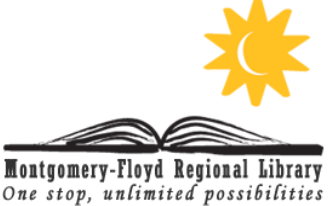


Sunday	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Calendar Codes <i>Physical-</i> ∞ <i>Social-</i> Λ <i>Cognitive/Intellectual-</i> Ω <i>Productive-</i> © <i>Sensory-</i> φ <i>Reflective-</i> • <i>Outdoor-</i> △ <i>Nature-</i> ≈ <i>Community-</i> ≡</p>	<p>Calendar Codes SCLob – Showalter Lobby SCCR – Showalter Conference Room SCDR – Showalter Dining Room SC1st – ES - Elmwood Studio SC3rd - EN – Engleberry Nook SC 4th - TTL – Tree Top Lounge AC – Karr Activity Center VC – Village Center Events TOH - Tall Oaks Hall</p>	<p>Movies Sponsored by:</p>  <p>Montgomery-Floyd Regional Library One stop, unlimited possibilities</p>	<p>Activities are subject to change. Please check daily activity calendar for updates.</p>		<p>¹ 10:00 – 10: 45 AM (SC 4th – TTL) Knitting and Chatting 11:00 – 11:30 AM (SC1st – ES) Seated Exercise DVD 1:15 – 2:15 AM (SC1st) BBC Call the Midwife 2:00 – 3:00 PM (AC) Gospel Sing-a-long with Robbie Vance 2:30 - 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 3:00 – 3:30 PM (SCDR) Λ Ω Wine and Cheese Happy Hour 4:00 – 5:00 PM (AC) Village Birthday Celebration</p>	<p>² 9:30 – 10:15 AM (SC1st – ES) Λ Morning Social 11:00 – 11:30 AM (SC1st – ES) Λ ∞ Chair Stretches 1:00 – 3:00 PM (AC) Λ Ω Bingo 2:00 – 4:00 PM (SC1st – ES) Λ Ω φ Afternoon Movie: Christmas for a Dollar 1 hr 41 mins (2013) (Drama, Family) PG</p>
<p>³ 2:00-3:30 PM (SC3rd – EN) Λ Ω Scrabble 2:00 – 4:00 PM (SC1st – ES) Movie Sunday: Christmas Eve 1 hr 35 mins (2015) (Comedy) PG 6:45 -7:30 PM (SC1st – ES) Λ Ω Sunday Evening Worship:</p>	<p>⁴ 10:00 – 10:45 AM(SC1st – ES)Λ Wii Bowling 11:00 – 11:30 AM (SC1st – ES)∞ DVD Fitness and Toning 1:00 – 4:00 PM (AC) Λ Ω Bridge 1:15 – 2:15 PM (SC1st – ES)∞ British Drama: Agatha Christie's Poirot, Series 1 2:30 – 3:00 PM (SCDR)∞Fitness w/ David: Seated Aerobic 6:45 – 8:30 PM (SC1st – ES) Λ Ω φ Monday Night Movie: Holiday Inn 1 hr 40 mins (1942) (Comedy, Drama, Musical) Not Rated</p>	<p>⁵ 9:15 - 10:45 AM (SC3rd) Λ Mini Manicures 10:00 – 10:30 AM (SS4th - TTL) ABC Fitness with Logan 11:00 – 11:30 AM (SC1st – ES) ∞ DVD-Fitness: Seated Strength Training 1:30 – 2:30 PM(SC1st – ES)\$ Λ Ω Bingo 6:00 – 7:30 PM (SC3rd)Λ Mini Manicures 6:30 – 7:15 PM (SC1st – ES) Λ Ω © Writers group 7:30 – 8:30 PM (SCConf) Λ AA Meeting for WHV 7:00 – 9:00 PM (VC) Native Plant Society Meeting</p>	<p>⁶ 10:00 – 10:30 AM Λ Ω Catholic Communion 11:00 – 11:30 AM (SC1st – ES)∞ DVD Fitness: 1:00 – 2:00 PM (AC) Λ Ω Scrabble With Friends 2:30 - 3:00 PM (SCDR)∞Fitness w/ David: Seated Aerobic 3:00 – 3:30 PM (SCCR) Helping Hands of Showalter 3:30 - 4:15 (Sc1st – ES) Wii Bowling with Melody 7:30pm-9:00pm (AC) New River Bird Club Meeting</p>	<p>⁷ 10:00 – 10:30 AM (SC1st-ES) ABC Fitness with Logan 10:00 AM – 12:00 PM (SC4th – TTL) Ω Beginning/Refresher Bridge class with Anne and Ted 10:00 – 11:00 AM (VC) Headline News Discussion Group 11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training 1:30 - 2:30 PM (SC1st - ES)\$ Λ Ω Bingo 2:35 – 4:00 PM (SC1st-ES) Bible Study: Daring Faith: 1st John 3:00 – 3:30 PM (SC Lob) Ω December Birthday Social/ Brain Aerobics 6:30 - 7:30 PM(SC1st - ES)Λ Ω © Game Time with Ruthie</p>	<p>⁸ 10:00 – 10: 45 AM (SC 4th – TTL) Knitting and Chatting 11:00 – 11:30 AM (SC1st – ES) Seated Exercise DVD 1:15 – 2:15 AM (SC1st) BBC Call the Midwife 2:30 – 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 3:30 – 5:00 PM (SCLOB) – Montgomery Regional Mobile Library brings books for you to check out. 4:00 – 5:00 PM (AC) Friday Fun at Four</p>	<p>⁹ 9:30 – 10:15 AM (SC1st – ES) Λ Morning Social 11:00 AM – 12:00 PM (AC) Crafts with Randy 11:00 – 11:30 AM (SC1st – ES) Λ ∞ Chair Stretches 1:00 – 3:00 PM (AC) Λ Ω Bingo 2:00 – 4:00 PM (SC1st – ES) Λ Ω φ Afternoon Movie: Christmas Child 1 hr 36 mins (2004)</p>
<p>¹⁰ 2:00-3:30 PM (SC3rd – EN) Λ Ω Scrabble 2:00 – 4:00 PM Classic Movie Sunday: Red Skelton's Christmas Show and Christmas Jollies 1 hr. 38 mins (2002) 6:45 -7:30 PM (SC1st – ES) Λ Ω Sunday Evening Worship:</p>	<p>¹¹ 10:00 – 10:45 AM(SC1st – ES)Λ Wii Bowling 11:00 – 11:30 AM (SC1st – ES) ∞DVD Fitness Toning 1:00 – 4:00 PM (AC) Λ Bridge 1:15 – 2:15 PM (SC1st – ES)∞ British Drama: Agatha Christie's Poirot, Series 1 2:30 – 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 4:00 – 4:45 PM (AC) Λ Ω © WHV Singers Rehearsal 6:45 – 8:30 PM (SC1st – ES) Λ Ω φ Monday Night Movie: Almost Christmas 1 hr 51 mins (2016) PG-13</p>	<p>¹² 9:15 - 10:45 (SC3rd) Λ Mini Manicures 10:00 – 10:30 AM (SC1st – ES) ABC Fitness with Logan 11:00 – 11:30 AM (SC1st – ES) ∞ DVD-Fitness: Seated Strength Training 12:30 – 1:30 (SC1st – ES) Cooking in the Kitchen with Kathy 1:30 – 2:30 PM(SC1st – ES)\$ Λ Ω Bingo 3:00–3:30 PM (SC3rd)Λ Ω • Investigate the Bible 6:00 – 7:30 PM (SC3rd)Λ Mini Manicures 6:30 – 7:15 PM (SC1st – ES) Λ Ω © Writers group 7:30 – 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p>¹³ 10:00 – 10:30 AM Λ Ω Catholic Communion 11:00 – 11:30 AM (SC1st – ES)∞ DVD Fitness 1:00 – 2:00 PM (AC) Λ Ω Scrabble With Friends 2:30 – 3:00 PM (SCDR)∞Fitness w/ David: Seated Aerobic 3:00 – 3:45 PM (SCDR)© Residents Meeting 3:30 - 4:15 (Sc1st – ES) Wii Bowling with Melody 4:00 – 4:45 PM (AC) Λ Ω © WHV Singers Rehearsal 7:00 – 8:00 PM (VC) Blacksburg Community Strings Holiday Concert</p>	<p>¹⁴ 10:00 – 10:30 AM (SC1st-ES) ABC Fitness with Logan 10:00 – 10:30 AM (SCConf) Episcopal Communion 10:00 AM – 12:00 PM (SC4th– TTL) Ω Beginning/Refresher Bridge class with Anne and Ted 11:00 – 11:30 AM (SC1st – ES) ∞ DVD-Fitness: Seated Strength Training 1:30 – 2:30 PM(SC1st – ES)\$ Λ Ω Bingo 2:35 – 4:00 PM (SC1st - ES) Bible Study: Daring Faith: 1st John 3:00 – 3:30 PM (4th – TTL) Brain Aerobics 6:30 – 7:30 PM(SC1st – ES)Λ Ω © Game Time/ Ruthie 7:00 – 9:00 PM (AC) Mountain Jam – Sam Linkous</p>	<p>¹⁵ 10:00 – 10: 45 AM (SC 4th – TTL) Knitting and Chatting 11:00 – 11:30 AM (SC1st – ES) Seated Exercise DVD 1:15 – 2:15 AM (SC1st) BBC Call the Midwife 2:00 – 3:00 PM (AC) Experiencing America 2:30 – 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic 3:00 – 3:30 PM (SCDR) Λ Ω Wine and Cheese Happy Hour 4:00 – 5:00 PM (VC) Story Hour/Happy Hour</p>	<p>¹⁶ 9:30 – 10:15 AM (SC1st – ES) Λ Morning Social 11:00 – 11:30 AM (SC1st – ES) Λ ∞ Chair Stretches 1:00 – 3:00 PM (AC) Λ Ω Bingo 2:00 – 4:00 PM (SC1st– ES)Λ Ω φ Afternoon Movie: All Saints 109 minutes (2017) (Drama) PG</p>

<p>17</p> <p>2:00-3:30 PM (SC3rd – EN) Λ Ω Scrabble</p> <p>2:00 – 4:00 PM (SC1st – ES) Movie Sunday: Celtic Thunder Christmas 1 hr 1 min (2009i) (Music) NR</p> <p>6:45 -7:30 PM (SC1st – ES) Λ Ω Sunday Evening Worship:</p>	<p>18</p> <p>9:30-Noon (SC Conf) ∞Podiatrist</p> <p>11:00 – 11:30 AM (SC1st – ES)∞ DVD Fitness and Toning</p> <p>1:00 – 4:00 PM (AC) Λ Bridge</p> <p>1:00 – 2:00 PM (SCConf) Free Hearing Aid Clinic – Repair and Cleaning Free</p> <p>1:15 – 2:15 PM (SC1st – ES)∞ British Drama: Agatha Christie's Poirot, Series 1</p> <p>2:30 – 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic</p> <p>4:00 – 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</p> <p>6:45 – 8:30 PM (SC1st – ES) Λ Ω φ Monday Night Movie: Celtic Angels of Ireland 48 mins (2015) (Music) Not Rated</p>	<p>19</p> <p>9:15 - 10:45 (SC3rd) Λ Mini Manicures</p> <p>10:00 – 10:45 (SC1st – ES) Λ Christian Fellowship - Methodist</p> <p>10:00 – 10:30 AM (SC4th - TTL) ABC Fitness with Logan</p> <p>11:00 – 11:30 AM (SC1st – ES) ∞ DVD-Fitness: Seated Strength Training</p> <p>1:30 – 2:30 PM(SC3rd– ES)Λ Ω Bingo</p> <p>6:00 – 7:30 PM (SC3rd)Λ Mini Manicures</p> <p>6:30 – 7:15 PM (SC1st – ES) Λ Ω© Writers group</p> <p>7:30 – 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p>20</p> <p>10:00 – 10:30 AM Λ Ω Catholic Communion</p> <p>11:00 – 11:30 AM (SC1st – ES)∞</p> <p>DVD Fitness</p> <p>1:00 – 2:00 PM (AC) Λ Ω Scrabble With Friends</p> <p>2:30 – 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic</p> <p>3:00 – 3:30 PM (SC1st – ES) What's Cooking with Nate</p> <p>3:30 - 4:15 (Sc1st – ES) Wii Bowling with Melody</p> <p>4:00 – 4:45 PM (AC) Λ Ω© WHV Singers Rehearsal</p> <p>7:00 – 8:00 PM (VC) Blacksburg Community Band-Holiday Concer</p>	<p>21</p> <p>10:00 – 10:30 AM (SC1st-ES) ABC Fitness with Logan</p> <p>10:00 AM – 12:00 PM (SC4th – TTL) Ω Beginning/Refresher Bridge class with Anne and Ted</p> <p>10:00 – 11:00 AM (VC) Headline News Discussion Group</p> <p>11:00 – 11:30 AM (SC1st – ES) ∞ DVD-Fitness: Seated Strength Training</p> <p>1:30 – 2:30 PM(SC1st – ES)\$ Λ Ω Bingo</p> <p>2:30 – 4:00 PM (SC1st-ES) Bible Study: 1st John</p> <p>3:00 – 3:45 PM (SC4th-TTL) Sing-A- Long with Diane</p> <p>6:30 – 7:30 PM(SC1st – ES)Λ Ω© Game Time with Ruthie</p>	<p>22</p> <p>10:00 – 10: 45 AM (SC 4th – TTL) Knitting and Chatting</p> <p>11:00 – 11:30 AM (SC1st – ES) Seated Exercise DVD</p> <p>1:15 – 2:15 AM (SC1st) BBC Call the Midwife</p> <p>2:30 – 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic</p> <p>3:30 – 5:00 PM (SCLOB) – Montgomery Regional Mobile Library brings books for you to check out.</p>	<p>23</p> <p>9:30 – 10:15 AM (SC1st – ES) Λ Morning Social</p> <p>11:00 – 11:30 AM (SC1st – ES) Λ∞ Chair Stretches</p> <p>1:00 – 3:00 PM (AC) ΛΩ Bingo</p> <p>2:00 – 4:00 PM (SC1st– ES)Λ Ω φ Afternoon Movie: The Nativity Story 1 hr 41 mins (2006) PG (Drama, Family, History)</p>
<p>24</p> <p>2:00-3:30 PM (SC3rd – EN) Λ Ω Scrabble</p> <p>2:00 – 4:00 PM (SC1st- ES) Movie Sunday:</p> <p>6:45 -7:30 PM (SC1st – ES) Λ Ω Sunday Evening Worship:</p>	<p>25</p> 	<p>26</p> <p>9:15 - 10:45 (SC3rd) Λ Mini Manicures</p> <p>10:00 – 10:30 AM (SC1st – ES) ABC Fitness with Logan</p> <p>10:00 – 11:00 AM (SCCR) Λ Ω •Christian Fellowship – Presbyterian</p> <p>11:00 – 11:30 AM (SC1st – ES) ∞ DVD-Fitness: Seated Strength Training</p> <p>12:30 – 1:30 (SC1st – ES) Cooking in the Kitchen with Kathy</p> <p>1:30 – 2:30 PM(SC1st – ES)\$ Λ Ω Bingo</p> <p>3:00–3:30 PM (SC3rd) Λ Ω • Investigate the Bible</p> <p>6:00 – 7:30 PM (SC3rd)Λ Mini Manicures with VT Students</p> <p>6:30 – 7:15 PM (SC1st – ES) Λ Ω© Writers group</p> <p>7:30 – 8:30 PM (SCConf) Λ AA Meeting for WHV</p>	<p>27</p> <p>10:00 – 10:30 AM Λ Ω Catholic Communion</p> <p>11:00 – 11:30 AM (SC1st – ES)∞</p> <p>DVD Fitness</p> <p>1:00 – 2:00 PM (AC) Λ Ω Scrabble With Friends</p> <p>2:30 – 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic</p> <p>3:30 - 4:15 (Sc1st – ES) Wii Bowling with Melody</p>	<p>28</p> <p>10:00 – 10:30 AM (SC1st-ES) ABC Fitness with Logan</p> <p>10:00 AM – 12:00 PM (SC4th – TTL) Ω Beginning/Refresher Bridge class with Anne and Ted</p> <p>11:00 - 11:30 AM (SC1st - ES) ∞ DVD-Fitness: Seated Strength Training</p> <p>1:30 - 2:30 PM (SC1st - ES)\$ Λ Ω Bingo</p> <p>2:35 – 4:00 PM (SC1st-ES) Bible Study: Daring Faith: 1st John</p> <p>3:00 – 3:30 PM (SC4th) Brain Aerobics</p> <p>6:30 - 7:30 PM(SC1st - ES)Λ Ω© GameTime with Ruthie</p>	<p>29</p> <p>10:00 – 10: 45 AM (SC 4th – TTL) Knitting and Chatting</p> <p>11:00 – 11:30 AM (SC1st – ES) Seated Exercise DVD</p> <p>1:15 – 2:15 AM (SC1st) BBC Call the Midwife</p> <p>2:30 – 3:00 PM (SCDR) ∞ Fitness w/ David: Seated Aerobic</p> <p>3:00 – 3:30 PM (SCDR) Λ Ω Wine and Cheese Happy Hour</p> <p>4:00 – 5:00 PM (VC) Story Hour/Happy Hour</p>	<p>30</p> <p>9:30 – 10:15 AM (SC1st – ES) Λ Morning Social</p> <p>11:00 – 11:30 AM (SC1st – ES) Λ∞ Chair Stretches</p> <p>1:00 – 3:00 PM (AC) ΛΩ Bingo</p> <p>2:00 – 4:00 PM (SC1st– ES)Λ Ω φ Afternoon Movie: Sleepless in Seattle 1 hr 45 mins (1993) (Comnedy, Drama, Romance)</p>
<p>31</p> <p>2:00-3:30 PM (SC3rd – EN) Λ Ω Scrabble</p> <p>2:00 – 4:00 PM (SC1st- ES) Movie Sunday: An Affair to Remember 1 hr 55 mins (1956) (Drama, Romance) NR</p> <p>6:45 -7:30 PM (SC1st – ES) Λ Ω Sunday Evening Worship:</p>						