

Massage Therapists

The fitness center contracts with several massage therapists to provide relaxation and restorative services in the massage room. Please contact the fitness center to learn more about the therapists and how to set up an appointment by calling 540-443-3474.

Luci Merlo, RN, CMT, CLT

Luci offers massage, lymphatic therapy, and movement education (*The Trager® Approach* and *Ai Chi*) at *The Center for Creative Change* and *Warm Hearth Village* in Blacksburg, VA. She is a graduate of Virginia Tech (health ed/exercise science), Radford University (nursing), and The Virginia School of Massage/Charlottesville. With strong experience in rehabilitation and health education, Luci helps her clients place their massage and movement therapy within a total health plan. She serves clients dealing with complex medical conditions as well as individuals pursuing basic wellness.

Contact her at luciamerlo@aol.com.

Ellen Green, Certified Massage Therapist

Ellen has been a practicing massage therapist for thirty years. She grew up on the coast of New England where she developed her lifelong passions for swimming and sailing. She moved to Ann Arbor, Michigan where she received her BGS degree from the University of Michigan. While in Michigan, Ellen also attended and graduated from two different schools of massage. She is trained in multiple modalities and integrates the various techniques in both her therapeutic and relaxation messages.

If you want to schedule an appointment or would like more information, please give Ellen a call at (540)951-4212.