 Bowling (P) 3:00-4:00 Bingo (S) 4:00-5:30 Afternoon Movie and Popcorn (S)	<b>14</b> 9:00-9:30 Morning Music (R) 9:30-10:00 Arbor Café (S) 11:15-12:00 Balloon Ball (P) 2:30-4:00 Afternoon Movie and Popcorn (S)
<b>14</b> 9:30-10:00 Arbor Café (S) 1:00-1:45 Trivia (C) 4:00-4:45 Church Service (R) Grace Covenant Presbyterian Church	<b>15 Titanic Remembrance Day</b> 9:30-10:00 Arbor Café (S) 10:30-11:00 Puzzles (C) 2:00-2:45 Reading with Anna (R) 3:00-4:00 Bingo (S) 4:45-5:15 <b>Titanic Trivia (C)</b>	<b>16</b> 9:30-10:00 Arbor Café (S) 10:30-11:00 Game Time (C) 1:45-2:00 Pet Visit (SN) 2:15-2:45 Men's Club (S) 3:30-4:00 Sit and Be Fit Class (P) 4:15-4:45 Nail Treatment (SN)	<b>17</b> 9:30-10:00 Arbor Café (S) 10:30-11:00 Bean Bag Toss (P) 11:30-1:30 <b>Lunch Outing (S)</b> 3:30-4:00 Birthday Social (S) 4:45-5:15 George on Clarinet (R)	<b>18</b> 9:30-10:00 Arbor Café (S) 10:30-11:00 Arts and Crafts (C) 2:00-2:30 Sensory Time (SN) 3:30-4:00 Sit and Be Fit (P) 4:00-4:45 Protestant Communion (R)	<b>19</b> 9:30-10:00 Arbor Café (S) 10:30-11:00 Ring Toss (P) 2:00-2:30 Playing Uno (C) 3:00-4:00 Bingo (S) 4:00-5:30 Afternoon Movie and Popcorn (S)	<b>20</b> 9:00-9:30 Morning Music (R) 9:30-10:00 Arbor Café (S) 11:15-12:00 Balloon Ball (P) 2:30-4:00 Afternoon Movie and Popcorn (S)
<b>21 Easter</b> 9:30-10:00 Arbor Café (S) 1:00-1:45 Trivia (C) 4:00-4:45 Church Service (R) Blacksburg Christian Fellowship	<b>22</b> 9:30-10:00 Arbor Café (S) 10:30-11:00 Sensory Time (SN) 2:00-2:45 Adult Coloring (C) 3:00-4:00 Bingo (S) 4:45-5:15 Trivia (C)	<b>23</b> 9:30-10:00 Arbor Café (S) 10:30-11:15 <b>Baking Treats (P)</b> 1:45-2:00 Pet Visit (SN) 2:15-3:00 <b>Planting Flowers (P)</b> 3:30-4:00 Sit and Be Fit Class (P) 4:15-4:45 Nail Treatment (SN)	<b>24</b> 9:30-10:00 Arbor Café (S) 10:30-11:00 Bowling (P) 3:00-4:00 Bingo (S) 4:45-5:15 George on Clarinet (R)	<b>25</b> 9:30-10:00 Arbor Café (S) 10:30-11:00 Puzzles (C) 2:00-2:45 <b>Music Group (R)</b> 3:30-4:00 Sit and Be Fit Class (P) 4:00-5:00 <b>Sunny Side Band (R)</b>	<b>26</b> 9:30-10:00 Arbor Café (S) 10:30-11:00 Game Time (C) 2:00-2:45 Bean Bag Toss (P) 3:00-4:00 Wine & Cheese (S) 3:30-5:00 Afternoon Movie and Popcorn (S)	<b>27</b> 9:00-9:30 Morning Music (R) 9:30-10:00 Arbor Café (S) 11:15-12:00 Balloon Ball (P) 2:30-4:00 Afternoon Movie and Popcorn (S)
<b>28</b> 9:30-10:00 Arbor Café (S) 1:00-1:45 Trivia (C) 4:00-4:45 Church Service (R) Union Valley Pentecostal Church	<b>29</b> 9:30-10:00 Arbor Café (S) 10:30-11:00 Bowling (P) 2:00-2:30 Adult Coloring (C) 3:00-4:00 Bingo (S) 4:45-5:15 Trivia (C)	<b>30</b> 9:30-10:00 Arbor Café (S) 10:30-11:00 Sensory Time (SN) 1:45-2:00 Pet Visit (SN) 2:15-3:00 Men's Club (S) 3:30-4:00 Sit and Be Fit Class (P) 4:15-4:45 Nail Treatment (SN)	<b>C – Creative/Mental</b> <b>P – Physical</b> <b>PR – Productive</b> <b>S – Social</b> <b>SN – Sensory</b> <b>R – Reflective</b> <b>O-Outside</b>	